



FROM THE PRINCIPAL

Dear Parents,

Welcome Back:

I hope you managed to juggle some time to be with loved ones these holidays. I know many took the opportunity of the Holiday Program at School in the first week to assist with family time. Thanks to the staff for their organisation, planning and delivery of the Holiday Program and especially Lynne Pinker and Ali Picone.

Royal Commission Recommendations into Disability:

You will be as shocked as I was that one of the recommendations from the Royal Commission was the dismantling of Special Needs Schools such as St Lucy's by 2051. Although I note it was a split decision across the 6 Commissioners with three in favour of full inclusion of students with disability in mainstream settings and three Commissioners suggesting alternatives. Certainly, the alternative suggestions seemed to me to be very much in keeping with the custom and practice of St Lucy's both at Wahroonga and in our Satellite program by partnering with nearby schools in a variety of activities to expose our students to mainstream settings and students and experiences of inclusion.

One of our parents advocated for St Lucy's after the recommendations were made public and consequently the ABC were interested to interview the parent as well as myself and visit the school to see for themselves the type of inclusive programs and activities we use here. The material will be included in a 7.30 Report program shortly and have discussion of both sides of the argument. It should be noted that the Recommendations of the Commission will be responded to by the Federal Government early next year.

In the meantime if you have a view on the matter feel free, if you so wish, to write to your local State and Federal members of Parliament as well as advocate for your choice and continuing experience of St Lucy's for your child and young person and the social good we provide.



Building Progress:

During the recent holidays COWYN Building Group have made continuing excellent progress on the Catherine Centre (12 secondary classrooms). The next steps are the excavations within the new external play areas; form work and reinforcement to the recently poured first floor slab; final major concrete pour on the first floor slab (this will be the last major pour for the project); form work and reinforcement of the columns to first floor. Enjoy the photos of the latest progress.

13 October 2023

TERM 4 DATES

Friday 27 October
Grandparents Day

Thursday 2nd November
Mens Evening (St Lucy's)
6.30pm-8.30pm

Thursday 9th November
Rainbow Obstacle Course

Friday 17 November
Year 10 Formal 6pm

Friday 24 November
Oak Hill Day

Friday 1 December
Year 6 Graduation Ceremony

Friday 8 December
Final Assembly 10.00am

Tuesday 12 December
Carols Concert/last day of Term

Principal: Mr David Raphael
www.stlucys.nsw.edu.au
Ph: 9487 1277



Building progress photos

Artist is Me Day and Friendship Liturgy:

Friday marked our annual day to commemorate those friends we have lost at St Lucy's over the years in the student body and enjoy the creative arts as a way of celebrating their connections and friendships in the Artist Is Me activities. Thank you to Ali Picone and Liz Webster for organising these important ways of remembering as well as celebrating. It was so lovely to see our students in all their bright colours celebrating their friends.



Satellite Classes and the Catholic Schools Office, Broken Bay (CSBB) and Bishop's Vision:

I would like to provide all parents across the school community with an update on the most recent outcome of negotiations and discussions with the Catholic Schools Office, Broken Bay (CSBB) regarding the satellite locations at Narrabeen and Narraweena and at Prouille. After representations from our trustees Dominican Education Australia (DEA) and St Lucy's Board, the Bishop/CSBB has not granted further time at the Narraweena campus for a St Lucy's class beyond December 2024 but has done so for an additional year at Narrabeen by allowing the continuation of the two classes for two years ending in December 2025.

Regarding the Prouille satellite location: I can confirm the Prouille satellite will cease at Prouille in December 2023 as previously communicated. It has been confirmed that two classes for 2 years (2024 and 2025) will be made available at Sacred Heart Catholic Primary School, Pymble as the alternative site for the Prouille satellite classes.

I want to reassure all parents that the St Lucy's Board is committed to continue the satellite program. We are actively looking for partner schools in the wider northern beaches area for 2025 and onwards as well as further afield. In recent times, I have approached some 10 schools to see if they have spare classroom capacity or a small parcel of land for our use to create new satellite campuses. I will keep you posted on any progress in due course as these matters will take considerable time to negotiate.

Staff Professional Development Day

We met as a whole staff on Monday the 9th of October for our Annual Retreat Day. We were treated to a presentation by Sr Elizabeth Hellwig OP who shared the history of Dominic and the history of the first Dominican nuns who came to Australia and set up a school in Maitland. We were then encouraged to reflect on our values in action and identify our strengths, all the while listening to our hearts as we prepare for the busy Term ahead. Many thanks to Liz Webster who prepared the day for the staff.

St Lucy's 2023 Raffle is now live!

Please see our raffle on page 5 that has 9 wonderful prizes. The aim of this year's raffle is to raise funds for the Central Coast Bus Service. We would love your support in sharing our raffle with your friends, work colleagues and family. The raffle will be drawn at our Christmas Carols on 12 December 2023 at 11am. To purchase tickets online please visit <https://www.rafflelink.com.au/stlucysraffle2023>.

Ticket prices are 1 for \$10, 3 tickets for \$25, 10 tickets for \$75 and 15 tickets for \$100. If you wish to distribute flyers to assist our cause, please contact Alex Fisher via email alexf@stlucys.nsw.edu.au.

David Raphael
Principal



THE ARTIST IS ME DAY





THE ARTIST IS ME DAY





ST LUCY'S SCHOOL

RAFFLE!

9 FANTASTIC PRIZES TO BE WON!

Please support St Lucy's School by purchasing tickets in our 2023 raffle. The aim of the raffle is to raise funds for our Central Coast Bus.



1ST PRIZE PALM BEACH 2 NIGHT STAY



INCLUDES \$100 voucher at the Boathouse Group

Two nights' accommodation for 10 guests in a 5 bedroom stunning house that is 400m to beach. **Valued at \$2600!**

2ND PRIZE 2 NIGHT STAY IN MANLY



Includes \$500 cash to spend

Two nights' accommodation in a 1 bedroom Harbour View Apartment at Quest Manly PLUS \$500 cash. **Valued at \$1675!**

3RD PRIZE LADIES RELAXATION PACKAGE



A stunning collection of Palm Beach Collection products, 2 sets of Embedded blooms coasters and other pamper items. **Valued at \$500**

4TH PRIZE F1 DRIVING EXPERIENCE



Anglo Racing Academy 2 X 2 seater F1 driving experience. **Valued at \$438!**

5TH PRIZE \$200 VOUCHER



\$200 garden and homewares voucher. **Valued at \$200!**

6TH PRIZE \$200 HUGOS MANLY VOUCHER



7TH PRIZE | SYDNEY ZOO FAMILY PASS

Sydney Zoo family pass (4 tickets: 2 adults & 2 children).

Valued at \$185!



8TH PRIZE | LEGO CITY

Box of Lego to be sure to keep a 7-12 year old busy!

Valued at \$140



9TH PRIZE | VOUCHER

Butcher's Block Wahroonga dining voucher

Valued at \$100



1 Ticket for \$10 | 3 Tickets for \$25 | 10 tickets for \$75 | 15 tickets for \$100

Please visit: rafflelink.com.au/stlucysraffle2023 or scan the QR code to purchase your tickets. Drawn on 12th December 2023 at 11am.



MEN'S EVENING - Thursday 2nd November

Dads, uncles and grandads of St Lucy's, St Gabriel's, and St Edmund's
Please join us for our final get-together for 2023.



Where: St Lucy's School 8 21 Cleveland Street, Wahroonga

When: Thursday November 2, 2023: 6.30pm – 8.00pm

What: Pizza and drinks from 6.30pm followed by discussion 7.00pm-8.00pm.

Why: For robust discussion, amazing stories, loads of laughs and to support one another

To RSVP or for further information please contact:

For further information contact:

Warren Hopley: hopleywarren@hotmail.com

Brendan Wingrave: brendan.wingrave@gmail.com

Justine Spurrs: familysupport@stlucys.nsw.edu.au

FW: Beauty and the Beast - Access and Inclusion Sessions



Disney Theatrical Productions is proud to be partnering with Autism Spectrum Australia (Aspect), the Capitol Theatre and Ticketmaster to offer a relaxed performance of Beauty and the Beast on Saturday the 18th of November at 1:30 pm. This unique and inclusive performance will be tailored, from start to finish, to support audience members who may need specific support.

A relaxed performance means that audience members will be encouraged to be completely themselves during the performance; to make sounds, move around, fidget or use noise-cancelling headphones.

Aspect's Autistic staff assessed the show and recommended modifications for the relaxed performance so people with sensory sensitivities are considered and cared for at all touchpoints. Adjustments include a visual story that explains the show step by step, inclusive and welcoming language used on the official website and during the ticket-buying process, increased staff and volunteers to assist audience members, turning off all announcements throughout the theatre, and providing a quiet room and quiet spaces equipped with sensory coping tools. Amendments to the production for the cast and crew include noise reduction, keeping the house lights dim during the performance, and employing visual cues to act as a 'pre-warning' mechanism prior to potentially overwhelming scenes or moments.

RELIGIOUS EDUCATION AND PASTORAL CARE

You're Invited

Just a reminder that 7 students from St. Lucy's are celebrating their First Eucharist at Holy Name Parish on Sunday 22nd October at 11.00 am. All are welcome. There is plenty of onsite parking, and if you would like to participate in any aspect of the liturgy, please let me know as we have a range of roles on offer.



Invitation for the upcoming First Eucharist celebration

On Sunday 22nd October at 11am students from St Lucy's School will make their First Eucharist at Holy Name Parish, Wahroonga
All are welcome.

GRANDPARENT'S DAY MORNING TEA - FRIDAY 27TH OCTOBER

Grandparents
Day!

St Lucy's warmly welcomes our beloved grandparents to join us for an Open Morning on Friday 27 October, featuring open classrooms and a delightful morning tea. We can't wait to share this special time with you!

Date: Friday 27th October

Time: 9.30-11.00am

RSVP by: Tuesday 23 October

Booking link:

<https://www.trybooking.com/CMKJC>



Elizabeth Webster
Head of Mission and Identity
K-12: Class Teacher



CREATIVE ARTS NEWS

Over the break the Creative Arts Team along with some wonderful support staff ran the September Holiday Program. Students were engaged in many creative workshops and some fun PDHPE sessions. Workshops were designed around our theme of 'Classics' and so activities were inspired by famous characters and stories including Percy Jackson, Madeline, and Charlotte's Web. Thanks to everyone involved in making it a wonderful program for all! Here are a few highlights:



Kind regards,
Alessandra Picone
Head of Creative Arts

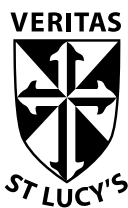


STAR OF THE WEEK PRIMARY AWARDS



STAR OF THE WEEK (WEEK 1)

Aconite	James Deasy-Kennedy	Grevillea	Corey Beadman
Azalea	Tobias van der Sluijs	Jasmine	Jordan Sriprom
Bluebell	William Stais	Magnolia	Ryan Nowran
Buttercup	Oliver Pride	Orchid	William FitzGibbon
Camellia	Noah Pereira	Peony	Aiden Williams
Cosmos	Quinn Markham	Sunflower	Harvey Terry
Firethorn	Lenny Pollock	Tulip	Mia Morrissey
Frangipani	Orlando Guidaci		
Freesia	David Salsano		



MERIT AWARDS WEEK 1

Acacia	Lachlan Hunter	Iris	Cruz Balfour
Anemone	Arlo Tombolato	Marigold	Joshua Gill
Aster	Oliver Whittaker	Waratah	Ben Sherlock
Clover	Dorothy Ding + Noel Ansulam	Zinnia	Jake Townsend
Gardenia	Matthew Beadman		

WALKING FOR ST LUCY'S SCHOOL

www.givenow.com.au/cr/caminowalkstlucy



Support Bob and Moira while they walk the Camino Trail to raise funds for St Lucy's School playground.

In 2017 Moira and Bob Starkey walked the 804km Camino from France to Spain to raise funds for St Lucy's School where Oliver their grandson attends. During their last walk, they raised over \$16,000.

This time Moira and Bob are walking 308km for Oliver as another part of the Camino and the target is to raise \$20,000 to go towards a purpose-built playground. If you wish to support them on their journey please donate by visiting <https://www.givenow.com.au/cr/caminowalkstlucy> or by scanning the QR code on this flyer.

Please follow them on their Facebook page 'CaminoStarkey' for daily updates where they will be joined by their mascot Lucy Bear!

TO DONATE
SCAN QR CODE



HELP US RAISE:

\$20,000



Moira and Bob will be walking from Leon to Santiago de Compostela between Tuesday 5 September and Saturday 23 September. Below is their itinerary:

- Day 1: Leon to Mazarife – 21km,
- Day 2: Mazarife to Hospital – 15km,
- Day 3: Hospital to Astorga – 16km,
- Day 4: Astorga to Rabanal – 20km,
- Day 5: Rabanal to Acebo – 16km,
- Day 6: Acebo to Ponferrada – 16km,
- Day 7: Ponferrada to Cacabelos – 14.5km,
- Day 8: Cacabelos to Villafranca – 9.5km,
- Day 9: Villafranca to Vega – 16.5km,
- Day 10: Vega to O Cebreiro – 11.5km,
- Day 11: O Cebreiro to Triacastela – 20.5km,
- Day 12: Triacastela to Sarria – 17km,
- Day 13: Sarria to Portomarin – 22km,
- Day 14: Portomarin to Ventas – 13.5km,
- Day 15: Ventas to Palas de Rei – 11.5km,
- Day 16: Palas ed Rei to Melide – 14.5km,
- Day 17: Melide to Arzua – 14.5km,
- Day 18: Arzua to O Pedrozo – 20km, and
- Day 19: O Pedrozo to Santiago de Compostela.



Love in every step couple take

Grandparents trek 804km to aid Oliver's learning

Coryn Metcalfe

GRANDPARENTS Moira and Bob Starkey set off on a walk on July 5 to raise money for St Lucy's School, Warramanga.

The couple, who admit there are no starting children, started their 804km Camino de Santiago walk from St Jean Pied de Port, with plans to complete the fundraising journey within 40 days.

The Moira pair have been participating in their journey on Facebook, encouraging people to donate to their cause, which will help their grandson Oliver Whitaker, of Warramanga, and his grandmother.

Since being at St Lucy's, Oliver has learnt to make friendships within the school

Since being at St Lucy's, Oliver has learnt to make friendships within the school which has changed his world," she said.

Bob, 67, and Moira, 65, are both retired. Bob is a former teacher and Moira is a former nurse. They are both avid walkers and have been walking for many years.

Oliver will be able to go and experience the world through the walk.

At Lucy's, Oliver has learnt to make friendships within the school which has changed his world," she said.

Bob, 67, and Moira, 65, are both retired. Bob is a former teacher and Moira is a former nurse. They are both avid walkers and have been walking for many years.

#Carers2023 #MillionsOfReasonsToCare

15-21 OCTOBER 2023

MILLIONS OF REASONS TO CARE

This National Carers Week we celebrate more than **2.65 million** unpaid carers in our community.



VISIT THE WEBSITE
TO FIND OUT MORE.



NATIONAL
**CARERS
WEEK**



MILLIONS
OF REASONS
TO CARE

NDIS Know-how podcast

Welcome to NDIS Know-how, a podcast series that asks parents how they get the very best NDIS plan and ample funding to support their kid.



Stories, tips and tools to navigate the NDIS

Host Melanie Dimmitt, author of *Special: Antidotes to the Obsessions that Come with a Child's Disability*, chats candidly with fellow parents and professionals in the disability space to gather stories, tips and tools to successfully navigate the National Disability Insurance Scheme (NDIS).

"Every parent and person navigating the NDIS knows that it's complex, ever-changing and, at times, a total mind-screw. Preparing for an NDIS plan meeting is a mammoth task. I hope this podcast will help to take the edge off this process, arm parents with tools to advocate for their children and secure the supports their family needs."

— Host, Melanie Dimmitt

Disclaimer: While we are aware of and are happy to let you know about support services, we are not endorsing these services and cannot promise you that the services are suitable for your child or family's needs. It is up to you to make your own enquiries and decide whether a service is suitable for your child and your family.



NSW and ACT Pathways to Post School Life

Event description

The National Disability Insurance Agency (NDIA) would like to invite NSW and ACT students with a disability in Years 9 -12, their parents, carers and education professionals, to attend a virtual information session.

This is a session about building skills and paving a pathway to post school life. We will discuss a range of NDIS-funded supports and other assistance to help young people build skills to prepare for their transition, and support them in achieving employment and other goals, post-school.

Who should attend: Students, parents, carers and education professionals.

Where:

Online – via MS Teams

Dates & Times:

Wednesday 18 October 2023;	7.00pm – 8.00pm (AEDT)
Thursday 19 October 2023;	10.00am – 11.00am (AEDT)
Tuesday 24 October 2023;	9.00am – 10.00am (AEDT)
Wednesday 25 October 2023;	12.30pm – 1.30pm (AEDT)
Thursday 26 October 2023;	7.00pm – 8.00pm (AEDT)

RSVP:

Please register via - [Humanitix](#)

Additional information: If you have any accessibility requirements please let us know when you register. Please note - we need a minimum of five (5) business days' notice to book Auslan interpreters.





INALA FAIR

Sunday 22 October



9am - 3pm

99 Franklin Rd, Cherrybrook

EVENT PARTNER









Are you ready to take your next step?

Drop-in to our centre and meet the Northcott crew to find out how we can support you to build new skills and become work ready. **Let's see what you can do.**

CHECK OUT OUR SERVICES IN ACTION

-  Vocational Skills Training & Employment (SLES) - for ages 17-24
-  Skills 4 Life - for ages 14-17
-  Life Skills - for over 18s
-  Work & Study Skills - for over 18s

WHAT TO EXPECT:

- ◆ **Participate** in activities and get a feel for the skills you will learn and develop
- ◆ **Get to know** your strengths and how they can be used to gain independence or get a job
- ◆ **Explore** your goals for the coming year with our coordinators' support
- ◆ **Meet** the Northcott team and make new friends who are also on their journey to independence/job-seeking

Hornsby



Wednesday 18 October 2023

Session time 6:00 PM-8:00 PM

(Please register online using the QR code)



Life Skills and Skills 4 Life:
Shop 3/2 William Street Hornsby, 2077

Work & Study and SLES:
Shop 3/2 William Street Hornsby, 2077



For parking options,
check out the [registration link](#)



Registrations are essential. Register here or scan the QR code with your phone

[Register Now](#)



 1800 818 286  northcott@northcott.com.au  northcott.com.au


The Northcott Society ACN: 000 022 971 ABN: 87 302 064 152

ID 2105 230907

Northcott
Let's see what you can do

Registered
NDIS
Provider

Disclaimer: While we are aware of and are happy to let you know about support services, we are not endorsing these services and cannot promise you that the services are suitable for your child or family's needs. It is up to you to make your own enquiries and decide whether a service is suitable for your child and your family.


1800 800 110


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For participants
Community
For providers
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Home > News and events > Latest events

Understanding Employment Options



Print this page
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APM are working with the National Disability Insurance Scheme (NDIS) to deliver the Local Area Coordination Partner in the Community Program.

Join APM Communities for this free session on how to best achieve meaningful and sustainable employment, understanding goals and how APM can assist you.

- During this free session we will cover:
- Setting an employment goal
- Employments supports
- Disability Employment Services (DES)
- Australian Disability Enterprises (ADE)
- NDIS Employment supports
- Finding keeping and changing jobs
- School leaver employment supports (SLES)
- Discovery process
- Specialized job customisation
- NDIS employment support funding options
- Success stories

If you require any additional information, please call 1800 276 522 or email us on apmnet@ndis.gov.au.

Register online

Date and time

Thursday, 26 October 2023
1:00pm to 3:00pm

RSVP

Wednesday, 25 October 2023

Register online

Disclaimer: While we are aware of and are happy to let you know about support services, we are not endorsing these services and cannot promise you that the services are suitable for your child or family's needs. It is up to you to make your own enquiries and decide whether a service is suitable for your child and your family.



MAGIC MANIA



Save the Date

CHRISTMAS MAGIC SHOW



Sunday 10th December 2023



Dear Families and Caregivers ,

Please note our **CHRISTMAS MAGIC Show** will be presented by Magic Mania,
at

Wentworthville Leagues Club, 50 Smith St, Wentworthville on

Sunday 10TH December 2023.

Usual Show times are 11am - 1pm - 3pm, will be confirmed in due course.

Of course, this is a **FREE** show for the members of your organisation and the show is
as for the youngest and oldest of us.

**Could you please pencil this date in your calendar so that all your members can enjoy
the show?**

We will contact you with Ticket Requests in the coming weeks to find out how many
tickets you may require for which show time(s).

Anastasia K

info@magicmania.com.au



PLEASE Note: this is an announcement ONLY



New South Wales ADHD Conference 2023

Saturday 28th October 2023
Southern Sydney Events Centre

— YOU ARE WELCOME —

OUR SPEAKERS



Dr Sally
Poulton



Sandy
Booyesen



Rebecca
Challoner



Dr Tash
Lunn



Courteney
Watts



Dr Siobhan
Lamb

This one of a kind Conference will feature a range of expert speakers and exhibitors who will provide valuable information and strategies to help parents and educators of individuals with ADHD



For More Information Visit:
www.myspiritedchild.com

PD points for Professionals and Educators



PLAN
MANAGER



**SISTER
SENSORY**

