



## FROM THE PRINCIPAL

### Men's Group Meeting:

The next Men's Group meeting will be held at St Edmund's College on Thursday evening 10 August from 6.30pm for dinner followed by discussion at 7pm.

The topic for discussions is 'Moral Injury'. Moral Injury describes the challenge of simultaneously knowing what care a person needs but being unable to provide it due to constraints that are beyond one's control. We will be discussing examples of difficult decisions you have had to make for your child over the years and the stress that it has caused. We will be exploring any steps you took to manage the stress.

Warren Hopley: [hopleywarren@hotmail.com](mailto:hopleywarren@hotmail.com)

Brendan Wingrave: [brendan.wingrave@gmail.com](mailto:brendan.wingrave@gmail.com)

Justine Spurrs: [justines@stlucys.nsw.edu.au](mailto:justines@stlucys.nsw.edu.au)

Please do let any of the above contacts know if you are attending for catering purposes.

### Playground Pledge:

I am delighted to let you know that our Playground Pledge which we thought had ended continues organically with your continued support from your family, friends and business networks.

At the end of Term 2, I reported we had raised an amazing \$129,000 by the end of the financial year.

Since that time and over the last 5 weeks, the Pledge has continued to receive donations and has grown to a total of \$132,000 through the holidays and to date. With the overall cost of the new playground being in excess of \$500,000, this is a wonderful result.

We now have Oliver's grandparents Bob and Moira Starkey about to embark on walking the Camino in France to raise funds for our Playground Pledge. The Camino is a Christian pilgrimage route which began hundreds of years ago. The Starkey's have walked part of the Camino in 2017 and in doing so, raised an amazing \$16,000. Through their generosity and with the support of the St Lucy's community, they are doing it again! Watch their journey through St Lucy's social media pages and their Facebook page:

<https://www.facebook.com/profile.php?id=100066625000751>

Anyone can donate via: <https://www.givenow.com.au/cr/caminowalkstlucy>

What an amazing community of support we have here at St Lucy's. Thank you all so much.

**04 August 2023**

## TERM 3 DATES

**Thursday 10 August**

Sacrament of Reconciliation  
10.00am

**Thursday 10 August**

IEP Evening - 3.30pm – 6.30pm

**Thursday 10 August**

Men's Evening 6.30pm

**Friday 11 August**

IEP Day - 8.00am– 4.00pm

**PUPIL FREE DAY**

**Friday 18 August**

St Dominic's Day

**BLACK & WHITE MUFTI DAY**

**Friday 25 August**

Book Week Parade

**DRESS-UP PARADE (PRIMARY)  
CRAZY SOCKS (SENIOR)**

**Wednesday 30 August**

Father's Day Liturgy 9.30am

**Friday 15 September**

P&F Trivia Night 6.30-9.00pm

**Friday 22 September**

Last day of Term 3

### **Loreto Normanhurst Visit:**

Last Friday at Primary Assembly we were delighted to host the students from Loreto who had helped organise their Loreto Day where several of our classes had the pleasure of attending their school last term. Our students were able to present them with some gifts to thank these supreme organisers from Loreto for all their hard work. It was an eye-opening experience for the girls to witness one of our free ranging assemblies so unlike their own!

### **Birthday Celebrations:**

At each of our Primary and Secondary assemblies we celebrate student birthdays. The staff also more privately celebrate their own too. This weekend marks the occasion of Sister Helen's birthday which involves a significant zero. So, we all take this opportunity to congratulate Helen and thank her for her continuing work with us as our Chaplain. The staff marked the occasion with a breakfast this week in her honour. I know classes will also congratulate Sister Helen too in their own way.

### **IEP Meetings Next Week:**

Our online booking through Parent Lounge has now closed. If you have not yet arranged a time to come and meet with your Teaching Team please contact your Teacher to find out times they have available. These goal setting and sharing meetings between home and school are important. Feel free to bring along relevant external therapists as well to assist the cause of cooperative planning for the benefit of the students in our care.

David Raphael  
Principal

## **MEN'S EVENING - Thursday 10 August**



Dads, stepdads, uncles and grandads of St Lucy's , St Edmund's, and St Gabriel's.

The next meeting will be held at St Edmund's College Wahroonga.

**When:** Thursday August 10, 2023; 6.30pm- 8.00pm • **Where:** 60 Burns Road Wahroonga

**What:** Light dinner and drinks from 6.30pm followed by discussion 7pm-8pm.

The topic suggested for discussion is "moral injury". Moral injury describes the challenge of simultaneously knowing what care a person needs but being unable to provide it due to constraints that are beyond one's control. We will be discussing examples of difficult decisions you have had to make for your child over the years and the stress it has caused. We will also be exploring any steps you may have undertaken to manage the stress.

Looking forward to another robust discussion!  
Warren and Brendan

#### **For further information contact:**

Warren Hopley: [hopleywarren@hotmail.com](mailto:hopleywarren@hotmail.com)

Brendan Wingrave: [brendan.wingrave@gmail.com](mailto:brendan.wingrave@gmail.com)

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# SAVE THE DATE

# TRIVIA NIGHT!



**15 September**  
6.30pm-9.00pm  
More information  
to come soon.

## PROGRESS PHOTOS OF THE CATHERINE CENTRE CONSTRUCTION PROJECT



30 June 2023



30 July 2023



# RELIGIOUS EDUCATION AND PASTORAL CARE

## St Lucy's Sacramental Program

Last week, we commenced our preparation program for the sacrament of Reconciliation.

In the Diocese of Broken Bay, the order of reception of the sacraments is Confirmation, Reconciliation, Eucharist. Children are usually prepared for these sacraments in Years 3 and 4.

In Christian tradition, liturgy is understood as the participation of the People of God in "the work of God." Through us, Christ continues to inspire people to experience joy, act with justice and become seekers of truth. As such, the purpose of Sacraments is to make people holy, to build the body of Christ and to give worship to God. During our sacramental program, we show the students how they can nourish, strengthen, and express their faith.

The candidates have been very receptive to the ideas expressed in key Gospel passages, such as The Parable of the Good Samaritan and The Parable of the Lost Sheep. As part of the St. Lucy's community, the students share in the mission of the Dominican sisters, a mission grounded in Jesus' commandment to "love one another as I have loved you".

Please pray for our students as they move closer to their reception of the sacrament of Reconciliation, which will take place on Thursday, 10th August.



## Celebrating St Dominic's Feast Day – Friday, 18th August 2023

Dom's Day provides our students and staff with an opportunity to celebrate our identity as a Dominican Family. Our liturgical celebration will be centred around our core values, with an especially strong emphasis on joy.

We will also give thanks for the Dominican Sisters, who, over 150 years ago, arrived from Ireland to bring a Catholic, Dominican education to our young people. These women were incredibly courageous and had truth as their motto.

On this very special day, we invite students to wear our Dominican colours: black and white. We will have some visitors from Santa Sabina joining us on the day: 12 student leaders from Santa Sabina College are coming to share in our festivities.

Parents/caregivers are invited to attend our liturgy, which will commence at 10.30am. It will take place in our Possibility Space. All visitors are asked to please sign in at the Gallery door.

Places are limited, so please ensure you use the link to register a place. <https://www.trybooking.com/CKCBK>.





# RELIGIOUS EDUCATION AND PASTORAL CARE

## **Celebrating Significant Father Figures: classroom liturgy and visit.**

**When?** Wednesday 30th August at 9.30 am.

**Where?** Please sign in at the Gallery door, and then you will be taken to your young person's classroom.

Our students are looking forward to welcoming Dads and/or the significant males in their world to their classroom for a liturgy and class activity. Our young people love participating through readings, prayers and are preparing special messages to share.

Just a reminder that your child's class team requires a picture for the class Power Point they can use, so if you haven't already shared one, please send an image directly to your young person's class team.

Please use this [link](#) to RSVP – no later than Monday 28th August.

<https://www.trybooking.com/CKCAU>



## **Dov's Loaves of Love**



On Thursday 27th July, Dov's family held a Challah Bake in memory of Dov. Some St Lucy's staff attended, and from all accounts it was a beautiful evening. It was commented that "The room was full of so much love and kindness as we baked and baked 100's of loaves of bread to share with loved ones, neighbours, and those in need".

The next day, the Kresner family, and some wonderful volunteers from the aforementioned, Our Big Kitchen in Bondi, continued baking to spread more kindness to our St Lucy's community and delivered many loaves of bread for staff to take home and share with loved ones.

Elizabeth Webster

Head of Mission and Identity

K-12: Class Teacher





## St Lucy's Book Week Activities

Our special Book Week celebrations will commence on the 21st August through to the 25th August 2023.

The Theme is 'Read Grow Inspire'. So, let's get curious and support our student's learning.

We will be having our Annual Book Week 'Dress up Parade' on Friday 25th August 2023, straight after Primary Assembly, 9:30am. The Primary School students will parade around the oval in their character costumes while the High School Students will share their 'crazy socks' styles in class with their peers.

We would like to invite parents to our annual Book Week Parade event and hope everyone gets involved and enjoys our special Book Week this year.

Kind regards,

Liz van Zoggel

Classroom Teacher, Stage 2 and 3 Facilitator



## ST JOHN'S ATHLETICS CARNIVAL

The Lotus Class were superstars and super sports at the St John's Athletics Carnival on Monday. They participated in the long jump, discus and shot put for field events and after having so much fun in the 100m race they then did the 200m as well! Awesome effort Lotus Class!





## STAR OF THE WEEK PRIMARY AWARDS



### STAR OF THE WEEK (WEEK 2)

Aconite	James Deasy-Kennedy	Freesia	Isaac Xu
Azalea	Jemima McPherson	Grevillea	Ruby O'Brien
Bluebell	Sawyer Langan-Stark	Lotus	Brandon Polito
Buttercup	Beau Lyall	Magnolia	Gus Lindsay
Camellia	Billy Garrod	Orchid	Edward Price
Cosmos	Quinn Markham	Peony	Aiden Williams
Firethorn	Vaibhav Kodali	Sunflower	Bella Grace Inglis
Frangipani	Elliot Huband	Violet	Luca Cohen

### STAR OF THE WEEK (WEEK 3)

Aconite	Hannah Rashid	Grevillea	Matthew McArthur
Azalea	Leo Donath-Hale	Jasmine	Jordan Sriprom
Bluebell	Will Statis	Lotus	Dylan Denley
Buttercup	Diesel Grey	Magnolia	Rayan Nowuram
Camellia	Ian Seo	Orchid	Orlando Seibel
Cosmos	Xavier Thorpe	Peony	Jordan Szeto
Firethorn	Lennox Pollock	Sunflower	Cooper Hutcheson
Frangipani	Orlando Guidaci	Tulip	Chloe Kong
Freesia	David Salsano & Joshua Drummond	Violet	Olivia Ma



## HIGH SCHOOL MERIT AWARDS

### MERIT AWARDS WEEK 2

Acacia	Anna Simpson	Iris	Chris Oppen
Anemone	Daniel O'Connor	Marigold	Pablo Rostirola
Aster	Nathan Brown	Waratah	Mia Richardson
Clover	Noel Ansulam	Zinnia	Paddy Sweeney
Gardenia	Gavin Hunter		



### MERIT AWARDS WEEK 3

Acacia	Leo Papa	Iris	Xavier McKie
Anemone	Finlay Jameson-Vine	Marigold	Eddy Livingstone-Foggo
Aster	Tiarnan Malone	Waratah	Addison Williams
Clover	Ayden Lacana	Zinnia	Jack Olling
Gardenia	Jacob Hillard & Matthew Beadman		





# Thank You!

Thank you to the following people and companies for your generous donations which will be used for our Christmas raffle or upcoming fundraising evenings:

**Scott and Mel Kieran**

For donating their Palm Beach House



HORNSBY



If you know anyone in your community or workplace that would like to donate a prize towards a St Lucy's Fundraising event this year such as our raffle or online auction, please contact Alex Fisher on 9487 1277 or email [alex@stlucys.nsw.edu.au](mailto:alex@stlucys.nsw.edu.au)





# Guardianship and Estate Planning for people with a disability

## Wednesday 6 September 6-8pm

Lawyers from Coleman Greig, Stephen and Lara will be running a general information session for our families who want to learn more about the definition of Guardianship and NCAT financial management. They will also discuss Special Disability Trusts and their uses and alternatives.

**Where:** St Lucy's School. Enter via gallery.

**Time:** 6.00pm-8.00pm

To attend, please book via trybooking:

**<https://www.trybooking.com/CKCCQ>**

*Face to face or online option available.*

**RSVP BY: 28 August • Cost of \$20 per person**

Family members and carers over 18 are welcome. Limit of 4 people per family.

If viewing the session online, you will be emailed the teams link after booking.





## NDIS Planning Checklist

### What to Bring/Provide:

- ☐ Printed copies of reports from therapists/doctors (single sided, not stapled – to make it easier for scanning if your meeting is in person)
- ☐ Quotes from providers for requested services
- ☐ Prescriptions and Quotes for your larger custom assistive technology requirements
- ☐ Support person – you are allowed to bring whoever you like, but It's often best not to bring a provider as they may have a conflict of interest (an exception might be an independent support coordinator if you have one). You could bring a friend or a family member, or an advocate if you choose – your ECEI, LAC or Planner can help arrange this.

### Printed document that contains:

- ☐ About Me statement (this can be short – doesn't affect funding)
- ☐ Statement of Lived Experience (also known as an Impact Statement or Participant or Carer Statement) – less than a page is best
- ☐ List of your goals (seven or less is easiest for planners, but there is no legal limit)
- ☐ A list of all your current supports – medical professionals, disability supports and services, therapists, and community groups and activities
- ☐ A FCA (Functional Assessment is GOLD) to support funding

The better prepared you are, and the better evidence you supply, the better the outcome.



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## Preparing for Healthcare Transition – 2023 dates

**Preparing for**  
**health care transition**

Are you aged 14-17 years old or caring for a young person in this age group? Are you interested in finding out more about healthcare transition?

Join our FREE online event and hear about what to expect and how you can prepare for your transition to adult health services.

- When: Multiple dates available throughout 2023. Why not advance book now for later?
- Where: Online (Zoom)
- Register now: <https://www.eventbrite.com.au/e/preparing-for-transition-to-adult-healthcare-tickets-491450189747>



"Having that extra help from Trapeze makes me really confident."

Brad, 19 years



Watch our videos. Meet Joshua.



Read our blogs. Meet Rebecca.



When your child with a significant disability turns 16, they can usually apply for a Disability Support Pension (DSP) .

## Myth Busters



1 Full-time school students can apply for DSP if they meet the criteria. Being at school doesn't affect eligibility! 🏫👤

2 Parental income and assets don't count. There's no income/assets test for parents. 🏠💰

It's tough to hear about 18-year-olds with disabilities missing out on two years of payments from Centrelink. 😞 So, here's what you need to know:

Before your child turns 16, if you receive Carer Allowance and/or Carer Payment, Centrelink will send paperwork for you to reapply. This won't happen automatically, so make sure to complete the forms! 📧

Centrelink DOESN'T send the paperwork for DSP and Pensioner Education Supplement automatically though. You'll need to call, go online, or visit them for the forms. Do this a few months before your child turns 16! 📞💻👤

## A few helpful tips: 😊

1. The forms can sometimes be tough and disheartening. Get help if you can (try making an appointment with a Centrelink Social Worker or discuss with your Support Coordinator – they are there to help you !)

2. Opening a bank account (or two!) in your child's name and getting their Tax File Number (TFN) before they turn 15 will make your life easier. 🏦

3. When your child starts receiving DSP, some of your Family Tax Benefits may stop or reduce. 💰 Some people think their total family income will drop when their child is not yet getting the full pension (aged 21), but I've never yet found that to be the case – usually people have forgotten to apply for Pensioner Education Supplement as well.

4. Apply for DSP early – you can send in the forms three months before your child turns 16 (it can take a looong time to process! <https://www.servicesaustralia.gov.au/disability-support-pension>)