

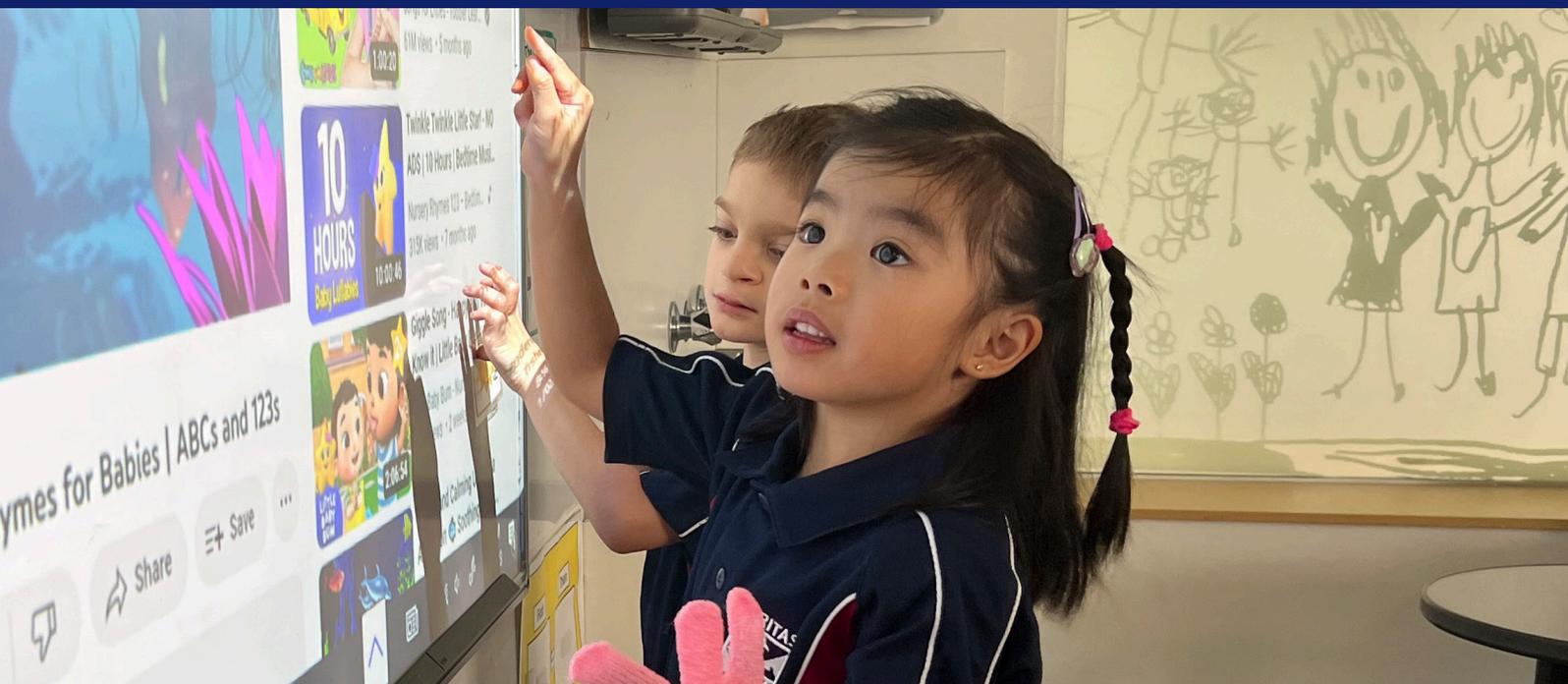


# ST LUCY'S SCHOOL NEWSLETTER

In the Catholic Dominican tradition. A community enriched by difference;

inspiring learning for a life of purpose

JOY | COMMUNITY | COURAGE | TRUTH



## FROM THE PRINCIPAL

### Welcome:

Hello and welcome to our new families and welcome back to our continuing families here at St Lucy's for 2023. It has been lovely starting to connect again with you all as we continue to emerge from Covid and see your lovely children and young people again. The lovely smiles as they each returned on Wednesday, even the really new Kindy students who seemed so settled, was just amazing. They all transitioned into school so well and have had a remarkable few days after the long summer break and disruptions of last year.

We also welcome our new staff to the school this year who came to their induction training on Wednesday 25 January.

Alexandra Hopkins-Baum (Behaviour Support Practitioner), Alexandria McCorry (Primary Teacher), Anna Oliver (Primary Teacher's Aide), Barbara Halstead-Vesic (Casual Cover Teacher), Billie-Jean Shaw (Primary Teacher's Aide), Darren Routley (Secondary Teacher), Donna Stuart (Primary Teacher's Aide), Edwina Roberts (PDHPE Teacher), Emily Grieve (Secondary Teacher), Gaby McGoldrick (Secondary Teacher's Aide), Greg Hough (Secondary Teacher's Aide), Irene Beer (Primary Teacher), Jessica Pinn (Secondary Teacher's Aide), John Hamey (Secondary Teacher), Lauren Schooling (Primary Teacher), Leena Taylor (Primary Teacher's Aide), Matthew Reckling (Primary Teacher's Aide), Melanie Duffin (Primary Teacher's Aide), Michelle Cooper (Secondary Teacher's Aide), Michelle Jurcic (Primary Teacher), Nadine Murray (Secondary Teacher's Aide), Paula Toe (Primary Teacher's Aide), Polly Kemp-King (Primary Teacher), Rachelle Perceval (Secondary Teacher's Aide), Vivienne Thompson (Primary Teacher's Aide), Zaynub Shaikjee (Primary Teacher's Aide).

### Staff Training:

We commenced the term as a staff with a liturgy and three days of professional learning which covered off CPR/ First Aid as well as the Crisis Prevention Institute – Safety Intervention Course (previously known to some as MAPA). The CPI course covered the topics of the Crisis Development Model, Integrated Experience, Communication Skills, Responding to Defensive Behaviours, Safety Interventions, Disengagement Skills, Restrictive Interventions, Decision Making, Holding Skills, Post Crisis Responses. It combined on-line learning and practical sessions to practise the recommended

03 February 2023

## 2023 DATES

### TERM 1

16th February

Parent Information Night:  
St Lucy's Wahroonga 6.00pm

20th February - Canteen returns

27th Feb - 3rd March  
IEP Week - Week 6

7th March - Open Day  
K-6 Wahroonga 9.15am

8th March - Open Day  
High School 9.15am

10th March  
High School Swimming Carnival

15th March - Photo Day  
School Photo Day

16th March - Open Day  
Satellite Class Narrabeen 9.15am

24th March  
Primary Swimming Carnival

29th March - Open Day  
K-6 Wahroonga 9.15am

6th April - Term 1 concludes

Principal: Mr David Raphael  
www.stlucys.nsw.edu.au  
Ph: 9487 1277

techniques of calming an escalating student's behaviour and help keep students and staff as safe as possible. Our thanks to Kathleen Walsh for organising our CPR session as well as Lynne Pinker, Carla Laroco and Sara Balfour for being our train the trainers. In addition, there were various planning meetings and time for class teams to meet and prepare the classroom itself for the commencement of the year.

#### **Covid Update:**

Just a few quick reminders:

- Parents/carers are to remember if your child or young person has tested positive to Covid to register the results on the Service NSW app and contact the school asap and forward your notice to [absent@stlucys.nsw.edu.au](mailto:absent@stlucys.nsw.edu.au).
- If your child or young person is displaying any Covid symptoms, they are to stay home, have a PCR test and only return if a negative result is received and experiencing no symptoms.
- If anyone in your household tests positive, your St Lucy's child is required to complete 5 days of isolation and return after a negative RAT.
- Please continue to advise us as your child receives their vaccinations.

#### **Car Park Reminder:**

Parents are requested to turn **LEFT** when turning **IN** to the car park off Billyard and turn **LEFT** when turning **OUT**. This is so we maximise your safety and that of your children in what can be a very busy zone of congested traffic especially in the afternoon pick up period when street vision is restricted. Please also remain in your vehicle and turn the engine off when below and drop and collect your child from the door, so we maintain the air quality for all concerned.

In the afternoons when your child is brought down to the glass vestibule leave your the vehicle and go to the door to collect and load them. Also, if we can ensure we all move our cars as far forward as possible when traffic clears to allow as many cars to be loaded simultaneously to help speed the process of pick up and drop off. Thanks for your patience and support of these measures. Please ensure you develop your own temporary name badge with student and family name and the class name for this year for you child until we can supply you with these for your windscreen.

#### **Parent Information Night: 16 February 2023**

PIN will take place on Tuesday 16 February starting promptly at 6pm. This is an opportunity to link with your class team and hear all the nitty gritty practical details about the class and what your teaching team need from you to assist the cause of learning for our students. Each class will suggest some items (Wish List) that parents may wish to group together and provide funds for so that these can be purchased for your specific class needs. More information will be sent by your class team shortly. All classes will be meeting their parents at the Wahroonga

campus including our satellite classes on the night.

#### **Individual Education Plan Meetings:**

IEPs will be held in Week 6 starting from Monday 27 February through to Friday 3 March and your class team will let you know nearer the time of the particular day and booking arrangements and details. These important goal setting meetings can be held face to face or via Teams if you prefer. You are welcome to involve external therapists at these meeting to assist in the close cooperation between home and school as the goals for this Semester are set for your child or young person. It will be a pupil free day on the day of your child's IEP meeting. Child minding for St Lucy's students will be available for the IEP meeting and specialist meetings at Wahroonga campus.

Please note that satellite class IEPs will be held at Wahroonga campus not the respective host school sites unless otherwise specified by your class teacher.

#### **Parent Contact Details**

You should have received an email with your Parent Lounge login details. Please login and update your contact details, emergency contacts and permissions. If you have any questions, please contact [kerried@stlucys.nsw.edu.au](mailto:kerried@stlucys.nsw.edu.au). Please save any updates by Friday 10 February.

#### **Assisted Transport**

The Department has asked us to advise parents that they have had a heavy load at the moment and are asking for patience with processing of variations. Any issues with transport please contact the contractor in the first instance and then Leigh-Ann Hibbert ([leigh-annah@stlucys.nsw.edu.au](mailto:leigh-annah@stlucys.nsw.edu.au)).

#### **Student absences or changes to drop off or pick up arrangements**

You can now use Parent Lounge to advise of us of any student absences. If you have any difficulties with Parent Lounge please let us know via email [absent@stlucys.nsw.edu.au](mailto:absent@stlucys.nsw.edu.au). We also ask if there are any changes to drop off or pick up arrangements that you email [absent@stlucys.nsw.edu.au](mailto:absent@stlucys.nsw.edu.au).

#### **Student Medications**

If you wish to advise us of any changes to a students medication please email Kathleen Walsh on [kathleenw@stlucys.nsw.edu.au](mailto:kathleenw@stlucys.nsw.edu.au) and we would ask that you copy in [absent@stlucys.nsw.edu.au](mailto:absent@stlucys.nsw.edu.au) in the event of Kathleen being away.

#### **School Uniforms**

School uniforms for our Wahroonga campus can be ordered via Flexischools. If you have any questions about our school uniform please contact Patricia [Patriciam@stlucys.nsw.edu.au](mailto:Patriciam@stlucys.nsw.edu.au).

If a student attend one of our satellite classes please contact Kerrie Dietz [Kerried@stlucys.nsw.edu.au](mailto:Kerried@stlucys.nsw.edu.au) for further information.

**David Raphael**  
Principal

## SKOOLBAG APP

For families new to Skoolbag, we encourage you to download the app. We publish our newsletter on this and send notifications to families through this communication platform. Please visit <https://www.skoolbag.com.au/installation-instructions/> to see instructions on how to download the app.



## ST LUCY'S SOCIAL MEDIA

St Lucy's social media platforms are a great way to see what is happening around the school as well as see upcoming workshops or events that may be of interest to you.



You can follow **St Lucy's Facebook page** by using the following link:  
<https://www.facebook.com/STLUCYSSCHOOL>



You can follow **St Lucy's Instagram page** by using the following link:  
[https://www.instagram.com/stlucysschool\\_wahroonga/](https://www.instagram.com/stlucysschool_wahroonga/)

### St Lucy's P&F Facebook page.

The Parents & Friends have set up a closed Facebook page for parents to message useful information to each other. If you would like to join this closed group please see the ad below. Only parents of enrolled students are members.

**Join Our Facebook Community**

**How to find our group:**  
Search for "St Lucy's Parents and Friends Community" or follow the link <https://www.facebook.com/groups/283397009022692> after answering some questions, an admin member will verify and approve your access.

**About our private Facebook group:** it's accessible only to parents & guardians of currently enrolled students at St Lucy's School. Created and maintained by parents, this group is a fun, helpful and safe place to connect with other parents. With the aim of building rapport, creating opportunities to connect and strengthen our school community.

**The Group Rules are simple:**

1. Always follow the Parent Code of Conduct.
2. No School Grievances
3. Be Kind and Courteous
4. No Promotions or Spam
5. Respect Everyone's Privacy
6. We're all in this together

**JOIN NOW**

**PARENTS & FRIENDS**

## PARENT LOUNGE

We are excited to announce Parent Lounge is now active for St Lucy's parents. You can access the parent lounge via a web browser <https://stlucys.nsw.tass.cloud/parentlounge/login.cfm>. We recommend using Chrome or Safari.

Please follow the directions below to log in and set your password then please check the following:

**Parent Details > Address Detail** – ensure your details and emergency contact details for your child are correct.

**Student Absences >** submit notification of absences.

**Student Details > General Details> Photo Permissions** – Please check your child's photo permissions are correct.

**Student Details > Medical Details** – Please ensure your ambulance permissions are up to date.

\*Further information about ambulance and photo permissions can be found under School Links>More Information

When you first go the parent portal select Forgot Password link enter your username, email address and the security code shown on the site. This will then send you an email allowing you to set your own password.

# STUDENT HIGHLIGHTS FOR FIRST WEEK OF SCHOOL!





## CREATIVE ARTS NEWS

The Creative Arts Team is looking forward to welcoming the students back to the studios where creativity, artistry and collaboration is key!

Our Creative Arts Projects - after school programs - will begin the week starting Monday 13th February.

### Monday 13th

- Theatre Project
- Art Project (Monday Group)

### Tuesday 14th

- Dance Project (Tap Group)
- Dance Project (Senior Jazz Group)

### Wednesday 15th

- Art Project (Wednesday Group)
- Dance Project (Junior Jazz/Ballet Group)

If you would like any more information about the after school creative arts programs, please contact me at [alip@stlucys.nsw.edu.au](mailto:alip@stlucys.nsw.edu.au)

Kind regards,

Alessandra Picone  
Head of Creative Arts



## RELIGIOUS EDUCATION AND PASTORAL CARE

### Opening School Liturgy

This year, we are very excited that we have fewer restrictions related to coming together as a community for praise and worship.

Today, during assembly time, the Primary School celebrated the Opening School Liturgy.

The Gospel Passage the students listened to was The Road to Emmaus. Located in the final chapter of Luke's Gospel, The Road to Emmaus is a simple yet beautiful story about two of Jesus' disciples who are deeply distressed and confused, as they are trying to come to terms with Jesus' death.

They then find themselves in deep conversation with the risen Jesus himself, only, they do not recognise him. When they finally get to Emmaus, they invite this mystery companion to stay with them and instead of continuing in his journey, Jesus agrees.

When they are at the table, Jesus gives thanks and breaks the bread with them: it is then that they recognize Him. Immediately, Jesus disappears, and they rush back to Jerusalem that very evening, find the 11 apostles, and tell them what happened.

The ancient wisdom in this story remains relevant, because so often it is easy for us to become blinkered and lose sight of the love, joy and hope that is always present in our daily lives.

If you would like to see a copy of the booklet, please click on this link: <https://indd.adobe.com/view/71cd80d3-5fdf-4fe9-857d-9fd1f0338acd>

Elizabeth Webster  
Head of Mission and Identity K-12  
Class Teacher

# HIGH SCHOOL HIGHLIGHTS

Year 11 have started their new Technology Life Skills Unit on Agriculture. We started the unit off by looking at different foods and fibres and discussing what they are, what they are made from and where they come from.



# Introducing our Post School Transition Coordinator Elisa Mandis



Dear Parents and Families

A warm welcome to you all for 2023! I am very excited to support our students and families as we commence the Post School Options journey together. I look forward to meeting with you all at Parent Information Night.

As St Lucy's grows into a K-12 School, we are looking ahead, not only to students' secondary education, but to supporting our students in planning for meaningful and purposeful lives, beyond school.

As the Post School Transition Coordinator, I will gather information relating to students' post school goals, pathways, and support needs and connect the students and their families with appropriate services and community groups. My role is predominantly focusing on working with students and their families in Years 10, 11 and 12.

I have attached two flyers for upcoming Expos in the next few months.

**Elisa Mandis**

St Lucy's Post School Transition Coordinator

**Save The Date!**

**The Northern Sydney Expo for people with a disability**



**Date: Thursday 4<sup>th</sup> May 2023**

**Venue: The Concourse Chatswood**

**Stall holders will include service providers for:**

- SLES (School Leavers Employment Support)
- Social and Community Participation
- Support Coordination
- Plan Management
- Disability Employment Services (DES)
- Australian Disability Enterprise (ADE)
- Education
- Apprenticeships and Traineeships
- The National Disability Insurance Scheme (NDIS)

Registrations for providers will be in February 2023

Please address enquiries to:  
Kerri Sommerville, Jobsupport  
0488 554 325  
ksommerville@jobsupport.org.au



**FREE ENTRY**

## My Future My Choice

Fri 31 Mar &  
Sat 1 Apr 2023

<https://nepeandisabilityexpo.com.au/>



# FAMILY SUPPORT



## ST LUCY'S PARENT "WALK and TALK"

When: Mondays (during term time)  
Where: Meet at St Lucy's front gate (Cleveland Street Wahroonga)  
Time: 9.00am-9.45am. Prams (and dogs) welcome.

If you would like to know more please email [familysupport@stlucys.nsw.edu.au](mailto:familysupport@stlucys.nsw.edu.au)  
or call Justine on 0456 681 710.



## ST LUCY'S PARENT "BEACH WALK and TALK"

When: Tuesdays (during term time)  
Where: Meet outside St Joseph's Primary School – Lagoon Street, Narrabeen  
Then onto Narrabeen Beach or Narrabeen Lake (prams welcome)  
Time: 9.00am-9.45am

If you would like to know more please email [familysupport@stlucys.nsw.edu.au](mailto:familysupport@stlucys.nsw.edu.au)  
or call Justine on 0456 681 710.

# DINNER ----- on the ----- TABLE

“Dinner on the Table was born out of a passion for good food, good cooking, and a desire to provide meaningful support to families living with disability. Founder Rachel Golding was previously an academic, her area of research was Family and Disability. Convinced that a good dinner can change your daily life, she founded the social enterprise “Dinner on the Table.” Profits from the meals sold and the events catered, go to providing free meals to families living with disability.

Rachel particularly recognises that families, like those at St Lucy’s, are doing the same daily juggle with work and kids and other community responsibilities, but also providing extraordinary care to their child with a disability.

St Lucy’s is very excited to re-partner with the team at Dinner on the Table, with a monthly delivery to the school of up to 35 (family sized) meals. Simply one task taken away to hopefully lighten your load!

If this is something you would like to be a part of, either from time to time or in an ongoing way, please let me know by either emailing [familysupport@stlucys.nsw.edu.au](mailto:familysupport@stlucys.nsw.edu.au) or calling Justine on 0456 681 710.

For more information on Dinner on The Table, please visit: <https://www.dinneronthetable.com.au>



## STAR OF THE WEEK PRIMARY AWARDS



### STAR OF THE WEEK (WEEK 1)

Aconite	Hannah Rashid	Grevillea	Corey Beadman
Azalea	Jemima McPherson	Jasmine	Jayden Wang
Bluebell	Will Statis	Lotus	Alexandra Pellegrini
Buttercup	All of Buttercup Class	Magnolia	Rayan Nowuram
Camellia	Natalie Eng	Orchid	Edward Price
Cosmos	Caleb Frizelle	Peony	Sanad Shahrar
Firethorn	Lachlan Childs	Sunflower	Cooper Morrison
Frangipani	Frangipani	Tulip	Sophia Dixon
Freesia	Jemima Ross	Violet	Sebastian Murray

# ST LUCY'S SCHOOL OPEN DAYS



**St Lucy's is a special education primary school and high school for children with disabilities located in Wahroonga on Sydney's North Shore.**

We invite you to one of our Open Days to see how your child will benefit from St Lucy's intensive instruction in: literacy, numeracy, social and emotional competence and independence skills in a dynamic and creative environment.

For more information contact the Enrolments Manager on 8355 3157 or [enrol@stlucys.nsw.edu.au](mailto:enrol@stlucys.nsw.edu.au). Applications close 19 May 2023.

## ST LUCY'S 2023 OPEN DAY SESSIONS:

**WAHROONGA CAMPUS** St Lucy's School, 21 Cleveland Street, Wahroonga

<b>Tuesday 07 March</b>	K-6 Open Day #1	9.15am -11.00am
<b>Wednesday 08 March</b>	High School Open Day	9.15am -11.00am
<b>Wednesday 29 March</b>	K-6 Open Day #2	9.15am -11.00am

**NARRABEEN CAMPUS** St Joseph's Primary School, 108 Ocean St, Narrabeen

<b>Thursday 16 March</b>	Satellite Class Open Day	9.15am -11.00am
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**To book an Open Day session in March, visit**

<https://www.stlucys.nsw.edu.au/enrolment-open-day-special-needs-school/>

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# ST LUCY'S SCHOOL

SPECIAL EDUCATION IN A MAINSTREAM SETTING

## ST LUCY'S SATELLITE CLASSES



**St Lucy's is a K-12 special education school for students with disabilities with Satellite classes located in Wahroonga and on the Northern Beaches.**

Our Satellite program is for eligible students whose goal is to transition to a mainstream school. Each satellite class provides students with the opportunity to engage with mainstream peers on the playground and school events.

**We have St Lucy's Satellite Classes across 3 schools:**

St Joseph's Narrabeen: Years K-1 • St John's Narrabeena: Years 2-4

Prouille Wahroonga: Years 2-4

**We invite you to our Open Day at St Joseph's Narrabeen on Thursday 16 March 2023 at 9.15am - 11.00am**

Come and see how your child will benefit from St Lucy's intensive instruction in: literacy, numeracy, social competence and independence skills in a dynamic and creative environment. Alternative tours can be arranged at other satellite campuses where appropriate through the enrolments team.

For more information contact the Enrolments Manager on 8355 3157 or [enrol@stlucys.nsw.edu.au](mailto:enrol@stlucys.nsw.edu.au). Applications close 19 May 2023.

**To book in for a tour in March, visit**

**<https://enrol.stlucys.nsw.edu.au/events/st-lucys-narrabeen-satellite-open-day-2023-03-16>**

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