

ST LUCY'S SCHOOL NEWSLETTER

In the Catholic Dominican tradition. A community enriched by difference; inspiring learning for a life of purpose



FROM THE PRINCIPAL

Dear Parents,

Welcome Back to Term 3. I trust given all the circumstances of the holidays you all stayed safe and well. It was certainly timely that we managed to fit in the Holiday Program in the first week before restrictions intensified and particular thanks to the whole staff team and especially to Ms Picone and Mrs Pinker for their leadership and organisation.

New Staff:

We welcome the following new staff to the School:

Ms Eva Southern – Malachite teacher

Ms Joanna Wojciechowicz – Casual cover teacher

Ms Maryam Pishbin – Amethyst TA

Ms Merle Howard-Browne – Casual cover TA

Ms Michelle Thompson-Laing – Speech Pathologist

Mr Josh Stubing – Occupational Therapist (Behaviour Support and Intervention)

You will notice we have deliberately employed a teacher and TA to provide casual cover support on a regular and full-time basis in order to provide more consistency for the students when their staff are absent. Of course, two such staff can only be stretched so far and so we will continue to use our casual list staff as well.

Staff Day:

Our Staff Day enabled us to be trained in SoSAFE Program in a Covid safe manner. This is a framework for teaching about self-protective behaviours and norms including appropriate and inappropriate touch. More information about this framework will be made available to parents in due course once the staff have reflected upon this valuable professional learning experience.

MOVING K-12 TOWARDS K-12

TERM 3 DATES

Thursday 29th July

IEP MEETINGS Via Microsoft Teams 3.30pm - 6.30pm

Friday 30th July

IEP MEETINGS Via Microsoft Teams 8.00am - 4.00pm

PUPIL FREE DAY

Friday 17 September

Term 3 concludes for students

Ph: 9487 1277
Principal: Mr David Raphael
www.stlucys.nsw.edu.au







Pedestrian Drop off / Pick up

Parents are not permitted to drop off their child to school at the Gallery door face to face. This is to reduce the chance of Covid infection risk. If you are late to school or live locally and must drop off or pick up your child on foot then please do so at the Pedestrian gate near main reception. Wear a mask and complete the QR code and staff will attend to you and your child accordingly.

Underground Car Park Drop Off/Pick Up Protocols:

Now that more parents are using the underground car park off Billyard Ave some reminders:

- 1. Secondary drop off is 8.20 to 8.30am and pick up is 3.00 to 3.10pm
- 2. Primary drop off is 8.30 to 8.50 am and pick up is 2.40 to 3.00 pm
- 3. Remember that entry and exit is two-way and once below then one way to the left
- 4. Please turn your engine off when stopped to maintain air quality
- Note that the height restriction for vehicles is 2.1m and a breech of this could do damage to your car as well as the sewerage pipes
- 6. Please wear a mask and remain socially distant (1.5m)
- 7. Please drive as far up towards the exit ramp as possible to maximise the stacking and flow of vehicles
- 8. Parents are responsible for supervising the disembarking and embarking of their child from/into their car from each respective vestibule/stair well area. Staff will of course assist this process too.
- 9. Please drive slowly through this area and observe the 4km/h speed limit for everyone's safety.
- 10. Let's all agree to be patient with each other as more of us use this wonderful facility.

Covid Reminders:

- 1. Stay as connected as possible within your school social network of other families in your class, your class parent representative and the P&F Facebook page. If in difficulty in any way, please contact us at school via your teacher, Family Support Worker, School Psychologist/Counsellor during this lockdown and subsequent easing of restrictions. Remember you are not alone and don't need to be unless you choose to be so. We are all available to assist and support you whether we be fellow parents, staff or the agencies and services in our community. So DO reach out.
- 2. Check the NSW Health website for venues of concern regularly in case you happened to be there at the designated dates and times. Regardless, if symptoms develop, even mild symptoms, isolate and get tested and follow NSW Health advice about return to school and let

Terry Williamson or Kathleen Walsh know.

- 3. Minimise as much as possible your physical presence on campus whether at Satellites or Wahroonga. Always QR code in/out and wear a mask and maintain social distance from each other.
- 4. Parents at Satellites settings are reminded that we are guests of the host school and need to be mindful that while we continue to operate our classes there we need also to follow any host school specific directives to ensure collective health and safety in those settings. Your respective class teachers of Tanzanite, Sunstone, Ruby, Sapphire and Jade will inform you about any site-specific requirements. Please follow that advice diligently.

Mask wearing at school seems to be going well at this stage across staff and some students. They are certainly keeping us warmer, if slightly less connected facially, despite the initial awkwardness. Due to the particularly transmissible nature of this Covid strain in Sydney, we have now been advised to suspend all assemblies, community access activities and excursions. Despite this it has been pleasing to see the happy smiling faces of the students on their return and the obvious relief on your faces too as you returned them to us for Term 3 after this longer and difficult holiday period. Currently about 75 percent of students are attending in this first week back.

IEP (Individual Education Plan) Meetings

I trust most of you have returned your IEP documentation. If you have not, please return to your class teacher ASAP.

The extension of restrictions across Greater Sydney means that all IEP 'meetings' will now occur via Microsoft Teams, rather than face-to-face as initially planned. Microsoft Teams is a free app which we advise you download on the device that you are planning to use in readiness for your meeting. This app will work on Windows devices and IOS Devices. Please remember that Friday 30th July is a Pupil Free Day. There will be no child minding on either the Thursday evening (29th July) or Friday. Your class teacher will be in touch in due course about how Microsoft Teams will work at your end. Stay tuned.

Camp

We expect to make a decision about whether Stage 3 and Stage 4 camps will be going ahead towards the middle of the Term or as we get advice from the Department of Education or NSW Health.

So, enjoy Term 3 and I look forward to a time in the not too distant future when we will be able to actually see each other face to face.

David Raphael Principal

God Creator Spirit,

Walk with us and give us the strength to stand for life, in the face of destruction and greed of the Earth. Teach us to be respectful and gracious for all that our land and waters provide.

Instil in us the spirit of unity with our Indigenous sisters and brothers. Helps us to endure the challenges placed before us and our Earth. Let us take time to reflect on the spiritual connection to our lands and the fragility and beauty of mother Earth.

With your love and spirit, let us walk together in unity, peace and harmony. Let us honour our Indigenous cultures and 'Heal Country' so as to ensure our authentic national identity – past, present and future.

Strengthen our love and respect for each other and our connections to country and all creation. We pray as one Australian family, for a safe and just world for our children and our children's children. May we bring love to all.



This week at St Lucy's, we have celebrated NAIDOC Week with the students. This focus will enable our students to know and understand the richness of our Indigenous people and their culture. In class, students have been provided with some learning tasks they can engage with, as well as to enjoy some fun and enjoyable activities presented by our Creative Artists during their timetabled sessions. A whole class liturgy is to take place in classrooms, facilitated by class staff, on Friday 16th July.

Additionally, a mufti day was also held on 16th July, where the students were encouraged to come dressed in either blue, green, white, black, red, yellow which align to the colours on both the Aboriginal and Torres Strait Islander flags. All money raised from the donations sent in, will support the work of the charity is 'Country Needs People'.

The theme for this year's NAIDOC Week is 'Heal Country', and the 'Country Needs People' organisation do great work in empowering indigenous Australians to preserve both country and culture and train them as indigenous rangers in order to spread this message. It is organisations like this that we hope will embed within our national psyche the importance of honouring and respecting the richness of our Indigenous cultures and how they shape us as a nation in the past, present and future!

If you'd like to know more about the Country Needs People organisation, feel free to learn more through their website:

https://www.countryneedspeople.org.au/about

The community of St Lucy's is indeed a special and supportive one, and times such these with our current Greater Sydney lockdown, are indeed times when we rally together even more closely. We know that there have been illnesses in families, the loss of loved ones, the joy of babies being born – so many experiences that bring with it their own set of challenges. Please know that you can reach out to us here at any time, whether it be for something as simple as a meal being sent home, or the need for prayers or pastoral support.

Wishing you peace and blessings,

Vanessa Dillon

FAMILY SUPPORT

Dear St Lucy's Families,

The recent Covid restrictions can have considerable impacts on our families, our finances and general wellbeing. Here are some links that may be relevant to you and your family in this time:

Emergency Contacts

NSW Government's website

for COVID-19

www.nsw.gov.au/covid-19

Infectious venues, confirmed cases-NSW Government

www.nsw.gov.au/covid-19/nsw-covid-19-case-locations

In an Emergency

Please call 000 or go to a hospital emergency department, where they may refer you to a

mental health and/or drug and alcohol service

Lifeline 13 11 14

NSW Police (non-emergency) 131 444

Mental Health Line 1800 011 511

Child Protection Helpline 13 2111 (NSW)

Carers Emergency Respite call 1800 052 222

Parent line 1300 1300 52 www.parentline.org.au

Carer Gateway Contact Centre 1800 422 737 www.carergateway.gov.au

Kids Helpline 1800 55 1800

Beyond Blue 1300 22 4636 www.beyondblue.org.au

Health Direct Australia 24-hour telephone health advice line staffed by Registered Nurses to provide expert health

advice. 1800 022 222.

Relevant Financial and Welfare Support

Centrelink COVID-19 Disaster Payment

https://www.servicesaustralia.gov.au/individuals/services/centrelink/covid-19-disaster-payment

St Vincent De Pauls 24-hour telephone health advice line staffed by Registered Nurses to provide expert health advice.

1800 022 222.

National Debt Hotline https://ndh.org.au/

We're a not-for-profit service that helps people in Australia tackle their debt problems.

Salvation Army https://www.salvationarmy.org.au/need-help/financial-assistance/financial-counselling/

Financial Counselling Australia https://www.financialcounsellingaustralia.org.au/

Financial Counselling Australia (FCA) is the peak body for financial counsellors in Australia.

Australian Government

Services Australia

https://www.servicesaustralia.gov.au/individuals/subjects/affected-coronavirus-covid-19

Australian Government

Services Australia

https://www.servicesaustralia.gov.au/individuals/topics/severe-financial-hardship-provisions/28686

Corona Virus Financial Help Finder https://www.finder.com.au/coronavirus-financial-help

Woolworths Priority Assistance https://www.woolworths.com.au/shop/discover/priorityassistance

Ask IzzyTo find general services in your area www.askizzy.org.au

General Covid-19 Virus

Beyond Blue Information to help with mental health issues such as stress, depression and anxiety in relation to COVID-19

https://www.beyondblue.org.au/the-facts/looking-after-your-mental-health-during-the-coronavirus-outbreak

Dept of Health Keep up to date with latest developments and other information about limiting the spread of the virus or

managing symptoms. https://www.health.nsw.gov.au/Infectious/diseases/Pages/coronavirus.aspx

NDIS and Covid-19

Response

www.ndis.gov.au/coronavirus

Supporting Children and Young People

Headspace Information aimed at supporting teenagers and young people

https://headspace.org.au/young-people/how-to-cope-with-stress-related-to-covid-19/

Reach Out Self-care strategies for young people

https://au.reachout.com/articles/10-ways-to-take-care-of-yourself-during-coronavirus

The Autism Educator A social story explaining COVID-19

https://littlepuddins.ie/coronavirus-social-story/

Kids Health – Social stories to explain Covid-19 to kids

The Children's Hospital

at Westmead

www.kidshealth.schn.health.nsw.gov.au/explaining-covid-19-kids



New member to the BEST team

We at the BEST team would like to welcome a new part time speech pathologist: Michelle Thompson-Laing. Michelle is a dual qualified speech pathologist and clinical audiologist. She holds a Bachelor of Speech & Hearing Sciences, a Master of Clinical Audiology and a Master of Speech Pathology. Michelle has worked with families and children for over 15 years in a range of settings including private practice, acute care and government services. She is excited to be working in partnership with the amazing teaching and support staff here at St Lucy's. When you see her please say hi.

Thanks, Elle

