

Special Needs Services for Families in Sydney & Central Coast

Name of Service	Type of Service	Contact Details
Abbox of FUN – <i>Northern Substurbs, Book 1 year in Advance</i>	(Annual co-hosted four day (Three night) holiday camp for children with physical and intellectual disabilities in December each year alternating between the Knox and Abbotsleigh Campuses)	(02) 9473 7831 ABBOX@abbotsleigh.nsw.edu.au www.abbotsleigh.nsw.edu.au/community/community-events/abbox-of-fun
Active Opportunities - <i>Northern Suburbs</i>	(Provides sports equal access sports programs for children with disabilities and from disadvantaged communities)	0411563601 info@activeopportunities.org.au www.activeopportunities.org.au
Art Therapy	(The Australian, New Zealand and Asian Creative Arts Therapies Association (ANZACATA) is the peak professional body that represents creative arts therapists in Australia, New Zealand and the Asia/Pacific region)	www.anzacata.org/
Autism Spectrum – <i>Australia Wide</i>	(Australia’s largest service provider for people on the autism spectrum)	41 Cook St, Forestville 1800 277 328 www.autismspectrum.org.au NDIS Provider
Bear Cottage <i>NSW Wide</i>	(For a child to be admitted to Bear Cottage they must be under 18 years and have been diagnosed with a life-limiting illness. By life-limiting we mean, that the child will not survive into their adult years. Referrals can be made by anyone involved with the child and family, including medical officers, community nurses, social workers or the family themselves)	General enquiries: 9976 8300 Clinical enquiries: 9976 8301 BearCottage@health.nsw.gov.au
Bell Birds <i>Central Coast</i>	(Bellbirds have been able to provide a wide range of assistance providing items such as medical support not covered by NDIS and other channels, specialised equipment, items to assist carers in their day to day care of the child, care packages and much more. Being able to give a hand to children in need makes such a difference and is so appreciated by the recipients)	www.bellbirds.org.au/
Benevolent Society	(At The Benevolent Society, we have a range of teams and professionals who will help you or your loved one, get the support you need and when you need it. These teams and professionals include our multidisciplinary team who will work with you to give you the support you need across a range of services, our	1800 236 762 https://www.benevolent.org.au/services-and-programs/clinical-health-and-disability-services

	support coordination team can help you navigate through NDIS and our flexible and mobile service team can deliver services to you in your own home)	
Beyond Blue	(Beyond Blue is an Australian independent non-profit organisation working to address issues associated with depression, suicide, anxiety disorders and other related mental disorders)	1300 22 4636 www.beyondblue.org.au
Big Bros Big Sisters	(Match young people 7-17 with positive adult role models)	www.bigbrothersbigsisters.org.au and www.mentoring-australia.org
Breakaway Camps <i>Central Coast</i>	(Camp Breakaway established in 1982 is a registered non-profit charitable organisation, a registered service provider for the NDIS (National Disability Insurance Scheme) and a member of NDS (National Disability Services) that specialises in providing respite care for people with disabilities and their carers. We also provide emergency respite care and hire our site and facilities to other respite care providers to raise additional funds for our camps. For more information, please check the Respite plus Facilities and Services pages of our website)	(02) 4390 7624 info@breakaway.org.au https://www.breakaway.org.au/en/respite/camp-dates
Bright Eyes Early Intervention (BEEI) <i>Northern Suburbs</i>	(Our service offers a highly individualised program, supervised and implemented by staff who have extensive experience within the field of early behavioural intervention, psychological principles, and assessment and training. Our staff include those who are currently board certified behaviour analysts, studying in order to become board certified, and registered psychologists)	(02) 9498 1596 Suite 4.02,7-9 Merriwa St Gordon,NSW 2072 admin@bee.com.au https://www.bee.com.au/
Bushlink	(We support people with disability, helping them to hold real jobs and become empowered. Jobs with Bushlink develop self-respect, a high degree of pride and a sense of self-worth. As a result, our employees have a fantastic work ethic and a high attendance rate)	(02) 9905 5804 0434 629 289 diane.mclane@bushlink.org.au www.bushlink.org.au
C3 Church Wahroonga	(Shopping and Donations Support for Families)	(02) 9972 8688 C3 Church Wahroonga (02) 9972 8688 facebook.com/c3wahroonga/ instagram.com/c3wahroonga/
Catholic Care - <i>Northern Suburbs and Northern Beaches</i>	(Disability services, Support Co-ordination, NDIS support, foster care and out of home care services as well as children's services including early learning and care centres, out of school hours care, vacation care, art programs, skill development and community programs and family day care)	(02) 89685100 (02) 9488 2500 www.catholiccareddb.org.au NDIS Provider
Camp Reset	(Camp 'Reset' provides specialised services for children who present with childhood trauma as well as for their parents/carers)	02 9369 1957 Suite 13, Level 2, 97 Grafton st, Bondi Junction, NSW 2022

		<p>info@activespot.com.au https://www.activespot.com.au/camp-reset</p>
Carers NSW	<p>(Carers NSW is the peak non-government organisation for carers in NSW and a member of the National Network of Carers Association. Our focus is on improving the lives of carers. Carers NSW works with all carers regardless of their age, location, life stage or circumstances. This includes those caring for individuals with support needs relating to ageing, disability, health and mental illness)</p>	<p>Level 1, 213 Miller Street, North Sydney Sydney Office (02) 9280 4744 Freecall: 1800 242 636 For carers wanting emergency respite call 1800 052 222 After hours service call Lifeline 13 11 14</p> <p>contact@carersnsw.org.au www.carersnsw.org.au</p>
Carers that Drive	<p>(We have been in business for 10 years providing support to people of all abilities to go about their daily life in the community. We are a registered NDIS service provider under innovative community participation and our tailored service supports participants to go out and about in their own car or ours. Access community, social and recreational activities. We also provide flexible local work for suitable people to help out in their local community. We also employ people with disabilities)</p>	<p>0403 057 051 42 Ann Street, Willoughby info@carerthatdrive.com.au www.carerthatdrive.com.au</p>
Carerseekers	<p>(Careseekers is an NDIS registered platform where individuals can connect directly to disability support workers giving them choice and control over who provides their one on one support. Careseekers supports self, plan and agency managed NDIS participants. Workers on the Careseekers platform are background and reference checked, and work as independent contractors so you can negotiate the hourly rates and there are no minimum hours. Workers can assist with activities relating to the one on one support such as assistance with self-care, social and community participation, therapy supports and domestic duties)</p>	<p>1300 765 465 103/282 Oxford Street, Bondi Junction info@careseekers.com.au careseekers.com.au NDIS Provider</p>
CatholicCare Waitara Family Centre	<p>(CHILDREN'S SERVICES including early learning and long day care centres, out of school hours care, vacation care, family day care and in home care DISABILITY SERVICES & NDIS SUPPORT FAMILY CENTRES offering counselling, domestic and family violence support, family dispute resolution and mediation, parenting and relationship education and more PERMANANCY SUPPORT PROGRAM (OUT OF HOME CARE) including foster care and residential care services HOSPITAL CHAPLAINCY & PASTORAL CARE EMERGENCY RELIEF)</p>	<p>Business hours: (02) 9488 2400 (Monday to Friday 9.00am – 5.00pm) After hours: (02) 9488 2580 (Monday to Sunday 5.00pm – 10.00pm)</p> <p>www.catholiccareddb.org.au/wp-content/uploads/CatholicCares-Waitara-Family-Centre-Services-Guide.pdf</p>
CCNB	<p>(CCNB is a registered provider of support coordination for the NDIS. We work with people to ensure they get the most out of their plan. We understand how important it is to find the right providers. We have developed specialist skills specifically for NDIS participants who have an intellectual disability, psycho-social disability, neurological disorder or autism)</p>	<p>20 Rodborough Road, Frenchs Forest 1300 002 262 ccnb@ccnb.com.au www.ccnb.com.au NDIS Provider</p>

Central Coast Family Support Services (CCFSS)	(Not-for-profit community based service supporting families on the Central Coast of NSW)	(02) 4340 1585 ccfss@ccfss.com.au www.ccfss.org.au/ NDIS Provider
Cerebral Palsy Alliance (CPA) - Northern Suburbs and Northern Beaches	(We offer a comprehensive range of neurological and physical supports, tailored to you, to help you achieve your goals. These supports include clinical management and therapy, and lifestyle, social and health programs. As the NDIS Early Childhood Early Intervention Partner in the community, CPA will work with you and your child to understand your needs. Our team have a background in therapy, early education and family support. Our team can support your child to access the NDIS, connect with suitable supports and review the progress and outcomes that have been achieved)	187 Allambie Road, Allambie Heights 1300 888 378 ask@cerebralpalsy.org.au www.cerebralpalsy.org.au NDIS Provider
Child First Therapy	Child First Therapy is an interdisciplinary team of highly experienced <i>Speech Pathologists, Occupational Therapists, Physiotherapists, and Case Managers</i> . Therapists at Child First Therapy are dedicated to helping your child's physical, cognitive and social development. We see children living with complex disabilities and those who just need a bit of help to keep up with their peers. We can visit your child at home, at school or in our consulting rooms located in Pymble and The Ponds.	1300 733 513 https://childfirsttherapy.com.au/
Chinese Parents Association	(CPA offers various kinds of educational programs, social functions, seminars, sports and leisure activities, picnics and camping, and case work to the parents and their children with disabilities, and the community, especially to people from culturally and linguistically diverse backgrounds (people from Asian countries). Most of the services are run solely by volunteers, or professionals)	(02) 9789 1315 or 0406 233 222 Shop 11, 20-22 Anglo Road, Campsie NSW 2194 admin@chineseparents.org.au www.chineseparents.org.au/
Club Afford	(Legal, Appeals, Rights and Advocacy for 0-25 children and young people)	www.cyda.org.au St Mary's, Penrith
Clickability	(Clickability is an Australian disability service directory that features ratings and reviews from the people who actually use the services)	www.clickability.com.au
Commonwealth Respite and Carelink Centres	(Coordinate the National Respite for Carers Program (NCRP), providing information about services available in your local area, and helping carers to access respite)	1800 052 222 (will divert to your nearest centre)
Companion Card	(If you require an attendant at events, venues you can use for free instead of a second ticket)	1800 893 044 companioncards@nds.org.au
Cultivate NSW	(This peak body for social and therapeutic horticulture presents 'Introduction to Therapeutic Horticulture' workshops for people with disability, carers and service providers, information garden design consultancies, database of new therapeutic horticulture projects, library of tools for loan, business directory,	Telopea Centre, Ryde 0490 464 987 info@cultivatensw.org.au www.cultivatensw.org.au

	access to new international publications and much more. Stackable sturdy plastic pots are sold, which are especially useful for gardening by people with mobility or space limitations.	NDIS Provider
Cunningham Support Services	(We provide support services to participants to set and reach meaningful goals and develop skill set (domestic, social, personal and more). We pride ourselves on our firsthand experience of having a family member with disability and the challenges that come with it. Our support is driven by a passion for helping expressing choice and control, and an excellent quality of care)	Frenchs Forest 0498 492 561 joanne@joannecunningham.info www.joanne.joannecunningham.info
Dalwood Spilstead Northern Beaches	(The Dalwood Spilstead Service provides multidisciplinary health, education and support services for vulnerable families, who are in stress or experiencing difficulties in the care and parenting of their children in the early years. An early intervention model of service delivery based on neuro-developmental research is utilized incorporating strengths-based, family centred and child focused services)	21 Dalwood Avenue Seaforth 2092 Sydney Australia (02) 9951 0365 or 9951 0300. dalwoodspilsteadpiag@gmail.com www.dalwoodspilstead.com/services
Danceability - Eastern Suburbs	(For children 6 and up and adults with intellectual or physical disabilities through dance, music in a safe, fun and caring environment)	0418 608 033 lucy@danceability.com.au www.danceability.com.au
Disability Pool Lifts Australia	(Disability pool hoists to help people get in and out of swimming pools. If you cannot walk or have a bad hip, the lift will make it easy to get into the water. Hard seat hoist or soft sling hoist available)	1/1927 Pittwater Road, Bayview 0411 055 109 jacinta@dplaustralia.com.au www.dplaustralia.com.au
Disability Support Guide	(DPS is Australia's leading independent multiplatform media company providing vital resources for senior Australians and people living with a disability)	www.disabilitysupportguide.com.au
Early Ed - North and Western Sydney	(EarlyEd is an early childhood intervention service for children who have a disability or developmental delay, and their families. Services are delivered at home, preschool/childcare, school, in the community and as a parent training or group programs. Group programs include targeted pre-schooler programs, transition to school program and intensive holiday programs. Services are delivered by speech therapists, occupational therapists, physiotherapists, educators and specialist behaviour support practitioners.)	3 Cunningham St, North Sydney Northern Sydney: (02) 9923 2727 Western Sydney: (02) 9897 1511 earlyed@earlyed.com.au www.earlyed.com.au www.earlyed.com.au/our-services/groups/holiday-groups NDIS Provider
Easylink (Northern Beaches)	(Easylink provides transport solutions for people who are transport disadvantaged and living in the Northern Beaches area. Individual door to door and group transport is available to assist people to access services and activities. Travel Training is a free service that teaches people how to use public transport independently, for adults and children in the Northern Sydney region)	13 Boola Place, Cromer (02) 9919 0700 admin@easylink.com.au www.easylink.com.au

Empower Golf	(Recreational inclusion via golf-related services like free come and try clinics, course access, private coaching, inclusive tournaments for people with disability. It improves the infrastructure of the golf industry for people living with disability, making it an accessible sport. Qualified golf professionals trained in disability run the programs.)	8/47 Gladesville Rd, Hunters Hill 0466825044 James.gribble@empowergolf.com.au www.empowergolf.com.au
FACS	(We are the agency in NSW with statutory responsibility for protecting children and young people from risk of significant harm)	Child Protection Helpline - 13 2111 Link2home Homelessness - 1800 152 152 Domestic Violence Line - 1800 656 463 www.facs.nsw.gov.au/
Fighting Chance	(Fighting Chance designs, builds and scales social enterprises which move the dial for Australians with disability and their family. We work to identify the challenges, hurdles and barriers faced by people with disability in their everyday lives and then design and build sustainable social enterprises businesses to bridge these gaps. Our mission is to ask 'What if?' to see the world as it isn't yet, to imagine a future quite different to the present and then to make it happen)	Building A, 5 Skyline Place, Frenchs Forest (02) 9905 0415 www.fightingchance.org.au
Football4All	(The program is designed for kids with a disability, aged 5-12. The program uses short, game based activities to be a fun way to introduce kids to the sport of football in an inclusive way. The program focuses on learning new skills, hand eye coordination and gross motor skills)	Lindfield Sports Centre 76a Highfield Rd, Lindfield 0411563601 info@activeopportunities.org.au www.activeopportunities.org.au
Gig Buddies	(Gig buddies pairs adults with a learning disability and/or autism with volunteers to become gig buddies. gig buddies catch up and go to events together once a month)	125 Blues Point Rd, McMahons Point (02) 9419 6951 info@gigbuddiessydney.org www.gigbuddiessydney.org
Great Start Behaviour	(We aim to provide in-home, community, and work-place, person-centred programs, that are family focused. We provide additional education and support, to the people who support the individual, at the centre of the program. We work with clients of varying ages and disabilities, focusing on supporting adolescents, and adults)	info @ greatstartbehaviour.com.au www.greatstartbehaviour.com.au
Guide Dogs NSW/ACT	(Guide Dogs NSW/ACT is the leading provider of Guide Dogs and orientation and mobility services that enable people with impaired vision to get around their communities safely and independently)	2-4 Thomas Street, Chatswood (02) 9412 9300 chatswood@guidedogs.com.au www.guidedogs.com.au
Hands and Feet NDIS Camps	(Christian Camps for kids and teens living with an intellectual disability)	(02) 8814 9061 info@handsandfeet.com.au www.handsandfeet.com.au https://handsandfeet.com.au/ndis/camps/

Health Engine	(Search Engine to help you practitioners such as GP's, Dentists, Physios, Chiropractors, Psychologists, Audiologists, Podiatrists, Counsellors, Skin Checks and Optometrists)	www.healthengine.com.au/
Hearing Australia	(Provide free hearing checks and general hearing information for all Australians, particularly for pensioners and veterans)	16 University Ave, Maquarie University, Marsfield 0412 179 918 Jeremy.cheng@hearing.com.au www.hearing.com.au
Homecare Heroes	(Home Care Heroes is a support and companionship service aimed at combating social isolation for people who may be unwell or feeling lonely due to ageing, illness or disability. Home Care Heroes offer companionship, core supports, capacity building (eg mentoring, budgeting, transport budgeting), sleepovers, mentorship and a helping hand. We are an NDIS approved provider and offer private funding via My Aged Care or via your nominated bank account. We also offer a range of community initiatives such as Community Connect and the Youth Employment Innovation Challenge.)	(02) 8310 7531 hello@homecareheroes.com.au www.homecareheroes.com.au
Hills Swimming – <i>Western Sydney, Hills Shire</i>	(Special Needs Swimming classes on a saturday, individualised classes. Program designed by OT)	(02) 96543365 42 Annangrove Road Kenthurst NSW 2156 admin@hillsswimming.com www.hillsswimming.com/
Hire Up – <i>Across Sydney</i>	(For parents to find a range of support professionals directly through an online platform).	(02) 9113 5933 hello@hireup.com.au www.hireup.com.au
Hornsby Connect	(Every Wednesday Food Donations and Discounts from between 11:30 to 2pm)	Cnr of Muriel and Burdett Street, Hornsby 0403 290 420 info@hornsbyconnect.org.au www.hornsbyconnect.org.au/
Ideal Plan Management	(Our service is available to you for free, if your NDIS plan already includes Plan Management, which is called "Improved Life Choices")	1300 800 110 manager@idealplan.com.au www.idealplan.com.au
Ideas	(Information on Disability, Education and Awareness Services provides accurate and verified information to help people with disability live full and independent lives)	www.ideas.org.au
Job Centre Australia	(Job Centre Australia Limited is a not for profit community based organisation that has provided services to people with a disability through State and Federal Government funding for 27 years. Job centre Australia is a disability employment service with local offices at Dee Why and Chatswood)	3/645-647 Pittwater Rd, Dee Why (02) 9413 1313 info@jobcentreaustralia.com.au www.jobcentreaustralia.com.au

KYDS – Youth Development Service <i>Northern Sydney</i>	(Free Counselling and Support for Young People and their families in Northern Sydney)	Rear 265 Pacific Hwy, Lindfield, NSW (02) 9416 0900 info@kyds.org.au www.kyds.org.au
Learning Links – <i>Northern Suburbs and Northern Beaches</i>	(Works with schools, childhood settings and parents to help children with disabilities and difficulties. Social skills Programs, ASD)	www.learninglinks.org.au/services/children-youth/school-holiday-programs/ 1300 003 900 NDIS Provider
Lifestart – <i>Across Sydney</i>	(Committed to improving outcomes for children and young people living with disability)	1800 953 390 info@lifestart.org.au www.lifestart.org.au/ NDIS Provider
Lifestyle Solutions	(Lifestyle Solutions provides services to people with disability, young people, and children in Out of Home Care, their families and communities. Our customers receive services designed to meet their everyday needs and support them to achieve their goals.)	302/62 Norwest Blvd, Baulkham Hills (02) 4214 7800 Sydney.admin@lifestylesolutions.org.au www.lifestylesolutions.org.au
Livewire <i>Australia Wide (Online Service)</i>	(Online support group for aged 12-20 years, for young people with chronic health, disabilities or siblings of high needs. There are live hosts, discussions and blogs)	(02) 8425 5971 www.livewire.org.au
Lorikeets Holiday Programs (Catholic Care)	(It is with Catholic Care and based at the Arranounbai School at 5 Aquatic Drive, Frenchs Forest. Types of programs may include Ferry rides, Taronga Zoo, Picnic/park days, Reptile park and BBQ Days. They support a ratio of 1:1 or 1:2 NDIS ratio with the daily price exclusive of excursion costs and resources)	(02) 9488 2500 lynn.murphy@catholiccaredbb.org.au www.catholiccaredbb.org.au NDIS Service Provider
Luz Services - <i>Northern Suburbs and Northern Beaches</i>	(Range of individual and group-based services that are tailored to your child's individual needs and wants)	2/220 Willoughby Road, Naremburn

		<p>(02) 80654284 or 0421252 897</p> <p>contact@luzallabilities.com.au</p> <p>www.luzallabilities.com.au</p> <p>NDIS Provider</p>
Mable	(Mable is an online, safeguard marketplace that allows people seeking support to connect with local, independent workers and professionals for one to one supports. As a national online marketplace, we are passionate about supporting everyone in the community to exercise choice and control over the supports in their lives.)	<p>488 George St, Sydney</p> <p>0411 547 096</p> <p>Melanie.werner@mable.com.au</p> <p>www.mable.com.au</p>
Maquarie Uni – Cool Kids Anxiety Program	(The Cool Kids Program is a world renowned skills-based program that teaches children (including teenagers) and their parent(s) how to better manage anxiety)	<p>(02) 9850 8711</p> <p>ehc.admin@mq.edu.au or mq.edu.au/ceh-clinic</p>
Meals on Wheels (Northern Beaches Council)	(The Meals on Wheels service delivers meals to people with disabilities and their carers. Meals are delivered chilled, frozen or hot at lunch time. Desserts, soups, juice, sandwiches, petite meals, salads and omelettes are also available for delivery Mon to Fri. Pick up available)	<p>Manly Seniors Centre 275, Pittwater Rd, Manly</p> <p>(02) 9976 1467</p> <p>Tom.miles@northernbeaches.nsw.gov.au</p> <p>www.northernbeaches.nsw.gov.au</p>
My Supports		<p>0400 070 405</p> <p>Danielle.gadsby@mysupports.com.au</p> <p>www.mysupports.com.au</p>
Northern Beaches Disability Newsletter	(Get in contact with the Northern Beaches Council to subscribe to the Northern Beaches Disability Newsletter and keep up to date with what on each week)	<p>Northern Beaches Council Civic Centre, 725 Pittwater Road, Dee Why NSW 2099 1300 434 434 disabilityservices@northernbeaches.nsw.gov.au www.northernbeaches.nsw.gov.au</p>

Northside Dental and Implant Centre	(We offer a full range of dental services for children, adolescents and adults with special needs)	1253 Pacific Hwy, Turramurra 2074 (02) 9144 4522 www.northsidedental.com.au
NDIS (National Disability Insurance Scheme) <i>Northern Suburbs Local Office</i>		Building 1, Level 3, Suite 4, 20 Bridge St, Pymble National Disability Insurance Agency: 1800 800 110 Pymble NDIS – 9275 9441 NDIS Quality and Safeguards Commission: 1800 035 544 lacinfo@uniting.org
Northcott – Parramatta	(Provide empowering, personalised services to over 13,500 people with disability, their families and carers each year)	1800 818 286 – General Line 1300 882 569 – Hornsby Office www.northcott.com.au NDIS Provider
Northern Beaches Interchange - <i>Northern Suburbs and Northern Beaches</i>	(Provides respite, recreation, community access, disability support and carer support to families throughout the Manly, Warringah, Pittwater Mosman and Kuringai Local Government Areas)	(02) 89762850 service@nbi.org.au www.nbi.org.au/ndis NDIS Provider
Northcott – Disability Services	(Disability Services including Centre Based Respite, Coordination of Supports, Every Life Skills and Training, In Home and Community Supports, NDIS Early Childhood and Early Intervention, Orthotics and Custom Footwear, Outside School Hours Care, Paediatric Spinal Outreach Service, Sexuality and Relationship Education, Short Breaks and Outings, Skills for Life – Teens, Spina Bifida Adult Resource Team, Therapy Team, Vocational Skills Training and Employment)	1300 818 286 www.northcott.com.au/ NDIS Provider
Northside Enterprise Inc	(We exist to train, support and assist people with intellectual disabilities and/or multiple disabilities in gaining social, vocational and living skills they need to enhance their quality of life and contribute to the community)	(02) 9905 5377 mail@northside-enterprise.org.au www.northside-enterprise.prg.au NDIS Provider
NWDS	(Services include activities of your choice, NDIA Approved activities, Group Activities, Case Management, Accommodation Services and Funded Services)	enquiries@nwds.org.au www.nwds.org.au/activities----supports NDIS Provider
OT	(OTA is the peak professional body representing the interests of OTs across Australia. We enable lifelong learning, promote the future of OT and foster evidence-based practice. We exist to support OTs throughout their career and we can help locate OT's in your area)	www.otaus.com.au

OZ Harvest	(OzHarvest is Australia's leading food rescue organisation, collecting quality excess food from commercial outlets and delivering it directly to more than 1300 charities supporting people in need across the country)	www.ozharvest.org/
Psychology	(Useful website to find private Psychologists in your local area)	www.psychology.org.au/Find-a-Psychologist
Recovery Station		
Relationships Australia	(Relationships Australia is a leading provider of relationship support services for individuals, families and communities. We aim to support all people in Australia to achieve positive and respectful relationships)	1300 364 277 www.relationships.org.au
Right at Home Services	(Our services include domestic support, companionship, Alzheimer's and dementia care, disability care, personal, skilled nursing and post-operative care. Our services are designed to help you or your loved one to maintain your independence and a healthy fulfilling lifestyle. Right at Home is all about you. We can provide the right home care service for your family)	Right at Home Sydney North West – (02) 8660 0065 Right at Home Sydney Northern Beaches – (02) 8378 4314 Right at Home Sydney The Hills – (02) 8660 0064 www.rightathome.com.au
Sahara School Holidays – Western Sydney	(School Holiday and Vacation Care for Special Needs Children)	(02) 8406 0842 s.zgolak@saharaservices.com.au NDIS Provider
Salvation Army	(The Salvation Army Australia is an international Christian movement, united by faith and giving hope where it's needed most. Across Australia – in cities, country towns and rural communities – our work touches every demographic and age group. We're involved in national issues while also bringing hope to people who may be experiencing hardship or injustice)	(02) 9264 1711 Welfare Line – 1300 371 288 Money Care – (02) 9633 5011 www.salvationarmy.org.au
Snowy Gum Lodges	(Respite camp for families)	(02) 6457 5365.
Sargood on Collaroy	(Overlooking the Collaroy Accessibility Precinct is Sargood on Collaroy, owned by the Sargood Foundation and managed by Royal Rehab. Sargood on Collaroy is Australia's first health and wellness resort purpose-built for travellers with a spinal cord injury and their friends and family)	(02) 8597 0600
Side by Side Advocacy	(Federal Government-funded organisation providing support to people with an intellectual disability)	(02) 9808 5500 info@sidebysideadvocacy.org.au www.sidebysideadvocacy.org.au
Sony Camps - Book 1 year in Advance (Sydney)	(The Children's Holiday Camp Program is a unique respite program that sees high school and university students take on the responsibility for the care of children with special needs allowing their families to have a valuable weekend off)	(02) 99561472 www.sonyfoundation.org

Speech Pathology	(Speech Pathology Australia (the Association) is the national peak body for the speech pathology profession in Australia. Speech pathologists are university trained allied health professionals with expertise in the assessment and treatment of communication and/or swallowing difficulties)	+61 3 9642 4899 or 1300 368 83 office@speechpathologyaustralia.org.au www.speechpathologyaustralia.org.au
Start Up Kidz	(Start Up Kidz multi-sport camps give children with a physical disability the opportunity to try a range of adaptive sports while also improving their skills and having fun! Children are able to try six adaptive sports either in the school holidays or during the term across six sites in NSW both in Sydney and regionally)	www.startupkidz.com.au
Studio Artes	(Studio ARTES is a unique organisation that provides tailor-made creative activities and life skills programs for adults living with a wide range of disabilities)	www.studioartes.org.au
St Vincent De Paul's <i>Northern Suburbs - Pymble</i>	(Assistance given by the Pymble Conference St Vincent De Paul's is for families residing in the Conference area of Pymble/St Ives. Support could Food Vouchers to Coles, Telstra Vouchers for telephone accounts, assistance with furniture and furnishings and in given circumstances and Society funds being available, assisting on a one off basis towards outstanding rental)	13 18 12 or (02) 9568 0262 vinnies@vinnies.org.au www.vinnies.org.au
Sunnyfield - <i>Campsie and Sutherland Area</i>	(Accommodation services, assistance with daily life, social and community participation, supported employment, skills development, support coordination and clinical services)	1300 588 688 enquiries@sunnyfield.org.au www.sunnyfield.org.au NDIS Provider
TAD	Tad is dedicated to providing unique solutions that improve the wellbeing, lifelong learning, daily living and community participation of people living with a disability. Therapists work with you to design and build custom technology, or modify existing equipment, to help improve your quality of life or achieve a specific goal.	1300 663 243 or (02) 9912 3400 info@tad.org.au www.tad.org.au www.freedomwheels.org.au
TAFE	(Located on the Pacific Highway within walking distance of St Leonards station, TAFE NSW St Leonards neighbours the Royal North Shore hospital and Fox Sports studios. While also featuring some fantastic views of Sydney harbour and the CBD, TAFE NSW St Leonards is an innovative campus that provides students with cutting edge tools, equipment and facilities to fully prepare you for real-world job opportunities)	Building Q, Ground floor/213 Pacific Hwy, St Leonards NSW 2065 (02) 9942 0918 hornsby.library@tafensw.edu.au www.tafensw.edu.au
Translating Service	(The Free Translating Service is provided for people settling permanently in Australia, to support participation in employment, education and community engagement. Permanent residents and select temporary or provisional visa	1800 962 100 fts@migrationtranslators.com.au

	holders are able to have up to ten eligible documents translated, into English, within the first two years of their eligible visa grant date)	www.dss.gov.au/our-responsibilities/settlement-services/programs-policy/settle-in-australia/help-with-english/free-translating-service
Rainbow Club - Northern Suburbs	(Giving children with a disability the opportunity and confidence to extend their abilities through swimming)	0431097813 info@rainbowclubaust.com.au www.rainbowclubaust.com.au NDIS Provider
Reach Up - Northern Suburbs	(Provides high quality, evidence based programs and therapies for individuals aged 0-18 years with a developmental delay or disability)	0433619099 hello@reachup.org.au www.reachup.org.au NDIS Provider
Recovery Station Central Coast & Sydney	(Our Allied Health Team of Occupational Therapists, Physiotherapists, Speech Pathologists, Dietitians, Exercise Physiologists and Mental Health Therapists are passionate about optimising the health and wellbeing of people with disability, injury or chronic conditions and the elderly)	1300 588 851 admin@recoverystation.com.au
Variety	(Can provide NSW Financial Support to children aged up to 18 years for home care needs, scholarship educational needs, sickness, medical items up to \$1000)	47 Herbert St, Artarmon NSW 2064 (02) 9819 1000 www.variety.org.au
Vision Australia	(Vision Australia is a leading national provider of blindness and low vision services in Australia. We work in partnership with Australians who are blind or have low vision to help them achieve the possibilities they choose in life)	1300 84 74 66 info@visionaustralia.org www.visionaustralia.org
You Should Be Dancing!	(Fully interactive, Engaging Dance & Movement Class specially created for Special Needs)	Collaroy Plateau Youth & Community Centre 36 Blandford Str, Collaroy Plateau 0412 105 468 www.youshouldbedancing.com.au
YoungCarers	(Emotional Support, Counselling and raising awareness for Young Carers)	<u>1800 242 636 or (02) 9280 4744</u> yc@carersnsw.org.au www.youngcarersnsw.org.au
<u>Council Contacts</u>		
Central Coast Council	1300 463 954	

	ask@centralcoast.nsw.gov.au https://www.centralcoast.nsw.gov.au/
Hills Shire Council	9843 0555 The Hills Shire Council 3 Columbia Court, Norwest, 2153 www.thehills.nsw.gov.au
Hornsby Shire Council	(02) 9847 6666 hsc@hornsby.nsw.gov.au www.hornsby.nsw.gov.au/schoolholidays
Ku-ring-gai Council	(02) 9424 0000 kmc@kmc.nsw.gov.au www.kmc.nsw.gov.au
Northern Beaches Council	1300 434 434 disabilityservices@northernbeaches.nsw.gov.au www.northernbeaches.nsw.gov.au

“Disclaimer: While we are aware of and are happy to let you know about support services, we are not endorsing these services and cannot promise you that the services are suitable for your child or family’s needs. It is up to you to make your own inquiries and decide whether a service is suitable for your child and your family.”