

# ST LUCY'S SCHOOL NEWSLETTER

In the Catholic Dominican tradition. A community enriched by difference;

inspiring learning for a life of purpose

# JOY | COMMUNITY | COURAGE | TRUTH

FROM THE PRINCIPAL

# Dear Parents.

## Schools are Returning (as you know) after lockdown

With all schools in NSW gradually returning over the next week we all need to be especially careful and play our part for our general safety. With over 80 percent fully vaccinated and over 90 percent first dose our safety is greatly enhanced in NSW. However, with more movement across our wider community coming out of lockdown so the risks of transmission increase but due to vaccinations the risks of severe medical consequences are reduced.

As a St Lucy's community, we continue to remain as open as possible within the limit of the restrictions that apply and yet as safe as possible for our most vulnerable students with disabilities.

## What can you do?

As a school family there are things you can continue to do to play your part:

- 1. Get all your nearest and dearest family members vaccinated especially the members of your direct and extended family e.g students of the school, siblings, grandparents, cousins... and others you mix with. This is the best protection to reduce transmission and reduce medical severity if there was to be a case here at school or in your direct or extended family to affect the school.
- 2. Get all eligible adolescents vaccinated aged 12 and above (available now if you have not done so already) and then all children aged under 12 vaccinated as soon as allowed and recommended. We hope the Primary aged children will be eligible before Christmas.
- 3. Continue to keep any sick children at home, get tested and isolate in line with normal medical advice that we are so used to now.
- 4. Get vaccinated and have your vaccination status readily available on your phone so, if and when parents are allowed back on school premises, this can be easily checked upon entry along with your QR check in. We hope this may become possible late this term, all being well.

## What can the school do?

The School continues to do our very best in ensuring we are as Covid safe as possible (but of course there can be no guarantees) especially in our setting. Nevertheless, I thought it prudent in this

# MOVING K-12 TOWARDS K-12 22 October 2021

# **TERM 4 DATES**

Friday 5th November The Artist is Me Art Activities MUFTI DAY

> Wednesday 10th November

P&F Meeting 6.30pm via zoom

# Thursday 2nd December

Men's Group 6.30pm West Pymble Bowling Club

Friday 3rd December Year 6 Graduation

Friday 10th December Christmas Carols

# Friday 10th December Term 4 concludes for students

Ph: 9487 1277 Principal: Mr David Raphael www.stlucys.nsw.edu.au



Newsletter to outline the steps we continue to take to seek to keep us all, students, staff and parents and your families, as well as our own staff families, as safe as possible.

- Taking advice on the best methods to employ to keep our community as safe as possible including from NSW Health, Association of Independent Schools NSW, Catholic Schools NSW and other authorities charged with advising schools, as well as seeking to follow the Public Health Orders (PHO) as they are updated from time to time.
- 2. Complying with PHO directives to only allow fully vaccinated staff to be present at St Lucy's or satellites as of 18 October.
- Not allowing parents on campus (as yet) as advised by PHO. Please note that when parents are allowed, only fully vaccinated parents, family members or friends will be allowed on campus and at school events.
- 4. All casual staff and other administrative staff including contractors such as trades and cleaners are required to be fully vaccinated to be present at St Lucy's. Volunteers, when they return, will also be fully vaccinated.
- 5. Parents keeping children with any flu like symptoms at home and getting tested before return as well as the First Aid Officer sending students home if they present with any similar symptoms through the day
- 6. Extra touch point cleaning several times through the school day.
- 7. QR code sign in to assist with contact tracing.
- 8 Wearing masks for students (where possible and as recommended).
- 9. Wearing masks for staff indoors and outdoors while this continues to be recommended.
- Social distancing at school where practicable noting that K-4 and Year 5 to 9 have separate play sessions and generally do not mingle.
- 11. Promoting vaccination of parent families and staff families to help minimise transmission and provide more medical protection.

- 12. There has been some consideration of, but as yet no decision recommended by NSW Health on, rapid testing at this stage.
- Assessment of the ventilation systems in the new and old classrooms and other spaces used by the students and staff. In some areas more doors/windows will be opened where possible to assist with increased ventilation.

I trust this Newsletter provides some clear way forward for parents about how we can and are all working in partnership (families and the School together) to continue to keep ourselves open and yet as Covid safe as possible. Do feel free to be in touch should you have any questions or comments. Meantime stay connected and safe.

## Sick students

We have had sevelal classes with high rates of cold symptoms. In keeping with Covid rules we cannot have any students onsite who are sneezing, coughing or have a runny nose. We ask that you please respect our efforts to keep everyone well by keeping your child at home if they have any symptoms and take them for a Covid test.

## **Annual Parent Survey**

On a final note, we will be sending our our Annual Survey next week. Please look out for it in your inbox. Your feedback is invaluable in forward planning for uour school.

David Raphael Principal

# FRIDAY 5th November: The Artist Is Me Arts Activities

Last Friday the students and staff celebrated Friendship with our special Friendship Liturgy and Lunch! It was enjoyed by all. The Artist is Me arts activities have been moved to Friday 5th November (due to wet weather on the 15th October).

Friday 5th will also be a Mufti Day!

# MENS GROUP

Dads, Granddads and Uncles.

The everything celebration: end of year, Christmas, freedom..... West Pymble bowling club Thursday evening 2 December at 6.30 for dinner. (163 Ryde Rd West Pymble).

The Men's Group has continued through the year and we have a great deal to celebrate. So much to talk about. So many stories. New Dads are very welcome. One of the great benefits of the group is the advice/experience that we can share on NDIS, relationships, medical issues etc.... an endless list.

# We look forward to seeing you.

Warren Hopley Brendan Wingrave Jono Carey hopleywarren@hotmail.com brendan.wingrave@gmail.com Jonathonc@stlucys.nsw.edu.au



# ST LUCY'S SCHOOL

Please support St Lucy's School by purchasing tickets in our 2021 raffle. The aim of the raffle is to raise funds for our Central Coast Bus Service.

# **8 FANTASTIC PRIZES TO BE WON!**



#### **IST PRIZE 2ND PRIZE** WEEKEND AWAY AUSTINMER BEACH WEEKEND AWAY IN MANLY • 2 nights accommodation 2 nights accommodation in a 1 Bedroom Harbour for two guests at View Apartment at Headlands in Quest Manly. Austinmer Beach Includes \$200 cash to Includes \$100 cash to spend spend Valued at \$1000! Valued at \$900! INCLUDES \$100 cash **INCLUDES** \$200 cash Kindly donated by Steve Crowe Kindly donated by Quest Manly and the Sandman family and Grahame & Maria Sproats **4TH PRIZE 3RD PRIZE BUNNINGS HAMPER BLAUPUNKT 65" 4KSMART TV** • \$500 Bunnings gift voucher • Android TV RYOBI ONE --• Portable charcoal BBQ • Ultra HD • Non-stick BBQ tool set • Frameless design • BBQ Rub • 2018 model • Ryobi 18 V Home • Valued at \$750! Essentials Kit Rvobi 3 blade knife • Work gloves (3 pack) \$500 Carc Donated by Paul Reid • Valued at \$860! **6TH PRIZE** 5TH PRIZE ST IVES VILLAGE \$500 GIFT CARD WESTFIELD \$200 GIFT CARD • A gift card valued at • A gift card valued at \$500 to spend at \$200 to spend at any St Ives Shopping Village Westfield • Gift cards can be • Valued at over \$200! CARD redeemed at all Village St Ives retailers including Westfield supermarkets, restaurants and cafés. Gift Card Donated by St Ives Shopping Centre Donated by Alison & Patrick Quinn **7TH PRIZE 8TH PRIZE** CHAMPAGNE, BEER & WINE GLASSES **GAMES AND SCIENCE HAMPER** Includes: Junior Monopoly, • 6 Rona City collection MONC Spell Cat, Go Fish, Banana Champagne Flutes Balance Cluedo, Magnetic • 6 Rona City collection Dominoes, Puzzles, Essential Beer Glasses Chemistry and Electric • 6 Rona City collection Science, Solar System, Wine Glasses Explosive Experiments, • Valued at \$150 Volcano Excavation Kindly donated by Special Needs Valued at \$200 Donated by Janine Jones Resources and Hasbro

**1 Ticket for \$10 | 3 Tickets for \$25 | 10 tickets for \$75 | 15 tickets for \$100** Please visit: **rafflelink.com.au/stlucysraffle2021** or scan the QR code to purchase your tickets. Drawn on 10th December 2021.





# A Friendship Prayer

Dear Lord, With my whole heart I ask that you look after my friends. Guide them in troubles, Lead them when lost, Give them your ear when they just need to talk. Lend them a hand when they've nowhere to turn Show thema new road when a bridge has been burned Teach them to smile when everything seems bad And show them there is happiness after all that seems sad. Lord, this is prayer... I hope that every word you can hear This message is from my heart for all my friends who to me are so dear.

Last Friday we celebrated the gift of friendship with our whole school Friendship Liturgy and Mufti Day! Whilst the plans for our Artist is Me day had to be re-scheduled to later in the term due to unpredictable weather, the Joy of this special day remained in the times shared with classmates during our special lunch, the liturgy and other associated activities that the class staff prepared.





St Lucy's Newsletter | Friday 22 October 2021

This special day within our calendar also coincides with the commemoration of Eli, Martin and Maria's anniversary. This year marks 5 years since their passing and we were able to hold a special prayer for staff to attend, as well as to provide an e-version of the prayer to friends of Maria. You will notice that the trees surrounding Maria's bench upon arrival to our Gallery entry door have been decorated with colourfully tied ribbons... May their love for life and friendship live on in our own lives and memories.

# "What moves through us is a silence, a quiet sadness,

## A longing for one more day, one more word, one more touch...

We may not understand why you left this earth so soon, or why you left before we were ready to say goodbye, But little by little, we begin to remember not just that you died,

But that you lived.

And that your life gave us memories too beautiful to forget."

**BJ Karrer** 



**All Saints Day and Grandparents Day:** Next Friday 29th October, we will celebrate All Saints Day and Grandparents Day to give thanks for the many saints that are our grandparents! Each class will participate in a whole school liturgy within their rooms that has been prepared by the Citrine Class staff – thank you, team!

All Saints Day is an important feast day in the Catholic Church, and it takes place every year on the 1st November. We feel that grandparents are wonderful examples of living saints, particularly in the lives of the St Lucy's children. They love and accept their beautiful grandchildren for who they are, and demonstrate great faith and belief in recognising their grandchildren's gifts and ensuring they can live by them in a true and honest way. Friday 29th October will be one small way to acknowledge and honour the wonder and beauty that is our grandparents!

We ask that families start emailing their child's teacher with photos of them with their grandparents. These photos will be used in a special way within the liturgy. **Carers Week:** Last week, all families would have received a daily email that provided some tips and ideas on how you might try to bring about the importance of self-care within your own lives. The week began with a mindfulness prayer that you could follow on the slideshow that was sent out, and then subsequent days provided ideas around self-care strategies such as meditation and nature walks. We hope that you continue to find moments in your day/ week/month to fill up your own bucket, as we truly acknowledge all that you provide of yourselves to your beautiful children each and every day.

**Sacramental Program 2021:** We have once again been able to re-commence our Sacramental Program for 2021, albeit in a COVID safe way. We ask that you keep the following students in your prayers as they prepare to receive the Sacrament of Reconciliation and the Sacrament of First Eucharist this term – Beau L, Angelo A, Madison G and Ollie Z. This is indeed a very special and significant moment in their lives!

Wishing you peace and blessings!

Vanessa Dillon

## PERSONAL DEVICE PROTECTION

While all possible care is taken at school with privately owned electronic devices such as iPads, iPods and iPhones unfortunately sometimes accidents happen and devices are damaged.

We ask that any device sent to school with your child be fitted with a good quality high impact tempered glass protective screen cover and a full heavy duty protective case.

These items can be purchased in a variety of stores such as:-

- Apple Store
- Kiosks found in many shopping centres

- Online at casebuddy.com.au
- Online through ebay.com

This will help protect your devices against damage through many impacts. Kind regards,

Maria Manzatti ICT and Purchasing CoOrdinator





# HIGH SCHOOL MERIT AWARDS



# **MERIT AWARDS WEEK 2**

AMBER AQUAMARINE EMERALD MALACHITE PERIDOT Harvey Tomicki Pedro Boyle Joseph MacDermid Addison Williams Oliver Tobin

# **MERIT AWARDS WEEK 3**

AMBER AQUAMARINE EMERALD MALACHITE PERIDOT Anna Simpson Hugh Wechsler Owen Evans Gidon Budai Isabella Chen

# STAR OF THE WEEK PRIMARY AWARDS

# STAR OF THE WEEK (WEEK 2)

AMETHYST CITRINE DIAMOND GARNET JADE JASPER MOONSTONE ONYX OPAL

Elina Arevalo Robi Babagay Rafa Macpherson Christopher Oppen Jessica Mettam Inika Sandman Alsher Man Bella Tantillo Ruby O'Brien

# STAR OF THE WEEK (WEEK 3)

AMETHYST C CITRINE G DIAMOND C GARNET D JADE A JASPER C MOONSTONE D ONYX M OPAL D

Connor Anderson Gus Lindsay Oliver D'Souza Daniel O'Connor Alex Squires Chace Erceg Daniel Shim Max Torbarac Diesel Grey PEARL RUBY SAPPHIRE SUNSTONE TANZANITE TOPAZ TOURMALINE TURQUOISE Tayla Tobin & Oliver Zawodny Sasha Urukalo & Brandon Pollito Ava Szalay Xavier McKie Ethan Mbereko Keshav Ivaturi Annabelle Zabulic Aiden Williams

PEARL RUBY SAPPHIRE SUNSTONE TANZANITE TOPAZ TOURMALINE TURQUOISE Tayla Tobin Grayson Turner Finn Tokic Elijah Dodman Rock Batchelor & David Salsano Ruby Daddia Leo Hart Angeline Boyadjian

# Please support St Lucy's School by purchasing a St Lucy's limited-edition umbrella featuring student artwork: 'Sunshine Through the Rain'

Proceeds will go towards refurbishing the school playground

The beautiful artwork 'Sunshine Through the Rain' featured on the limited edition St Lucy's School umbrella was painted as a collaborative piece by St Lucy's students as featured in the photos below.

St Lucy's Visual Art classes are a time for joy, expression and exploration. By experimenting with materials and techniques, students discover their artistic talents, build skills and develop confidence and self-esteem.

All profits from the sale of umbrellas will go towards the refurbishment of the school playground to ensure all our students have the opportunity to learn through play.

The school playground provides an environment for students to develop their social skills, along with flexibility, motor skills and muscle strength.

If you would like to purchase any St Lucy's limitededition umbrellas, please order through Flexischools https://www.flexischools.com.au. When ordering your umbrella on Flexischools, go to the St Lucy's School 'Shop" tab.

Once payment is received your purchase will be sent home with your child. If you have any difficulties, please contact our Fundraising and Events Officer Amy Dillon (amyd@stlucys.nsw.edu.au).





Size: 27" • Black auto open golf umbrella Fiberglass shaft and frame, • EVA foam handle



# **TOILET TRAINING WORKSHOP**



# Started toilet training, but with limited success? Not sure where to begin? Can't decide if your child is ready or not? Then this workshop is for you!

Please join the BEST team via zoom

to learn strategies for successfully toilet training your child.

**DATE:** Thursday 18th November, 2021, 6.00pm **COST:** Free!

**REGISTRATION:** 

Bookings essential, closing 11 November 2021. Please book using this link: <u>https://www.trybooking.com/BUWRC</u>



Zoom link will be emailed to registered families.



For further information please contact: Nikki Alldis, The Best Team Phone: (02) 9487 1277 | Email: nikkia@stlucys.nsw.edu.au www.stlucys.nsw.edu.au

# **My Health Folder**

Health information folders for children with complex health needs.



Does your child have complex health needs and see different doctors or go to hospital? Are you finding it difficult to keep all their health information updated, together and easily accessible?

NSLHD has developed a Health Information Folder to help make this process easier for you.

There is space for important details, medical reports, personal tips and tricks to engage with your child—including the Communication and Care Cues form. There is also storage for appointment letters and reports which can be grouped by specialist, reports, medication charts and scripts.

These folders are FREE of charge and will be delivered to your child's school for you to collect to help make you and your child's journey a little easier.

Register for one today!



For more information or to request a folder contact the NSLHD Carer Support Service:

- Email: NSLHD-Carers@health.nsw.gov.au
- Phone 9462 9488 during business hours.
- Website www.nscarersupport.com.au
- Facebook page: www.facebook.com/NSLHDcarersupport/



Our goal is to create an environment that recognises, respects and values Carers as our partners in care.