



FROM THE PRINCIPAL

Swimming Carnivals:

Thank you to our PDHPE staff for organising and the volunteers assisting with the two Swimming Carnivals this term. They were well organised and it was lovely to see the levels of fun and engagement for our students as they participated and enjoyed the water. Another highlight was to have the presence on campus of our parents and grand-parents poolside to add to the atmosphere with much cheering and encouragement.



MOVING TOWARDS K-12

01 April 2021

TERM 2 DATES

Tuesday 20 April

First Day Term 2

Friday 23rd April

Anzac Day Liturgy
(students only)

Friday 30th April

Catherine of Sienna Day
(Mufti Day gold coin fundraiser)

Wednesday 5th May

School Photos

Friday 7th May

Mothers Day Liturgy & stall and
open classrooms. More details to
come early next term

Friday 21st May

National Volunteers Week

Friday 18th June

Last Day Term 2

Ph: 9487 1277

Principal: Mr David Raphael
www.stlucys.nsw.edu.au



Sailing Excursion:

Year 9 enjoyed marvellous weather to experience sailing as a recreational pursuit earlier this week with Sailability and the class staff team in Sydney harbour. This involved each student having a lesson in working with a seasoned sailor and the chance to take the helm. The program runs throughout the year for both students and adults if you as parents wish to pursue this further for your adolescent. Just look at the smiles on their faces and the levels of concentration.



Men's Night:

The men of St Lucy's and St Edmund's met this week after a long period away due to Covid-19 in 2020. We had great turnout of 19 men. The evening started on a serious note with pizza, drinks and a chance to catch up! The dads had a chance to introduce themselves and share their stories from the past year. Many laughs were had as well as the men taking opportunities to discuss and share some of their ongoing challenges. Feedback received from the group shows that the evening was a clear success with several commenting on its usefulness. Men's Group will look to try different venues, present helpful workshops, incorporate small group time and have a lot more fun as we continue to meet in Terms 2, 3 and 4 of 2021 face to face. If you are a father or think it may be enjoyable for your partner, please watch this space and get in touch with our Family Support Worker Jono Carey.



P&F Meeting and Class Parents

We enjoyed parents attending as well as Zooming in at our meeting this week. Our new P & F Executive team is:

President – currently vacant so please feel free to volunteer to Terry Williamson asap

Vice President – Peta Rostirola

Treasurer – Natalia Price

Secretary – Danijela FitzGibbon

Committee Members – Kylie Sim, Sarah Morrissey

Additionally, we held a working lunch meeting of the Class Parents prior to the Easter Hat Parade and enjoyed some chat and guidance on the role. Feel free to attend our next P & F meeting late next term and support our enthusiastic P & F office bearers.

Easter Celebrations:

We have marked Easter in several ways during the Easter season with Ash Wednesday, Holy Week including the Palm Sunday liturgy and this week the Last Supper and Jesus' death and resurrection reminding us of the promise of eternal life for those who believe. It was also fun for the children to parade in their Easter Hats and enjoy a sausage sandwich.

We trust all enjoy the holidays and for those who have booked remember the holiday program full of fun and enjoyment for the children and respite for our families.

See you all again Term 2.

David Raphael
Principal

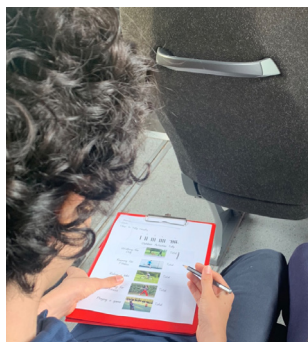


AQUAMARINE CLASS WELLBEING ACTIVITY IN GEOGRAPHY

Aquamarine have been learning about wellbeing activities and what we can do on our weekends to entertain us but also bring us back into the green zone if feeling blue

In the afternoon for Geography we went to the park to do a range of wellbeing activities - such as walking around the oval, running races, playing soccer, having a picnic and using the gym equipment.

On our way to the park we did a wellbeing survey, tallying up the number of people we saw running, walking, walking the dog, riding a bike or playing a game.



THANK YOU SWIMMING VOLUNTEERS

A huge THANK YOU to all of our wonderful volunteers who helped in the pool rain hail or shine throughout Term 1! We really appreciate your enthusiasm and hope to see you in the pool again for more fun in Term 4.

From the PE staff- Gary, Rosie and Julia.



STAR OF THE WEEK AWARD



STAR OF THE WEEK (WEEK 9)

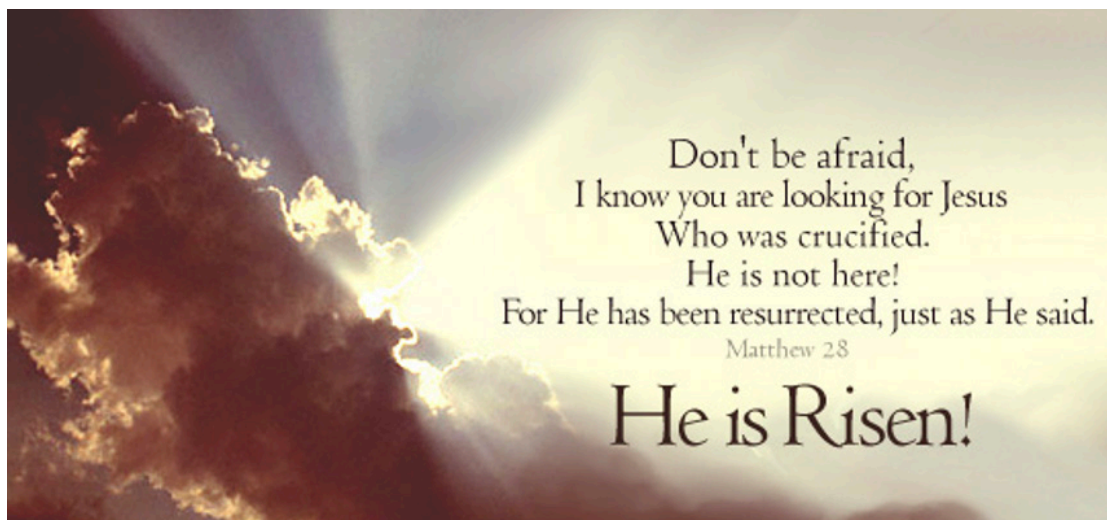
| | |
|-----------|------------------------------------|
| AMETHYST | Luka Romic |
| CITRINE | Robi Babagay |
| DIAMOND | Poppy Botheras |
| GARNET | Bradley Chien & Jacob Hillard |
| JADE | Dylan Ainscow |
| JASPER | Inika Sandman |
| MOONSTONE | Isaac Saade & Alsher Manlapao |
| ONYX | James Deasy-Kennedy & Max Torbarac |
| OPAL | Nikki Herbert |

| | |
|------------|----------------------------|
| PEARL | Branson Atkins |
| RUBY | Sasha Urukalo |
| SAPPHIRE | Uriel Cheah |
| SUNSTONE | Elijah Dodman |
| TANZANITE | Rock Batchelor |
| TOPAZ | Jade Merrett |
| TOURMALINE | Joshua Drummond & Zac Chen |
| TURQUOISE | Kinsley Woo |

STAR OF THE WEEK (WEEK 10)

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|-----------|--|
| AMETHYST | Lucas Cheung |
| CITRINE | Liliana D'Silva |
| DIAMOND | Oliver D'Souza |
| GARNET | Cruz Balfour |
| JADE | Caleb Longford & Alex Gordon |
| JASPER | Alex, Luke, Stella, Chace, Ini, Matty & Boston |
| MOONSTONE | Daniel Shim |
| ONYX | Leo Seeto & Annabel Tantillo |

| | |
|------------|-------------------------------------|
| OPAL | Heidi Foxall & Zef de Bruin |
| PEARL | Dorothy Ding & Ollie Zawodny |
| RUBY | Grayson Turner |
| SAPPHIRE | Chloe Yuen & Cassiano Bernal |
| SUNSTONE | Ruby Mercer |
| TANZANITE | Orlando Seibel |
| TOPAZ | Jade Merret & Keshav Ivaturi |
| TOURMALINE | Naomi Baumgartner |
| TURQUOISE | Jamie Hunter & Trey Simon-Pritchard |



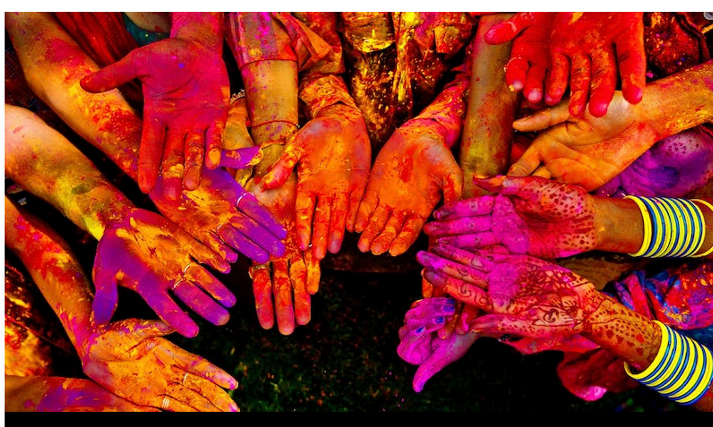
*In the busy-ness of our lives, and in the planning for this upcoming Easter break, it is easy to forget the true meaning of this Christian Season. It is a time when we celebrate the Resurrection of Jesus, which was a sign to all, as to the fullness of God's Love. As well, it signifies the beginnings of the birth of our Christian faith, and the realisation that we are one with God.
Wishing you all a very happy, holy and safe upcoming Easter holiday!*

Other significant religious holidays! Not only is there significant happenings taking place in Christianity, but also in Hinduism and Judaism!

Many of our Hindu families recently celebrated Holi. Holi is a festival held in the Northern Hemisphere's Spring time to signify the end of Winter, and the triumph of good over evil. Known as the 'festival of colours', Hindus find many colourful ways to celebrate, one of which is to throw coloured powder called 'gula'. It is also a time for friends and family to come together and share in this special occasion. This festival recently took place on 28th-29th March.

For our Jewish families, they are currently in the midst of their 8-day festival of Passover or Pesach. This celebration began on the 27th March and will continue until the 4th April. Pesach commemorates the emancipation of the Israelites from slavery in Egypt. Ways that the Jewish people mark this special occasion is by gathering with family and friends, re-telling the story of the Exodus, avoiding yeast (or leaven) and engaging in a Seder meal. It is this meal that Jesus was celebrating with his friends when they gathered in Jerusalem, for what Christians now refer to as The Last Supper.

To all our Hindu and Jewish families and staff – wishing you many blessings for these special moments within your faith traditions!



Thank you and Farewell to Staff: This term we thank and farewell a few staff members who will be taking their gifts into other settings across many areas of life.

To Ms Anthea Nicholls we thank you for your time with us in many different capacities over the years, in particular these last three years where you have supported our students and their families in your role as classroom teacher and ICT integrator. We pray that you will continue to receive many blessings!

To Mrs Raquel Noguez, we thank you for the kindness, wisdom, compassion and dedication you have brought to this community in your role as School Psychologist over the last few years. You have supported many staff, students and families in your time, always with patience, thoughtfulness, expertise and a smile at the ready! We pray that you will continue to receive many blessings!

And to Ms Rochelle Jones who has been a significant member of the St Lucy's community over the last 9 years! Your most recent months have been dedicated to being the mum you were born to be, to your young daughter and son, however you have also played a massive role during your time here supporting staff, students and families. Your warmth, humour and nurturing ways have deeply impacted in so many people in so many positive ways. Your organisational skills, enthusiasm and genuine love and care for this community will be forever remembered! We pray that you will continue to receive many blessings!

Holy Week Liturgy, Easter Liturgy and Easter Hat Parade: Last Friday in our classes, we engaged in our Holy Week Liturgy which focused on Palm Sunday and The Last Supper. This enabled the students to make and bring forth palm leaves, as well as to share in a simple meal together within the liturgy itself. Thank you to Topaz Class for organising and providing our liturgy last week! This week, on our last day together – Thursday, we again gathered in our classes to commemorate the significance of Jesus' Death and Resurrection within our Easter Liturgy. Thank you to Tanzanite Class for organising and providing this liturgy! There were many wonderful 'Alleluias!' expressed around the school that day!



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End of Term Mufti Day and Easter Hat Parade: A massive THANK YOU to all families for supporting our end of term Mufti Day and Easter Hat Parade! The children were a sight to behold – so colourful, vibrant and joyful! Your gold coin donations helped raise about \$200 which will no doubt be gratefully received by the wonderful people from Caritas Australia to help continue funding the wonderful work they do through Project Compassion.

An additional THANK YOU goes to all of you for your fabulous Easter Hat creations and incredibly crazy hairstyles which the children LOVED parading for those of you who could attend our Easter Parade on Thursday afternoon. Such a wonderful, community-sharing event for us all to end the term on!

Wishing you peace and blessings, and safe, healthy and Holy Easter holiday break!

Vanessa Dillon

Classroom Teacher - REC



• NDIS REVIEW COMING UP?
• NEED TO GATHER EVIDENCE?

NDIS SUPPORT




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For support with the NDIS contact Jono the Family Support Worker.
m: 0456 681 710
e: jonathanc@stlucys.nsw.edu.au

WHAT OTHER SERVICES OFFER HOLIDAY PROGRAMS?



They fill up fast!




Remember to start organising Holiday Programs for the up and coming October & December period!
FOR SERVICES OTHER THAN ST LUCY'S, REMEMBER TO START CALLING AND REGISTERING NOW! Positions can fill quickly.

Contact Jono Carey the Family Support Worker for more information on 0456681710 or email jonathanc@stlucys.nsw.edu.au


St Lucy's Family Support Worker can provide support letters for the NDIS.
Please get in contact and give at least 1 month notice

CARING FOR THE CARER

Quest for Life's Petrea King presents 4 FREE Online Workshops- Four Keys to Peace and Resilience.

Living with, and Caring for someone with a serious illness, chronic pain, dementia, mental health diagnosis or a psychological disorder can be distressing. Petrea's workshops will help you navigate an unknown landscape and manage the range of emotions associated with being a carer. Your ability to maintain hope, humour and optimism will be reinforced and you'll be motivated to implement the very necessary strategies for self-care.





(Petrea King- Quest for Life Foundation Founder and CEO)

Register for the FREE Online Workshops through the Try Booking links below. Numbers are limited. If you need assistance contact Carer Support on Ph: 02 9462 9488

Join us at 10.15am - Petrea will commence promptly at 10.30am and conclude at 11.30am These sessions are provided in partnership with Carer Support Services Northern Sydney Local Health District

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| <p><u>Workshop 1- Tuesday, May 4th</u></p> <p>Control- Being present to life's challenges and recognising that while we can't always change what happens to us, we can change our response to what happens</p> <p>Try Booking Link to register for free workshop https://www.trybooking.com/BPZYD</p> <p>Zoom Link https://zoom.us/j/98017826745?pwd=MDY2b1duYURGanRTMGUzaG1uaGQzZz09</p> | <p><u>Workshop 2- Tuesday, May 18th</u></p> <p>Commitment to living- Take responsibility and stop blaming or resisting what is- refocusing priorities and dealing with issues of forgiveness.</p> <p>Try Booking Link to register for Free workshop https://www.trybooking.com/BPZZZ</p> <p>Zoom Link https://zoom.us/j/93159929270?pwd=WXNuQ0ppSHV3cGkwRUdQZ0ZtSlhoZz09</p> |
| <p><u>Workshop 3- Tuesday June 1st</u></p> <p>Challenge- Are we living life with a passion for who we are and what we are? Can we find meaning in our suffering?</p> <p>Try Booking link to register for free workshop https://www.trybooking.com/BQABI</p> <p>Zoom Link https://zoom.us/j/96470688578?pwd=RUNtOGlSWnpMU2w2dU9nazFJYmt2Zz09</p> | <p><u>Workshop 4- Tuesday June 15th</u></p> <p>Connection- Feeling that we were loved and supported by those with who we share our life- family, friends, and community.</p> <p>Try Booking link to register for free workshop https://www.trybooking.com/BQACU</p> <p>Zoom Link https://zoom.us/j/99280692848?pwd=anJQd2F5YTVjcUJET0d2UmlLRHBwZz09</p> |

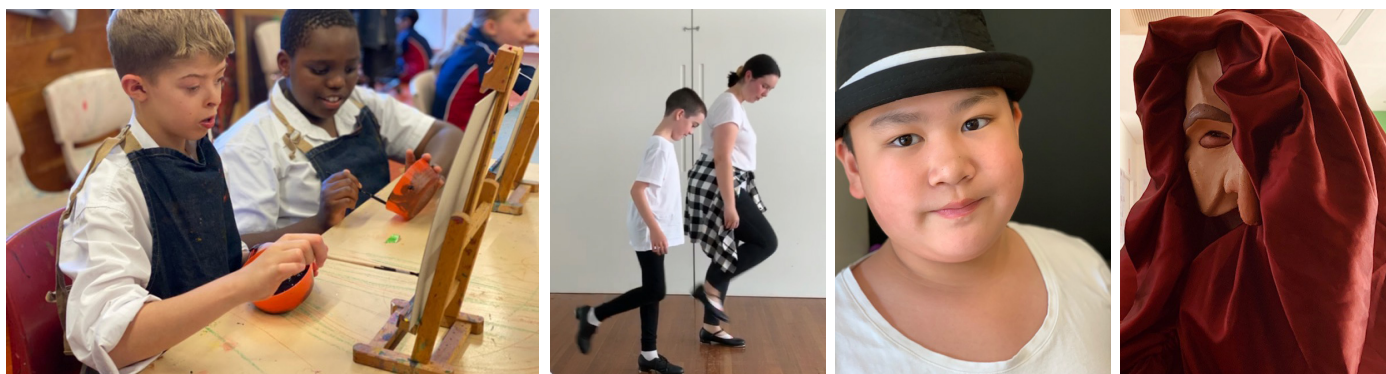
Health
Northern Sydney
Local Health District

CREATIVE ARTS NEWS

This has been a fantastic term in Creative Arts at St Lucy's. Congratulations to all of the students for extending your skills and engaging so beautifully in the Arts. Creative Arts sessions have been designed to complement History, Geography and Science Technology themes but is also a place for creative thinking, technique building and self-expression.



Theatre Project, Dance Project and our two Art Projects have also done exceptional work this term. We are looking forward to sharing exhibitions and performance items with you later in the year. In the meantime, here are a few highlights. Please note that THESE PROJECTS BEGIN AGAIN in WEEK 2 of Term 2.





OLYMPIANS

This April holidays, come and join the 'Olympians'! This exciting and high energy Holiday Program is a collaboration between the St Lucy's Creative Arts and PE Teams.

Workshops will be inspired by the Olympics. Students will create the flags and banners in the Visual Arts Studio, practice their Dance routines for the opening ceremonies in the Dance Studio and participate in some Olympic inspired activities in the Gym, including obstacle courses, hurdles and more!

**ST LUCY'S
CREATIVE ARTS
APRIL HOLIDAY
PROGRAM**

The Creative Arts and PE Teams are looking forwards to our Holiday Program 'Olympians'! Thank you to all parents and carers for your interest in these programs.

Alessandra Picone
Head of Creative Arts