



ST LUCY'S SCHOOL NEWSLETTER

In the Catholic Dominican tradition. A community enriched by difference;

inspiring learning for a life of purpose

JOY | COMMUNITY | COURAGE | TRUTH



FROM THE PRINCIPAL

Dear Parents,

Swimming Carnivals:

Year 7-12: It was so good to be blessed with great weather for our senior carnival last week. A significant number of parents attended to cheer on their charges with great enthusiasm. It was also a golden opportunity to catch up with other parents. Thanks to the class teams for assisting and Mr Gary, Mrs Julia and Mrs Edwina for all their hard work preparing our students and thanks go as well to our ever reliable swimming volunteer, Graeme.

Year 1-6: The Junior Swimming Carnival is on next Friday and I am sure many parents will be there in attendance.

Covid Update:

As you would be aware from our various notifications there has been an increase in cases among students and staff of late (as there have been in the wider community). Staff are trying hard to wear masks when indoors in close contact with the students and are testing twice a week on Monday and Wednesday to the end of term. Parents may decide to do so too but regardless, please do keep a watch out for any symptoms in your children and keep them at home if in doubt and get tested to help top the spread of infection.

Playground Pledge Update:

It is so marvellous that the Playground Pledge continues to bloom and blossom. We are now over \$46,500 which is enough to source the Climbing Frame (Spider) which all our students, young and old, enjoy so much. It is so lovely to see them perching on the Spider in control of all they survey from on high! Keep up the good work in spreading the word through your various networks. Let's all power on together to the \$200,000 goal by donating via this QR code.



Narrabeen Open Day:

We welcomed prospective new parents for our satellite class at Narrabeen this week. It was a joy to show them around and see how settled our students are this year. Well done to Sunflower and Firethorn classes.

David Raphael
Principal

17 March 2023

2023 DATES

TERM 1

22nd March

Harmony Day Liturgy 10.00am
Mufti Day for all students

23rd March - Men's Evening
6.30-8.00pm, St Edmunds College

24th March

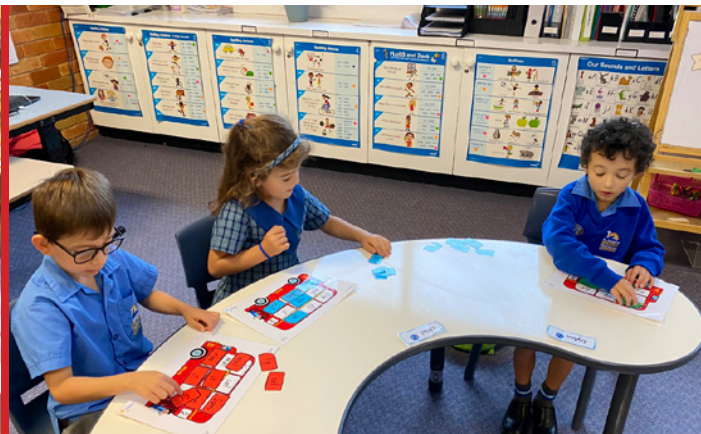
Primary Swimming Carnival

29th March - Open Day
K-6 Wahroonga 9.15am

29th March - P&F Meeting
6.30pm-8.00pm
Enter via Gallery doors

6th April
Term 1 concludes

Principal: Mr David Raphael
www.stlucys.nsw.edu.au
Ph: 9487 1277



ST LUCY'S NEEDS VOLUNTEERS



- For both Wahroonga campus and satellite classes at Narrabeen and Narrabeena
- Various areas – e.g. classroom support, excursion support, Art room or 1:1 reading program (Wahroonga campus)
- Enquiries to volunteer@stlucys.nsw.edu.au

Requirements:

- 2 hour volunteer session, one day a week for a minimum of two terms (20 weeks)
- Current Working with Children number
- Three Covid vaccinations



SAVE THE DATE



POST SCHOOL OPTIONS EXPO

EVENING

POST SCHOOL OPTIONS EXPO EVENING - 23RD OF MAY 2023

Dear St Lucy's Community/High School Families (Year's 7-11),

We are delighted to announce that St Lucy's will be holding a Post School Options Expo evening in Term 2 on Tuesday 23 May 2023 from 6:30-8:30 pm. For many of our families, finding the right services when we need them can be challenging.

Our mini expo this year focuses on bringing our St Lucy's high school families together for the chance to gather information and speak with some incredible service providers in our local and wider community. We hope it will be a wonderful event that will support all our high school families looking to explore a range of recreation and social opportunities as well as post school options for employment, independent living options and more. We hope you enjoy this opportunity to gain some fresh ideas in a familiar and community focused environment. Details to follow re registration.



Avenue



**FIGHTING
CHANCE**



Uniting

Kind regards,

Elisa Mandis

Teachers Aide

Post School Options Co-Ordinator

SENIOR SWIMMING CARNIVAL - FRIDAY 10 MARCH

Last Friday, 10/3/23, we had our first Swimming carnival of 2023. By looking at the pictures I think you can tell that they all had great fun. We are looking forward to holding the Junior Swimming Carnival (Stage 1 and Stage 2) on Friday, 24th March. The run sheet will be sent to you all shortly.

Enjoy the pictures,
All the best from the PDHPE team.



St Lucy's Junior Swimming Carnival 2023

Friday 24 March 2023

Session 1: 9:10am-10:50am Session 2: 11:30am- 13:30pm

You are invited to support our students at the upcoming
St Lucy's Senior Swimming Carnival.

Program

Session 1		Session 2	
09:10	Freesia	11.30	Firethorn**
09:30	Azalea	11:50	Lotus**
09:50	Frangipani	12:10	Violet
10:10	Jasmine	12:30	Aconite
10:30	Magnolia	12:50	Bluebell
10:50	Break	13:10	Orchid

Students will compete in events including:

Treasure Hunt, Noodle Race, Swimming Race, Volleyball Shootout

NOTE: Each group does all their events in a row. All times are subject to change.

*As soon as your child's swimming session has been completed you may leave

**Firethorn and Lotus classes please use reading room and library to change and have as a base.

RELIGIOUS EDUCATION AND PASTORAL CARE

Reminder: registrations are now open for St. Lucy's Sacramental Program, 2023

*Reminder: In our Diocese of Broken Bay, the Sacrament of Confirmation is celebrated before Reconciliation and First Eucharist.

We will run three Sacramental Programs in 2023:

Confirmation – eligibility – candidates must have been baptised and be in Year 3 or above.

Reconciliation - Candidates must be Baptised, have celebrated Confirmation and be in at least Year 4 at school.

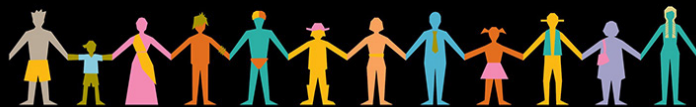
First Eucharist -Candidates must be in at least Year 4. The Sacrament of First Reconciliation (also known as Confession or Penance) is celebrated before the Sacrament of First Eucharist.

Parents and Carers - Welcome and Information Evening

Thursday, 4th May 6-7pm at St. Lucy's Wahroonga Campus in the Possibility Space.

Please email Liz Webster to register your young person, and photocopy of your child's Baptismal Certificate, even if they were baptised at Holy Name Parish. elizabethw@stlucys.nsw.edu.au

HARMONY DAY



HARMONY WEEK

Harmony Week is the celebration that recognises our diversity and brings together Australians from all different backgrounds. It's about inclusiveness, respect and a sense of belonging for everyone.

Our Harmony Day Liturgy will be celebrated on Wednesday 22nd March at 10.00am in the Performing Arts Centre. Parents and carers are invited to attend. Please note - visitors are required to wear a mask. If you wish to attend, please book by using this trybooking link:

<https://www.trybooking.com/CGUCB>.

During our liturgy, we will be praying for the elimination of racial discrimination. We will also give thanks for the cultural diversity which exists both in our school community and in Australian society.

Wednesday 22nd is also Mufti Day for all students. All are encouraged to wear orange, and/or clothing which reflects their cultural background.

We are asking for a gold coin donation please. All the funds raised will be donated to The House of Welcome.

This wonderful organisation exists to welcome, shelter, and empower people seeking asylum and refugees regardless of their age, gender, sexuality, nationality or religion. The volunteers provide client-centred holistic supports that nurture hope, advocate for justice and promote self-reliance, whilst acknowledging the dignity and the rights of everyone.

Thank you in advance for your support of our Harmony Week Liturgy and Mufti Day.

Elizabeth Webster
Head of Mission and Identity
K-12: Class Teacher



STAR OF THE WEEK PRIMARY AWARDS



STAR OF THE WEEK (WEEK 7)

Aconite	Elina Arevalo
Azalea	Maddox Wong-See
Bluebell	Axel Maloney
Buttercup	Stella Shen
Camellia	Ian Seo
Cosmos	Flynn Griffiths
Firethorn	Axl Morales Morris
Frangipani	Daisy Greer
Freesia	Ryka Kanogia

Grevillea	Inika Sandman
Jasmine	Isabel Jefferson
Lotus	Ava Szalay
Magnolia	Fred Arnison
Orchid	Rock Batchelor
Peony	Isaac Saade
Sunflower	Cooper Hutcheson
Tulip	Alex Crowley
Violet	Milla Hammer

STAR OF THE WEEK (WEEK 8)

Aconite	Max Torbarac
Azalea	Maddox Wong-See
Bluebell	Elliot Dinsdale
Buttercup	Caitlyn Shin
Camellia	Ruby Baron
Cosmos	Xavier Thorpe
Firethorn	Joshua Uler
Frangipani	Anastasia Price
Freesia	Isaac Xu

Grevillea	Max Macgugan
Jasmine	Liliana D'Silva
Lotus	Brandon Polito
Magnolia	Blake Roberts
Orchid	Joseph Oh
Peony	Kinsley Woo
Sunflower	Harvey Terry
Tulip	Chloe Kong
Violet	Luca Cohen



HIGH SCHOOL MERIT AWARDS



MERIT AWARDS WEEK 7

Acacia	Harvey Tomicki
Anemone	Oliver Zawodny
Aster	Owen Evans
Clover	Ayden Lacana
Gardenia	Jacob Hillard
Iris	Poppy Botheras
Marigold	Oscar Hay
Waratah	Gidon Budai
Zinnia	Karuka Uthayakumaran

MERIT AWARDS WEEK 8

Acacia	Christian Ding
Anemone	Daniel O'Connor
Aster	Oliver Whittaker
Clover	Tayla Tobin
Gardenia	Charli Dimmick
Iris	Xavier McKie
Marigold	Joshua Gill
Waratah	Lucas Vizcaino Lua
Zinnia	Oliver Tobin

ST LUCY'S SCHOOL

PLAYGROUND PLEDGE



1

SCAN THE QR CODE



2

Pledge and make your gift amount

3

Click on "Share cause" to share on Facebook, Twitter, LinkedIn, Email or Copy link and Click on "Fundraise for this cause" to share and create your family network gift page

4

Celebrate with your family as you watch your fundraising page grow towards our goal!

DONATE VIA THE QR CODE OR BY VISITING

<https://www.givenow.com.au/stlucysplaygroundpledge>

You can also pay over the phone by calling our Fundraising and Community Manager Lana Huntley on (02) 9487 1277



ST LUCY'S SCHOOL

PLAYGROUND PLEDGE



High School Development: Catherine Centre

During 2023/24 our state-of-the-art, architect designed Catherine Centre classrooms and specialist high school facilities will be constructed at the Wahroonga campus. This includes 12 classrooms with adjacent designated Year 7-12 adolescent centred recreational spaces as well as refurbished whole school playground spaces. At St Lucy's we believe our classrooms and related playgrounds are essential learning environments where your children, our students, form friendships and connections for life.

As government funding does not fund playgrounds, we seek your help.

Your child deserves the best most sensory and exciting play spaces to engage with others, learn in their own safe environment, explore and regulate.

The construction of the Catherine Centre requires significant earthworks beyond the building itself to help make the whole K-12 playground accessible and fit for purpose. The new playground areas will be available for your child and importantly be accessible to both our Senior and Primary students: including new swings, new climbing spider frame, new wheelchair accessible trampolines, a basketball hoop with Softfall, outdoor dance stage area, a covered walkway link to the whole school, and restored bike track and related fencing. With construction costs and Softfall and Astroturf areas, the total estimated cost is in excess of \$500,000.

Please join us, together with your family network of grandparents, aunts, uncles, neighbours, friendship groups and work colleagues. Pledge as much support as you and they can, to the Playground Pledge for the direct benefit of your child now and in the future, as they continue their educational journey with St Lucy's to Year 12.

Each new high school classroom includes a core explicit instruction teaching area with kitchen facility and social area for eating and gathering together as well as two complementary learning spaces: one for small group work and the other for student regulation. Modern toilet facilities and change places are also incorporated as well as lifts and access ramps. The Catherine Centre is situated on the campus so that our children have easy access to the oval, the bike track and swimming pool. As part of this project a renovation of an existing facility will accommodate a Vocational Education Training facility for Hospitality and adjacent dining room.

In 2017 the school was able to purchase neighbouring land. In 2020 the construction of the Dominic Centre (new K-6 classrooms) was completed and the Catherine Centre (Years 7-12 classrooms) will commence building in 2023. These two developments will accommodate specialised teaching and learning spaces needed for education in the 21st century in a specialist setting for students with a disability across K-12.

With your support the dream of you - our parents and community - can now be brought to tangible reality!

DONATE VIA THE QR CODE OR BY VISITING <https://www.givenow.com.au/stlucysplaygroundpledge>

You can also pay over the phone by calling our Fundraising and Community Manager Lana Huntley on (02) 9487 1277



ST LUCY'S SCHOOL OPEN DAY



St Lucy's is a special education primary school and high school for children with disabilities located in Wahroonga on Sydney's North Shore.

We invite you our K-6 Open Day on Wednesday 29 March to see how your child will benefit from St Lucy's intensive instruction in: literacy, numeracy, social and emotional competence and independence skills in a dynamic and creative environment.

For more information contact the Enrolments Manager on 8355 3157 or enrol@stlucys.nsw.edu.au. Applications close 19 May 2023.

ST LUCY'S K-6 OPEN DAY:

Wednesday 29 March 9.15am -11.00am

St Lucy's School, 21 Cleveland Street, Wahroonga

To attend our Open Day please visit:

<https://www.stlucys.nsw.edu.au/enrolment-open-day-special-needs-school/>



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MEN'S EVENING 2023

Dads, uncles and grandads of St Lucy's, St Gabriel's, and St Edmund's

Our first get-together this year will be held at St Edmund's College Wahroonga

When: Thursday March 23, 2023
6.30pm – 8.00pm

Where: St Edmund's College,
60 Burns Road Wahroonga

What: Drinks and a light dinner from
6.30pm followed by discussion
7-8pm

A father within our school community has written a book "Making Parenting Enjoyable." We will share some of the key points of the book to launch our discussion.

Following on from our last meeting, we will also be talking about the emotional experience of being a sibling to a child with a disability.

Looking forward to another robust discussion!

Warren and Brendan

For further information contact:

hopleywarren@hotmail.com or
Brendan.wingrave@gmail.com or
familysupport@stlucys.nsw.edu.au



Join the parent community! A great way to share the journey in a friendly environment with fellow parents who "get it"!

Hear from the Principal, share ideas and make new friends.

SAVE the DATES

Term 1: Wednesday March 29	6.30pm-8.00pm
Term 2: Wednesday May 31	6.30pm-8.00pm
Term 3: Wednesday August 16	6.30pm-8.00pm
Term 4: Wednesday November 8	6.30pm-8.00pm





Final 3 weeks!

ST LUCY'S PARENT "WALK and TALK"

Get off to a great start this school year! Make the most of the opportunity to tick off two important wellbeing essentials (at the same time)! Exercise and connect with others.

When: Every Monday in Term 1 (unless raining heavily)
 Where: Meet at St Lucy's front gate (Cleveland Street Wahroonga)
 Time: 9.00am-9.45am. Prams (and dogs) welcome.

If you would like to know more please email familysupport@stlucys.nsw.edu.au
 or call Justine on 0456 681 710.



ST LUCY'S "BEACHES PARENT WALK and TALK"

Make the most of the opportunity to tick off two important wellbeing essentials (at the same time)! Exercise and connect with others.

When: Every Tuesday in Term 1 (unless raining heavily)
 Where: Meet outside St Joseph's Primary School- Lagoon Street Narrabeen
 Then onto Narrabeen Lake (prams welcome)
 Who: Any parent of St Lucy's School
 Time: 9.00am-9.45am. Prams (and dogs) welcome.

If you would like to know more please email familysupport@stlucys.nsw.edu.au
 or call Justine on 0456 681 710.

Final 3 weeks!

Public Holiday - CLOSED



Closed for
Easter Monday
Public Holiday

Date: Mon 10 April

The Pottery Café and Rocky the Pig



Choose your own plaster sculpture, paint it and the team will glaze and fire it. After this we get to meet Rocky the Pig.

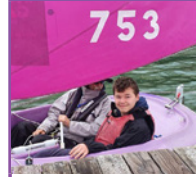
Date: Tues 11 April **Time:** 8.30am - 4.30pm

Cost: \$30 - \$45 depending on item.

Meeting Place: Cromer Community Centre

Please Bring: Medication, hat, water bottle, morning tea, lunch, afternoon tea. Weather appropriate clothes and footwear.

Sailability



Enjoy the last of the Autumn warmth out on Manly Cove before heading over to Watsons Bay on the ferry for a fish and chips lunch.

Date: Wed 12 April **Time:** 8.30am - 4.30pm

Cost: \$35

Meeting Place: Cromer Community Centre

Please Bring: Opal Card, Companion Card. Medication, hat, water bottle, morning tea, lunch, afternoon tea. Weather appropriate clothes and footwear.

Tuned into music and Karaoke



Last holidays at this session, our support workers eyes watered and their hairs stood on end. A magical music experience and you are the artist.

Date: Thurs 13 April **Time:** 8.30am - 4.30pm

Cost: \$35

Meeting Place: Cromer Community Centre

Please Bring: Medication, hat, water bottle, morning tea, lunch, afternoon tea. Weather appropriate clothes and footwear.

Alice In Wonderland



Tumble down the rabbit hole with the Australian Shakespeare Company in the Royal Botanic Garden Sydney.

Date: Fri 14 April **Time:** 8.30am - 4.30pm

Cost: \$45

Meeting Place: Cromer Community Centre

Please Bring: Opal Card, Companion Card. Medication, hat, water bottle, morning tea, lunch, afternoon tea. Weather appropriate clothes and footwear.

HARS Aviation Museum



Step inside a 747 Jumbo Jet or a F-111 fighter bomber. How about looking through a pilot's eyes and sit in the cockpit?

Date: Mon 17 April **Time:** 8.30am - 4.30pm*
Extended travel times

Cost: Age under 15: \$27. Age over 15: \$37

Meeting Place: Cromer Community Centre

Please Bring: Companion Card. Medication, hat, water bottle, morning tea, lunch, afternoon tea. Weather appropriate clothes and footwear.

Tik Tok dance off and sensory sand play



A day in centre testing those Tik Tok moves. If that's not your groove, relax at the sensory table.

Date: Tues 18 April **Time:** 8.30am - 4.30pm

Cost: \$15

Meeting Place: Cromer Community Centre

Please Bring: Medication, hat, water bottle, morning tea, lunch, afternoon tea. Weather appropriate clothes and footwear.

Sydney Modern Project Art Gallery



Check out the weird, whacky and wonderful art at the new Art Gallery before feasting our tummys on a Tiger Pie at Harry's Café.

Date: Wed 19 April **Time:** 8.30am - 4.30pm

Cost: \$30

Meeting Place: Cromer Community Centre

Please Bring: Opal Card, Companion Card. Medication, hat, water bottle, morning tea, lunch, afternoon tea. Weather appropriate clothes and footwear.

Hijinx Hotel



The challenge rooms are magical, immersive, and a WHOLE lot of FUN! Can you complete challenges and score points?

Date: Thurs 20 April **Time:** 8.30am - 4.30pm

Cost: \$35

Meeting Place: Cromer Community Centre

Please Bring: Opal Card, Companion Card. Medication, hat, water bottle, morning tea, lunch, afternoon tea. Weather appropriate clothes and footwear.

Pinata Cupcake



Surprise - what's hiding inside your cupcake? Make your own cupcake from scratch with a little hidden surprise.

Date: Fri 21 April **Time:** 8.30am - 4.30pm

Cost: \$25

Meeting Place: Cromer Community Centre

Please Bring: Medication, hat, water bottle, morning tea, lunch, afternoon tea. Weather appropriate clothes and footwear.

Pupil Free Day



Get creative, grab a group of friends and create your own day out. 1:1 support available as requested.

Date: Mon 24 April **Time:** TBA

Cost: TBA

Meeting Place: TBA

Please Bring: Opal Card, Companion Card. Medication, hat, water bottle, morning tea, lunch, afternoon tea. Weather appropriate clothes and footwear.

Please select your activities carefully and consider whether you would like to attend them, and if you are able to pay for them!

Important Notes

- Please make sure to have a charged **OPAL CARD** when required.
- Activity costs may change subject to cost variation by the activity vendor.
- Some excursions require a valid Companion Card. Please enquire if you do not already have one.

Contact: Jayne on 0437 422 121 or jayne.parums@abilityoptions.org.au

Please note: Start and end times for activities vary, please ensure you check this programs details, any changes will be notified to you via phone.

Activity Costs:

- Additional NDIS support cost required at a 1:1 or 1:3 ratio, or fee for service.
- Cancellation fees will be incurred for any changes within 7 days of the activity.

Please see your service agreement for further details.

All related Health Care Plans and Medication will require further documentation prior to registering with a program activity.

Please select which activities you will be joining by ticking the boxes below:

Name: _____

WEEK 1	8.30am - 4.30pm	DATE	COST	ATTENDANCE
The Pottery Café and Rocky the Pig		Tues 11 April	\$30 - \$45	<input type="checkbox"/>
Sailability		Wed 12 April	\$35	<input type="checkbox"/>
Tuned into music and Karaoke		Thurs 13 April	\$35	<input type="checkbox"/>
Alice In Wonderland		Fri 14 April	\$45	<input type="checkbox"/>

WEEK 2	8.30am - 4.30pm	DATE	COST	ATTENDANCE
HARS Aviation Museum		Mon 17 April	Under 15: \$27 Over 15: \$37	<input type="checkbox"/>
Tik Tok Dance off and Sensory Sand Play		Tues 18 April	\$15	<input type="checkbox"/>
New Sydney Modern Project Art Gallery		Wed 19 April	\$30	<input type="checkbox"/>
Hijinx Hotel		Thurs 20 April	\$35	<input type="checkbox"/>
Pinata Cup Cake		Fri 21 April	\$25	<input type="checkbox"/>

Pupil Free Day	Mon 24 April	TBA	<input type="checkbox"/>
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What Ability



CAMPS



What Ability camps are jam-packed with activities. Get ready for:



Jet-skiing



Beach



Bushwalks



**Animal
Care**



Cooking



Camp fires



**Group
Dinners**



**Movie
Nights**

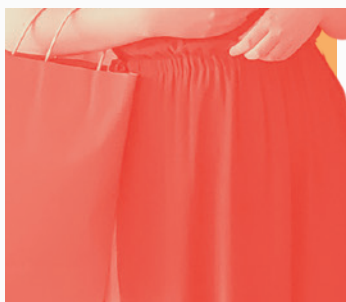
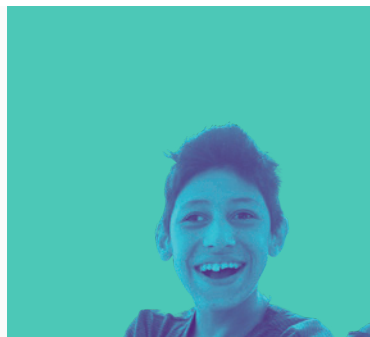
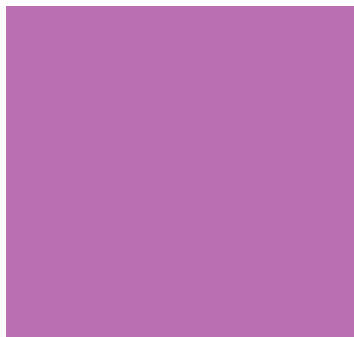
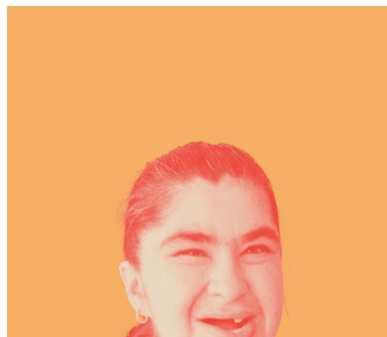
What Ability camps provide participants with 1:1 support in a relaxed, group environment. A typical stay is two nights and three days of non-stop fun! Here they are able to build meaningful friendships and develop independence through fun-filled social opportunities. What Ability is an approved Voluntary Out of Home Care (VOOHC) provider and supports participants in accordance with all relevant VOOHC requirements.

The unique experience is aimed at:

- Providing unique social opportunities
- Facilitating interactions and engagement with others of a similar age and interests
- Supporting development of meaningful friendships
- increasing independence in self care skills
- Exposing participants to new and different age appropriate activities they don't normally have the opportunity to access

To book in your spot, call 1300 358 714 or email camp@whatability.com.au

Camp Flyer Version 1.1. Last update 30/9/2022



SAHARA SERVICES

NDIS Registered Provider

School Holiday Program

For participants between 8-17 years old



April

/ 2023

SCHOOL HOLIDAY CALENDAR

11 Ninja 101

Time: 09:00 - 15:30

Activity Cost: \$29.00 + *BYO Lunch/Money (*bring your own)

12 Canoelands Orchard

Time: 09:00 - 15:30

Activity Cost: \$17.00 + *BYO Lunch/Money (*bring your own)

13 VR Quest

Time: 09:00 - 15:30

Activity Cost: \$40.00 + *BYO Lunch/Money (*bring your own)

14 Museum of Fire

Time: 09:00 - 15:30

Activity Cost: \$21.00 + *BYO Lunch/Money (*bring your own)

17 Walkabout Reptile

Time: 09:00 - 15:30

Activity Cost: \$30.00 + *BYO Lunch/Money (*bring your own)

18

Inflatable World

Time: 09:00 - 15:30

Activity Cost: \$30.00 + *BYO Lunch/Money (*bring your own)

19

Crosslands Park Kite Flying

Time: 09:00 - 15:30

Activity Cost: \$10.00 + *BYO Lunch/Money (*bring your own)

20

Sand and Scratch Art Workshop

Time: 09:00 - 15:30

Activity Cost: \$10.00 + *BYO Lunch/Money (*bring your own)

21

Amazement Fun Park and Farm

Time: 09:00 - 15:30

Activity Cost: \$34.00 + *BYO Lunch/Money (*bring your own)



TO RESERVE A SPOT CONTACT:
SAHARA HEAD OFFICE - 02 8406 0842
ENQUIRIES@SAHARASERVICES.COM.AU
VISIT OUR WEBSITE: SAHARASERVICES.COM.AU