



## FROM THE PRINCIPAL

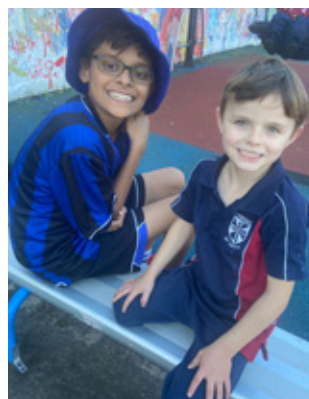
### Loreto Day Preparation Visit:

It was great to see a large number of students from Loreto Normanhurst at school this week to pair up with buddies from selected classes in readiness for our visit to Loreto Day. There was much lovely interactive play and friend making in evidence.



### Knox Buddy Play Session:

Also, this week we saw about 20 Knox students come and continue playing with our students at Primary lunch play. Once again it is great to see this resuming on a weekly basis and to see the on-going play partners enjoying playing 'tip' or ball games or 'chilling' together.



26 May 2023

## TERM 2 DATES

**Friday 02 June**

Bingo Night Fundraiser 6.30pm

**Monday 12 June**

The King's Birthday Public Holiday

**Thursday 15 June**

Zones of Regulation Workshop

See page 9 for details

**Wednesday 21 June**

Siblings Day 9.00am

**Friday 23 June**

Last day of Term 2

Principal: Mr David Raphael  
www.stlucys.nsw.edu.au  
Ph: 9487 1277

### Post School Expo:

This week our first ever Post School Expo was held thanks to Ms Elisa Mandis our Coordinator. Over a hundred parents from primary and secondary attended and interacted with about 30 service providers. There was a real 'buzz' of chat and comparing notes as parents researched possibilities for the future of their child. It was a night of great information gathering and hope for our families.



**100K**

Our Playground Pledge has reached \$100,000!  
20,000 reasons to **double-your-dollar** for our  
Playground Pledge continues

**We have remaining \$8,000 waiting to match your funds**

### Our Playground Pledge has reached \$100,000!

Thanks to our supportive and inclusive St Lucy's community of fundraisers, CrowdRaisers, companies, families, neighbours, grandparents, aunts and uncles and everyone in between, the word has got out and we have reached our first goal.

Can you believe it.. in 14 short weeks, with our generous donors matching dollar for dollar. We have even more supporters pledging their dollars to match yours.

Governments do not fund playgrounds. Without your help, we cannot reach the cost of our playground in excess of \$500,000.

**20,000 reasons:** We have remaining \$8,000 waiting to match your funds, so please keep spreading the word to make your donation go twice as far. Create your FunRun, competition, sausage sizzle or high tea event and help us to raise more dollars for our students to enjoy a purpose-built playground.

Thanks for supporting our Playground Pledge and please donate via the QR code or by visiting: <https://bit.ly/3F3z9NP> and share this link.

### P&F Bingo:

Don't forget to come along and support the P&F Bingo night next Friday 2 June. Should be a great night to have fun at the Wahroonga campus from 6.30pm-9.00pm. Bring your sense of humour, cash and credit card for games to raise funds for our new playground. See page 3 for more details or book by scanning this QR Code.

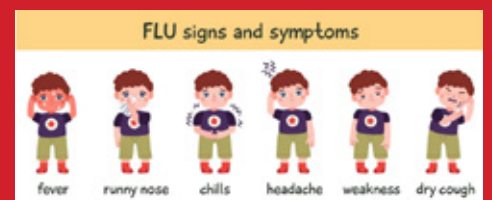


Regards,  
David Raphael  
Principal

### Covid and Influenza Procedures

We continue to ask parents to be especially vigilant about Covid and flu at this winter season. At school we continue to wear masks wherever possible indoors together to help prevent the spread of infection. A large number of both students and staff are susceptible to these infections and we wish to all work together to prevent the spread. If your child is displaying any cold/flu symptoms, regardless of if they're testing negative to Covid, they need to remain at home until symptom free to break the cycle of illnesses.

Our current school policy still remains that if your child tests positive to Covid they must isolate for 7 days and return a negative RAT on day 6 in order to return after 7 days. If someone in your household tests positive, then your child is deemed a close contact and must isolate for 5 days and return a negative RAT prior to returning to school.



B I N G O

FRIDAY 2nd JUNE

6.30PM - 9PM

BOOK  
HERE

Join us for fun and games at the  
St Lucy's Bingo Fundraiser!



BYO food and drink!

Pack a picnic or get dinner delivered  
and get ready for great prizes and  
giveaways to be won.

Tickets \$27.50 each, tables of 8 available.



## LOCAL HEROES SUPPORTING ST LUCYS

Tucked in beside the Bahai temple in Ingleside, is a large unassuming tin shed. Passers by may not even take a second glance, but inside is a hive of activity resembling Santa's grotto! A shed filled with toys that have been lovingly refurbished, cleaned and kept out of landfill by the wonderful volunteers of the The Peninsula Senior Citizens Toy Repair Group Inc

Since 2014 these men and women have been supporting our students at St Lucy's by repairing our bikes and trikes for minimal cost, and donating toys, games, and puzzles, to assist the staff at St Lucy's to meet the sensory, learning and play needs of our students.

The team at the shed, led by President Terry Cook, gratefully accept donations of toys from any member of the community. They also extend an invitation to St Lucy's families to drop in and see if they have any specific toys which may help your child (please mention that you are a St Lucy's family) as they work tirelessly to improve the lives of children in need.

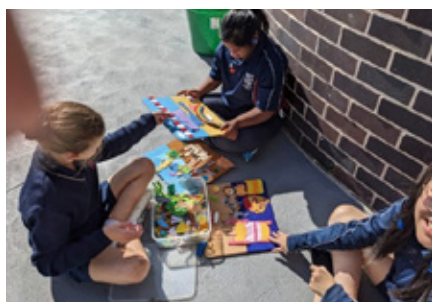
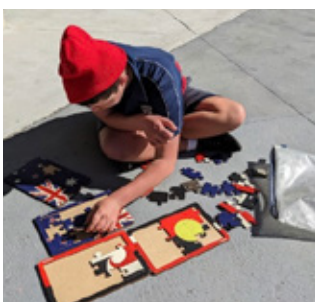
A huge thankyou to Terry and his team for the work they do to support St Lucy's community.

<https://penisulatoy.wixsite.com/my-site2>

### The team at work



### Our students benefiting from the toy shed refurbished toys



## LOTUS CLASS VISITS TARONGA ZOO TO CREATE MURAL FOR VIVID EXHIBITION

The Lotus Class and six other St Lucy's students had an unforgettable experience of combining their love of art, culture and animals at Taronga Zoo last week. They collaborated with the amazing artist, Nathan Pekham and the staff at Taronga Zoo to help create an incredible mural which is now the opening artwork at the Vivid exhibition at the zoo. As well as walking through the newly constructed Australia section at the zoo, the students also got to see animals close up in the behind the scene zoo classrooms. Some of our students were lucky enough to attend the unveiling of the artwork and along with many other students from St Lucy's, they are bursting with excitement to return to the zoo next week for the Vivid festival! A big thank you to our St Lucy's mum Anna Town for giving our students this wonderful opportunity.

Kind regards,

Siobhan O'Neill

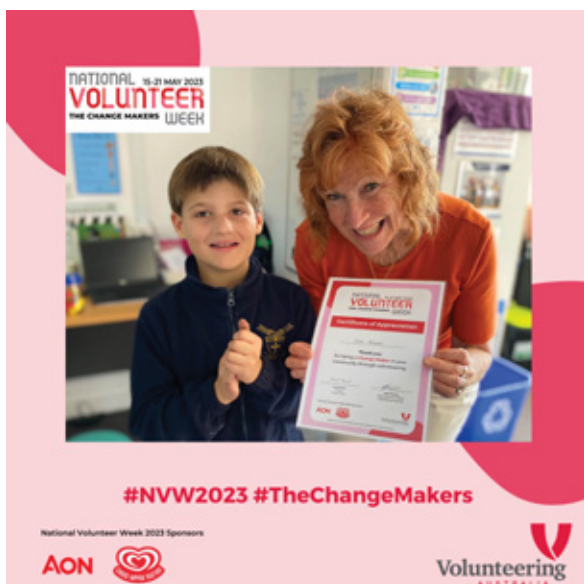
Classroom Teacher



# NATIONAL VOLUNTEER WEEK

National Volunteer Week is Australia's largest annual celebration of volunteers and their important contribution to our communities which ran last week between Monday May 15th – Sunday May 21st.

We are so lucky to have 70 active community volunteers this term at St Lucy's who help in many different areas of the school – within the classroom, in our 1:1 reading program, on excursions, in our after school creative art projects, in the canteen, uniform shop and cooking meals for family support. A big THANK YOU to all our volunteers. You are amazing!



## Mission

The month of May concludes with the beginning of Australia's National Reconciliation Week.

Thank you to the Orchid class, for preparing a beautiful liturgy, which focuses on the importance of reconciliation. Our students are always very respectful when they are provided with opportunities to engage with the culture and history of Australia's Indigenous people.

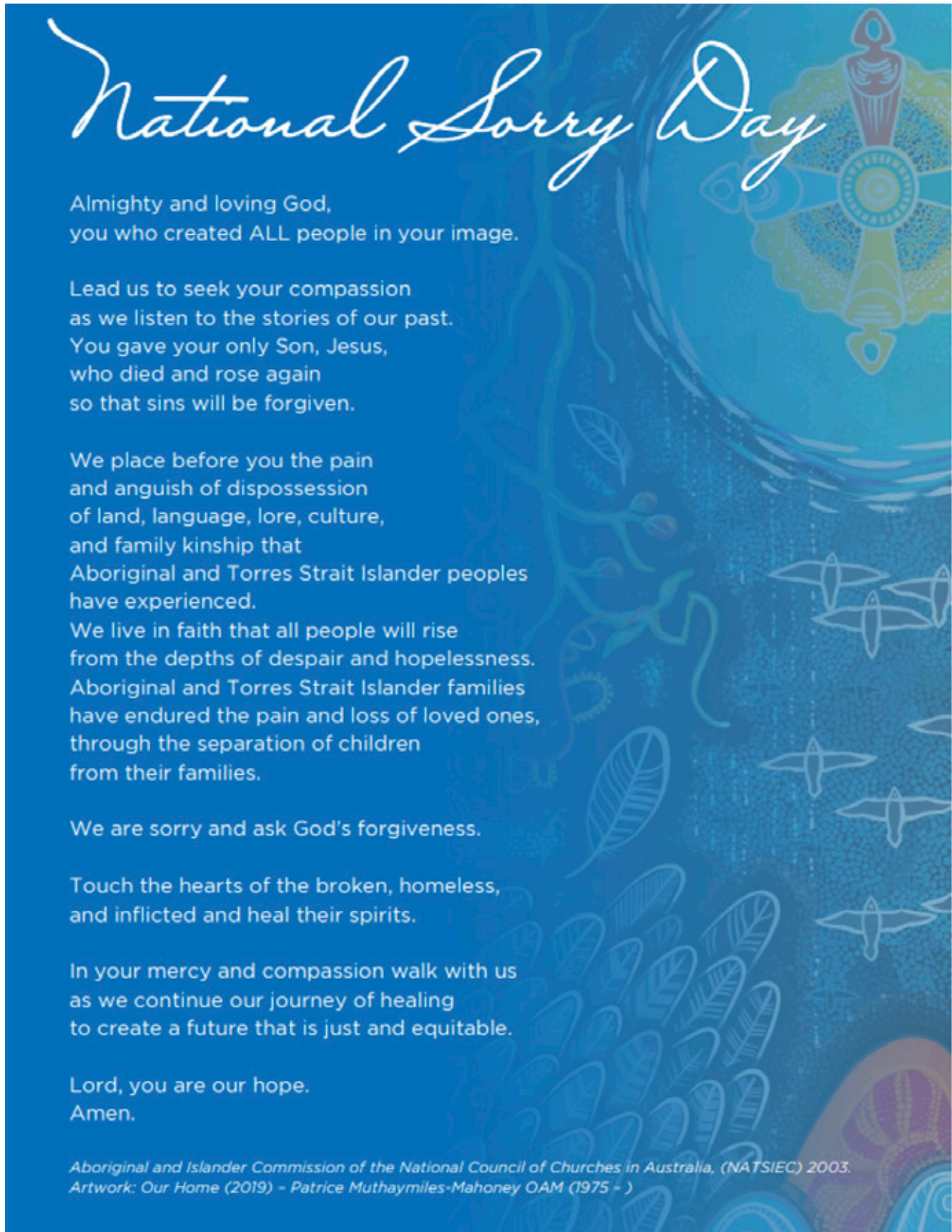
In a school where we promote Dominican Values as a way of life, we are naturally committed to expressing regret for injustices of the past. On that note, I am conscious that there has been a great deal of media attention related to the referendum which will decide whether we will enshrine an indigenous voice to parliament in our constitution.

As such, I would like to recommend Fr. Frank Brennan SJ's article, [How to Vote on The Voice](#). Here, he refers to "ten steps for Catholics inspired by our Catholic social teaching when approaching the forthcoming referendum." He recently published a new book, *An Indigenous Voice to Parliament: Considering a Constitutional Bridge*. You may be interested in the [Virtual Book Launch](#) (Fr. Frank begins speaking at 7mins 15secs). This book outlines both the 'Yes' and 'No' cases so that voters can have an opportunity to form a personal view before voting in the upcoming referendum.



## Mission

Please see below: a prayer for this year's National Sorry Day

The poster features a vibrant blue background adorned with intricate Indigenous art. A large, stylized white cursive title 'National Sorry Day' is positioned at the top left. To the right, a circular Indigenous artwork depicts a figure with arms raised, surrounded by concentric circles and patterns. Below the title, the prayer text is written in a clean, white sans-serif font. The background also includes faint, stylized depictions of leaves, feathers, and a boomerang.

*National Sorry Day*

Almighty and loving God,  
you who created ALL people in your image.

Lead us to seek your compassion  
as we listen to the stories of our past.  
You gave your only Son, Jesus,  
who died and rose again  
so that sins will be forgiven.

We place before you the pain  
and anguish of dispossession  
of land, language, lore, culture,  
and family kinship that  
Aboriginal and Torres Strait Islander peoples  
have experienced.

We live in faith that all people will rise  
from the depths of despair and hopelessness.  
Aboriginal and Torres Strait Islander families  
have endured the pain and loss of loved ones,  
through the separation of children  
from their families.

We are sorry and ask God's forgiveness.

Touch the hearts of the broken, homeless,  
and inflicted and heal their spirits.

In your mercy and compassion walk with us  
as we continue our journey of healing  
to create a future that is just and equitable.

Lord, you are our hope.  
Amen.

*Aboriginal and Islander Commission of the National Council of Churches in Australia, (NATSIEC) 2003.  
Artwork: Our Home (2019) - Patrice Muthaymiles-Mahoney OAM (1975 - )*

Elizabeth Webster  
Head of Mission and Identity  
K-12: Class Teacher



## ST LUCY'S "BEACHES PARENT WALK and TALK" TO CONTINUE IN TERM 2

Make the most of the opportunity to tick off two important wellbeing essentials (at the same time)!  
Exercise and connect with others.

When: Tuesdays 8.50am-9.50am (unless raining heavily)

Where: St Joseph's Primary School- Lagoon Street Narrabeen

Who: Any parent of St Lucy's School; prams and dogs also welcome.

Please contact [familysupport@stlucys.nsw.edu.au](mailto:familysupport@stlucys.nsw.edu.au) if you would like to know more or  
simply text Justine on 0456 681 710 if you would like to check it out.

**Join the parent community! A great way to share the journey in a friendly environment with fellow parents who "get it"! Hear from the Principal, share ideas and make new friends.**

### **SAVE the DATES**

Term 2: Wednesday May 31	6.30pm-8.00pm
Term 3: Wednesday August 16	6.30pm-8.00pm
Term 4: Wednesday November 8	6.30pm-8.00pm





## STAR OF THE WEEK PRIMARY AWARDS



### STAR OF THE WEEK (WEEK 4)

Aconite	James Deasy-Kennedy	Grevillea	Nikki Herbert
Azalea	Rose Younan	Jasmine	Jade Merrett
Bluebell	Stephen Tarantilis	Lotus	Ava Szalay
Buttercup	Beau Lyall	Magnolia	Fahad Omar
Camellia	Ian Seo	Orchid	Uriel Cheah
Cosmos	Arlo Blakeley	Peony	Talha Tanzeel
Firethorn	Archie Killian	Sunflower	Bella-Grace Inglis
Frangipani	Elliot Huband	Tulip	Alex Crowley + Heidi Foxall + Sophia Dixon
Freesia	Ryka Kanogia	Violet	Eva Quinn

### STAR OF THE WEEK (WEEK 5)

Aconite	Hannah Rashid	Grevillea	Angeline Boyadjian
Azalea	Jemima McPherson	Jasmine	Jayden Wang
Bluebell	Annabel Tantillo	Lotus	Dylan Denley
Buttercup	Caitlyn Shin + Heidi Foxall	Magnolia	Fred Arnison
Camellia	Oliver Fay	Orchid	Edward Price
Cosmos	Finn Donnelly	Peony	Sanad Shahriar
Firethorn	Vaibhav Kodali	Sunflower	Kaitlin Sinnott
Frangipani	Anastasia Price	Tulip	Chloe Kong
Freesia	Isaac Xu	Violet	Sebastian Murray



## HIGH SCHOOL MERIT AWARDS



### MERIT AWARDS WEEK 4

Acacia	
Anemone	Oliver Zawodny
Aster	Joseph MacDermid + Nathan Brown
Clover	Branson Atkins
Gardenia	Gavin Hunter
Iris	Chris Oppen
Marigold	Oscar Hay
Waratah	Gidon Budai
Zinnia	Jake Townsend

### MERIT AWARDS WEEK 5

Acacia	Anna Simpson
Anemone	Arlo Tombolato
Aster	Nicholas Antoun
Clover	Noel Ansulam
Gardenia	Luke Di Staso
Iris	Sofia Shepherd
Marigold	Pedro Boyle
Waratah	Gidon Budai
Zinnia	Bella Chen

# ZONES OF REGULATION<sup>®</sup> WORKSHOP - 15 JUNE

This workshop will support you to help your child recognise their feelings and use tools and strategies to regulate them. Learn about the program used at St Lucy's that supports students to gain skills in the areas of Self-regulation and emotional control.



Presented by our school Occupational Therapist Allanah Riches

**Date:** 15th June 2023 • **Time:** 6.00pm-7.30pm

**Booking link:** <https://www.trybooking.com/CIBJC>

**Location:** Possibility Space, St Lucy's, 21 Cleveland St, Wahroonga

**Cost:** Free! Tea and coffee will be provided

If you are experiencing any Covid/flu like symptoms please do not attend the event. All guests are required to have had 2 Covid vaccination doses. Masks must be worn while indoors.

# Magic Mania

Sunday 25<sup>th</sup> June 2023

Retina Australia and Magic Mania would like to invite any special needs children and their families from your organisation to our **mid-year magic show** It will be held at:

## Wentworthville Leagues Club,

50 Smith St, Wentworthville 2145 NSW on **Sunday 25<sup>th</sup> June 2023**

The show times are: **Show 1** - 11.00pm, **Show 2** - 1.00pm, **Show 3** - 3.00pm although we ask those needing assistance to arrive **at least 30 minutes** prior.

We are offering **FREE** tickets to this event to all special needs as well as care givers and family members who would like to attend. These tickets to you are completely **FREE OF CHARGE** and made possible by the generosity of your local business and professional people.

RSVP please, **no later than Thursday 19<sup>th</sup> June 2023**, the earlier the better though as we can then have the tickets with you in good time. If you need any further information, please do not hesitate to email Anastasia at [info@magicmania.com.au](mailto:info@magicmania.com.au)

### Anastasia Kefallinos

(Whilst our preference is to email all ticketing where possible, please advise separately if you require posted hard copies)

## FOR YOUR FREE TICKETS PLEASE

[info@magicmania.com.au](mailto:info@magicmania.com.au)

Number of TICKETS: **Show 1:** \_\_\_\_\_ **Show 2:** \_\_\_\_\_ **Show 3:** \_\_\_\_\_

CONTACT NAME: \_\_\_\_\_

ORGANISATION: \_\_\_\_\_

Your Tel/Mobile : \_\_\_\_\_

POSTAL ADDRESS: \_\_\_\_\_

OR YOUR EMAIL ADDRESS: \_\_\_\_\_

# Champions

## LIFE SKILLS

Founded in 2015, we are a boutique disability support organisation servicing Sydney from the North Shore, Inner City, Western Sydney & Northern Beaches

### TRANSITIONING

to life after  
school

### CREATING

solid foundations  
& friendships for  
life

### DEVELOPMENT

of adaptive &  
functional  
life skills

Our philosophy is to help create the best life for your Champion! We strive to always encourage and support your child while transitioning from school to the outside world! In what can be a daunting time, our inspiring mentors are there to help and create a supportive, warm and fun environment to give your Champion the best possible experience entering their adult life.

### What We Offer

SUPPORT, ENCOURAGEMENT, ACTIVE, FUN, LEARNING, LIFE SKILLS, EXCITEMENT

- Door to door pick up/ drop off services
- Encouraging environment
- Social interactions
- Permanent week day support
- Weekend support
- Weekend events
- Overnight respite
- Holidays weekends local / interstate
- Life skills (cooking, general cleaning, cash handling, speaking with cashiers)
- Self organisation
- Interaction skills

We encourage parents to share their overall goals for their Champions and we strive to work on the individual skills, goals & outcomes you wish to see!

## We would love to hear from you!

Our friendly team are here to answer your questions and help you navigate the next steps for your Champions future - get in touch with us today:

[admin@championslifeskills.com](mailto:admin@championslifeskills.com) | 0408 222 299

Visit Us:

[championslifeskills.com](http://championslifeskills.com)



ChampionsLifeSkills



@championslifeskills



# Turning 16... and Disability Supports

## Disability Support Pension (DSP)

This is payment for people who have been assessed as having a significant disability. You must meet some rules to get the Disability Support Pension. On the Services Australia website, there is a pre claim link to check to see if your young person is eligible. Your Centrelink account should be linked to myGov so you can apply online.

### Documentation needed:

- Specialist medical reports
- Allied health services reports
- School reports
- 100 points of Identification

The more supporting documentation you can gather, the better. This can take time, so we recommend you start early.

[Click here to apply](#)



## Carer Allowance

Before your child's 16th birthday, you can start gathering supporting documentation to go with the DSP application. The ADAT is an assessment tool that carers and the child's health professional must use. Documents may include:

- Proof of ID
- Letter from GP
- Specialist medical reports

[Click here to apply](#)

## Companion Card



The Companion Card allows a cardholder's support person free entry into participating venues and events. The support person may be a family member, support worker/paid carer, volunteer or friend. Eligibility and more information by clicking here:

[Click here to apply](#)

## Other Useful Links

### Apply for a photo card



[Apply for a Photocard](#)

### Apply for a Medicare Card



[Apply for a Medicare Card](#)

### Apply for a Tax File Number



[Apply for a Tax File Number](#)