



FROM THE PRINCIPAL

Dear Parents,

It has been a busy few weeks since we commenced Term 3.

ABC 7.30 Report and Disability Royal Commission:

As previously reported the ABC visited St Lucy's in the first week of term as part of their preparation to try and cover the complexity of the Commission's recommendation to end Special Schools by 2051 and cease new enrolments from 2032. It should be noted that even the 6 Commissioners themselves are evenly split on this recommendation.

You can view the ABC News article [here](#).

The program went to air on Tuesday 24 October on the 7.30 Report. I note that the exemplar used in the program of a student with a disability who has been successfully included in mainstream education was of a student who apparently does not have an intellectual disability which makes inclusion so much more straightforward.

Nevertheless, the issues have been raised and we need to continue to lobby the various authorities accordingly. We trust that common sense will prevail so you, our parents, have choice and students with disabilities, wherever they are educated, have full access to the appropriate staffing and funding resources for them to reach their full potential to have a life of purpose.

Please continue to write to the various authorities such as federal and state education ministers, local MPs and your various NDIS providers as you see fit. The federal government has said they will respond to the recommendations, over 200 of them, in March 2024.

Camps in Stage 4 and 5 (Years 7-10):

Many of our High School students enjoyed a day camp at Point Wolstoncroft earlier this week on the beautiful shores of Lake Macquarie. A range of activities were on offer and a lovely lunch which were enjoyed by all it seems. It is always great to see our students be challenged outside of their normal setting and see how they each seem to rise to the opportunity. Some magnetically attracted to the glistening water in the beautiful weather. Thank you to all the staff for taking our students off site to include them in a camping experience just like any school. Particular thanks to Ms Susan Jones, Ms Kirstin Willis and Mrs Lynne Pinker for their preparation and planning and assisting all staff in the delivery of these two days of learning and joyful experiences for our students. Please enjoy the photos on pages 8 and 9.

27 October 2023

TERM 4 DATES

Thursday 2nd November

Mens Evening (St Lucy's)
6.30pm-8.00pm

Thursday 9th November

Rainbow Obstacle Course

Friday 17 November

Year 10 Formal 6pm

Friday 24 November

Oakhill Day

Friday 1 December

Year 6 Graduation Ceremony

Friday 8 December

Final Assembly 10.00am

Tuesday 12 December

Carols Concert/last day of Term

ST LUCY'S SCHOOL

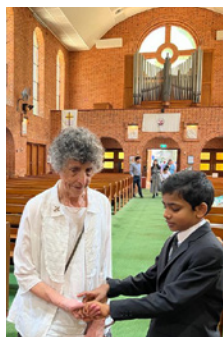
RAFFLE!

Scan the QR Code
to purchase tickets



Sacramental Program:

Last Sunday at Holy Name Parish seven of our students completed their sacramental program by taking their First Communion led by Father Kelvin. Both Sister Helen, our Chaplain and Ms Liz Webster, Head of Mission and Identity, have very ably prepared these students through the year. We were delighted to see so many family members of our students present and being so proud of their child's religious journey. May God bless each student in their lives now and for eternity.



St Lucy's Staff Community Appreciation Day:

It has been lovely to witness the passion of the P&F to acknowledge our hard-working staff by celebrating World Staff Day this week. Many families have assisted by writing a note of appreciation and providing some edible treats for the staff as a whole: such as class teams, creative artists, therapists, psychology, business office and facilities and administration. Thank you to our P & F for being so caring, supportive and appreciative of our staff led by Dani FitzGibbon, President.



Grandparents' Day:

We were delighted to host over 140 grandparents to school today as they visited classrooms and then enjoyed a morning tea together after the class visits. Our students and families are richly blessed by our mature generations who bring so much wisdom and experience. Grandparents can always hand their cherubs back to mum and dad once they have enjoyed time together with their grandchildren. More photos of this wonderful morning on the next page.



Catherine Centre Construction:

The Catherine Centre construction continues at pace. Thus far into the project the following notable milestones have been incorporated:

- 1020m³ of concrete, enough concrete to pour 10km of footpath!
- 120 tonnes of reinforcing steel, equivalent to the weight of 20 African elephants!
- Structural steel for the roof will arrive next month, weighing in a total of 50 tonnes
- 7,100 labour hours spent on site

Next steps are completion of formwork for remaining columns, then pouring the concrete for the columns, stairwell, and water tank, stacking and strapping of formwork, removal of materials on site, scaffolding for stair 1 and finalisation of formwork and steel for the lift shaft and curved stairwell. The aim is to have all structural steel and the roof completed by Christmas.



Parent Survey

Each year we send out a Survey to all our families asking you for feedback on the year that has been and what you would like to suggest for the year/s ahead.

I would urge you to take the time to complete this Survey as it assists us with reviewing all our practices and assists with planning ahead.

The Survey should take you no longer than 15 minutes to complete. The information gathered is greatly valued as we reflect as a Staff and a Board on the results to continually improve our School.

<https://www.surveymonkey.com/r/LYWFLTIV>

David Raphael
Principal



Grandparent's DAY



MEN'S EVENING - Thursday 2nd November

Dads, uncles and grandads of St Lucy's, St Gabriel's, and St Edmund's
Please join us for our final get-together for 2023.



Where: St Lucy's School • 21 Cleveland Street, Wahroonga

When: Thursday November 2, 2023: 6.30pm – 8.00pm

What: Pizza and drinks from 6.30pm followed by discussion 7.00pm-8.00pm.

Why: For robust discussion, amazing stories, loads of laughs and to support one another

To RSVP or for further information please contact:

For further information contact:

Warren Hopley: hopleywarren@hotmail.com

Brendan Wingrave: brendan.wingrave@gmail.com

Justine Spurrs: familysupport@stlucys.nsw.edu.au



Mothers

END OF YEAR CELEBRATION COCKTAIL PARTY

When: Thursday November 30, 2023
6.30pm – 8.30pm

Where: St Lucy's School
21 Cleveland Street, Wahroonga

RSVP: November 17, 2023

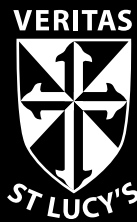
Dani FitzGibbon

(P&F President) 0416 464 413

Justine Spurrs

(Family Support Worker) 0456 681 710





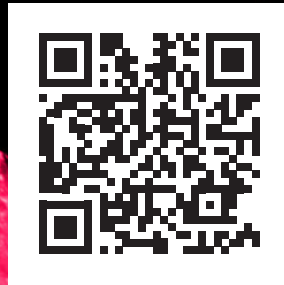
RAINBOW OBSTACLE COURSE!

Thursday 9 November 2023

Support your child by sponsoring them in this fundraising event to raise funds for Mathematics Resource Kits.

Sponsoring your child can be done via Give Now or scan the QR code

<https://givenow.com.au/stlucys>



Please register your child on The Parent Lounge:

<https://stlucys.nsw.tass.cloud/parentlounge/>

Students to bring a white t-shirt on the day

**\$10
Admission Fee
INCLUDES:**



\$10 Admission Fee (to be paid via <https://stlucys.nsw.tass.cloud/parentlounge/>) includes entry, chalk, protective glasses and a hot dog for lunch. Those students that don't eat hot dogs are to bring their own lunch on the day.

PLEASE SEE NEXT PAGE FOR CLASS SESSION TIMES

Our Work Education students in Years 9 and 10 are excited to be helping host our 'Rainbow Obstacle Course' day this year. Students will participate in a variety of ways such as helping the PDHPE team set up the obstacle course, supporting the students in primary school as they complete the course, forming a cheering squad, helping to squirt the coloured powder as the students move through each coloured station and helping to clean up the oval at the end of the event. This is a great opportunity for our students to understand 'volunteering' as an unpaid work option.

RAINBOW OBSTACLE COURSE!

Thursday 9 November 2023

SESSION TIMES

Class Name	Time Slot
First Session Parents arrive - 9:10am	
Azalea, Camellia, Cosmos Frangipani, Jasmine, Magnolia	9:25 – 10:00
Aconite, Bluebell, Buttercup Peony, Violet	10:00 – 10:30
First Session Parents leave – 10:30am	
Second Session Parents arrive 10:45am	
Firethorn, Freesia, Sunflower	11:00 – 11:30
Lotus, Orchid, Tulip	11:30 – 12:00
Second Session Parents leave – 12:00pm	
Third Session parents arrive – 12:30	
Clover, Gardenia, Grevillea	12:45 – 13:15
Anemone, Aster, Iris	13:15 – 13:45
Acacia, Marigold, Waratah, Zinnia	13:45 – 14:15
Third Session parents leave – 14:15	

IMPORTANT NOTES

- Parents enter via Gallery entrance.
- Parents arrive 15 minutes prior to each session starts and leave only once session is finished and all classes are off the oval.
- Once session starts gates will be locked and no visitors will be allowed to enter the oval.
- Parents are welcome to 'run' the course with your child.
- Students can run the course more than once as the course is shorter due to building works.
- A hot dog will be provided to all students during their break.

With thanks to St Vincent de Paul Society for sponsoring this event.



Special Olympics Sydney Hills

Congratulations to one of our students Beau Lyall who was the youngest competitor at the Special Olympics Sydney Hills, supported by volunteers from Oakhill College. Beau placed 2nd in both the 50 metre freestyle and 25 metre freestyle events.

What a great effort for his first ever competition!



Polding Athletics

Congratulations to Ethan Bortolussi and Brandon Polito who last week represented the Broken Bay Diocese at the Polding Athletics Carnival at Homebush.

This carnival was a huge step up in competition for the boys and they both made St Lucy's so proud with their efforts on the track and field.

Brandon placed 3rd over all in the 800m and 2nd over all in the 100m which qualifies him for the NSW State Athletics Carnival this week.

We can't wait to hear all about it!

Julia Murphy
PDHPE Teacher

If you have any questions about pathways for your child to compete in Swimming, Athletics or Cross Country please email juliam@stlucys.nsw.edu.au



HIGH SCHOOL HIGHLIGHTS



STAGE 4 & 5 CAMP



HIGH SCHOOL HIGHLIGHTS





ST LUCY'S SCHOOL

RAFFLE!

9 FANTASTIC PRIZES TO BE WON!

Please support St Lucy's School by purchasing tickets in our 2023 raffle. The aim of the raffle is to raise funds for our Central Coast Bus.



1ST PRIZE PALM BEACH 2 NIGHT STAY



INCLUDES \$100 voucher at the Boathouse Group

Two nights' accommodation for 10 guests in a 5 bedroom stunning house that is 400m to beach. **Valued at \$2600!**

2ND PRIZE 2 NIGHT STAY IN MANLY



Includes \$500 cash to spend

Two nights' accommodation in a 1 bedroom Harbour View Apartment at Quest Manly PLUS \$500 cash. **Valued at \$1675!**

3RD PRIZE LADIES RELAXATION PACKAGE



A stunning collection of Palm Beach Collection products, 2 sets of Embedded blooms coasters and other pamper items. **Valued at \$500**

4TH PRIZE F1 DRIVING EXPERIENCE



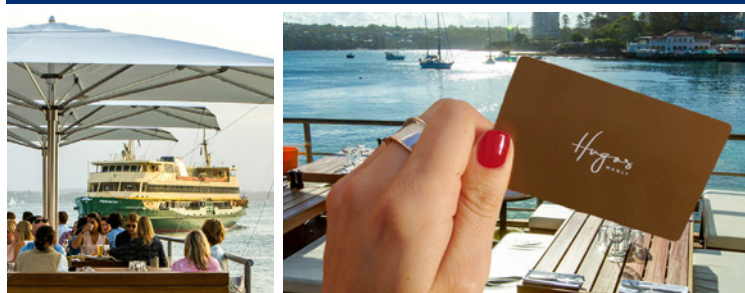
Anglo Racing Academy 2 X 2 seater F1 driving experience. **Valued at \$438!**

5TH PRIZE \$200 VOUCHER



\$200 garden and homewares voucher. **Valued at \$200!**

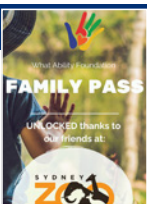
6TH PRIZE \$200 HUGOS MANLY VOUCHER



7TH PRIZE | SYDNEY ZOO FAMILY PASS

Sydney Zoo family pass (4 tickets: 2 adults & 2 children).

Valued at \$185!



8TH PRIZE | LEGO CITY

Box of Lego to be sure to keep a 7-12 year old busy!

Valued at \$140



9TH PRIZE | VOUCHER

Butcher's Block Wahroonga dining voucher

Valued at \$100



1 Ticket for \$10 | 3 Tickets for \$25 | 10 tickets for \$75 | 15 tickets for \$100

Please visit: rafflelink.com.au/stlucysraffle2023 or scan the QR code to purchase your tickets. Drawn on 12th December 2023 at 11am.



RELIGIOUS EDUCATION AND PASTORAL CARE

It was just wonderful to celebrate First Eucharist last Sunday at Holy Name Parish. Thank you very much to staff who came to support these wonderful young people! A special thank you to Fr. Kelvin Lovegrove, Parish Priest at Holy Name Parish and Sr Helen, our Chaplain, for all their guidance throughout the preparation process. It was evident that all our students possess a genuine sense of the sacred and they entered the event with spirit and joy. What a wonderful moment for our community.



Why is October the month of the Rosary in the Catholic Church?

The feast of the Holy Rosary is celebrated during the month of October. How October became the month for the feast dates to 7 October 1571. It was on this date that the Battle of Lepanto was won by the Christians against invading forces. The defeat was believed to be due to the Our Blessed Mother's assistance and thus, the victory was attributed to her. And throughout the history of Europe, the Rosary was recited to aid the Christians in the battles, and all acclaimed victories were offered and celebrated in Mary's honour.

Our school has another special link to this beautiful prayer - Dominic was the first to preach and teach the Rosary as a form of meditative prayer, and the first to see the benefits reaped from meditation upon its mysteries.

It was Saint Pius V who established 7 October to be the date for Mary. Soon the whole month was offered to her, in celebration of her goodness, mercy and love. As such, the month of October is a good time to re-evaluate the place that prayer, reflection and quiet time has in our lives because contemplation is integral to the Rosary.

Elizabeth Webster
Head of Mission and Identity
K-12: Class Teacher



STAR OF THE WEEK PRIMARY AWARDS



STAR OF THE WEEK (WEEK 2)

Aconite	Sydney Cameron	Grevillea	Aris Peri
Azalea	Jemima McPherson	Jasmine	Jayden Wang
Bluebell	Scott Roberts	Lotus	Charlie Harris
Buttercup	Heidi Foxall	Magnolia	Jude McPherson & Rayan Nowuram
Camellia	Ruby Baron	Peony	Sanad Shahriar
Cosmos	Finn Donnelly	Sunflower	Bella-Grace Inglis
Firethorn	Axl Morales Morris	Tulip	Luka Romic
Frangipani	Monty McNeil	Violet	Olivia Ma
Freesia	Tyler Posford		

STAR OF THE WEEK (WEEK 3)

Aconite	Max Torbarac	Grevillea	Inika Sandman
Azalea	Ruby Daddia	Jasmine	Nash Cameron
Bluebell	Leo Hart	Lotus	Ally Pellegrini
Buttercup	Caitlyn Shin	Magnolia	Gus Lindsay
Camellia	Hudson Puklowski	Orchid	Owen Davis-Brown
Cosmos	Andrea Manaday	Peony	Trey Simon-Pritchard
Firethorn	Archie Killian	Sunflower	Ari Sharma
Frangipani	Henry Greer	Tulip	Chloe Kong
Freesia	Joshua Drummond	Violet	Sebastian Murray



HIGH SCHOOL MERIT AWARDS

MERIT AWARDS WEEK 2

Acacia	Matthew Threlfo	Iris	Xavier McKie
Anemone	Madison Garcia	Marigold	Oscar Hay
Aster	Owen Evans	Waratah	Mia Richardson
Clover	Branson Atkins	Zinnia	Jack Olling
Gardenia	Jacob Hillard		



MERIT AWARDS WEEK 3

Acacia	Leo Papa	Iris	Sami Macklin
Anemone	Daniel O'Connor	Marigold	Pablo Rostirola & Pedro Boyle
Aster	Nick Antoun.	Waratah	Addison Williams
Clover	Oliver D'Souza	Zinnia	Karuka Uthayakumaran
Gardenia	Gardenia Class		

WALKING FOR ST LUCY'S SCHOOL

www.givenow.com.au/cr/caminowalkstlucy



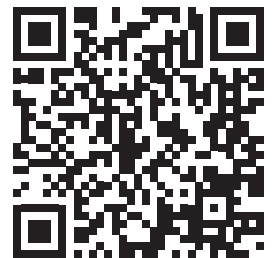
Support Bob and Moira while they walk the Camino Trail to raise funds for St Lucy's School playground.

In 2017 Moira and Bob Starkey walked the 804km Camino from France to Spain to raise funds for St Lucy's School where Oliver their grandson attends. During their last walk, they raised over \$16,000.

This time Moira and Bob are walking 308km for Oliver as another part of the Camino and the target is to raise \$20,000 to go towards a purpose-built playground. If you wish to support them on their journey please donate by visiting <https://www.givenow.com.au/cr/caminowalkstlucy> or by scanning the QR code on this flyer.

Please follow them on their Facebook page '[CaminoStarkey](#)' for daily updates where they will be joined by their mascot Lucy Bear!

TO DONATE
SCAN QR CODE



HELP US RAISE:



Moira and Bob will be walking from Leon to Santiago de Compostela between Tuesday 5 September and Saturday 23 September. Below is their itinerary:

- Day 1: Leon to Mazarife – 21km,
- Day 2: Mazarife to Hospital – 15km,
- Day 3: Hospital to Astorga – 16km,
- Day 4: Astorga to Rabanal – 20km,
- Day 5: Rabanal to Acebo – 16km,
- Day 6: Acebo to Ponferrada – 16km,
- Day 7: Ponferrada to Cacabelos – 14.5km,
- Day 8: Cacabelos to Villafranca – 9.5km,
- Day 9: Villafranca to Vega – 16.5km,
- Day 10: Vega to O Cebreiro – 11.5km,
- Day 11: O Cebreiro to Triacastela – 20.5km,
- Day 12: Triacastela to Sarria – 17km,
- Day 13: Sarria to Portomarin – 22km,
- Day 14: Portomarin to Ventas – 13.5km,
- Day 15: Ventas to Palas de Rei – 11.5km,
- Day 16: Palas ed Rei to Melide – 14.5km,
- Day 17: Melide to Arzua – 14.5km,
- Day 18: Arzua to O Pedrozo – 20km, and
- Day 19: O Pedrozo to Santiago de Compostela.

Love in every step couple take

Grandparents trek 804km to aid Oliver's learning

Caryn Metcalfe

GRANDPARENTS Moira and Bob Starkey set off on a walk on July 9 to raise \$20,000 for St Lucy's School, Wairoa.

The couple, who admit they are no spring chickens, started their 804km Camino de Santiago walk from St Jean Pied de Port, with plans to complete the fundraising journey within 42 days.

Since being at St Lucy's, Oliver has learnt to make friendships within the school

Moira and Bob, who admit they are no spring chickens, started their 804km Camino de Santiago walk from St Jean Pied de Port, with plans to complete the fundraising journey within 42 days.

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St Lucy's student Oliver Whitaker and (inset) his grandparents Moira and Bob Starkey.

Navigating the NDIS: Unpacking the NDIS Review

7th November, 2023 - 12:00 pm

[Register](#)



Online Event

Date: Tuesday, 7th November 2023

Time: 12:00 pm - 1:00 pm

[Register](#)

Join our experts on the first Tuesday of each month to master how to navigate the NDIS. In November, we're going to unpack the NDIS review.

Do you have questions about the NDIS?

Or are you supporting someone with NDIS funding and want to learn more?

Join our panel of experts each month to learn how you can Navigate the NDIS!

Each month, Hireup brings together a panel of experts who work day in and day out with individuals and families navigating the NDIS. During this webinar, discover how to ensure you receive exceptional customer service that is tailored to your needs.

Our speakers are keen to answer your questions. Please send them prior to the event to: engagement@hireup.com.au

Details:

Tuesday 7th November at

12:00pm AEDT (NSW, VIC, ACT, TAS)

11:30am ACDT (South Australia)

11:00am AEST (QLD)

10:30am ACST (NT)

9:00am AWST (WA)

We look forward to seeing you there!

The Support Society AIM Sensory program

Monday



On Monday's our team access the community conducting activities that are specific to the participant's likes. Our team engage in activities such as; beach walks, swimming, scenic car trips and many more activities specific to the participant. Each Monday is about exploring the activities that are available to all of us in Sydney.

Tuesday



We spend our mornings attending a local music therapy class where our actively play musical instruments and get up and have a dance to the music. As a group our participants are engaging in the community building social skills whilst remaining in a familiar environment. After music therapy we return to the centre where we have lunch together with the rest of the participants.

Wednesday



Focused on movement and wellbeing, Wednesday's are all about exploring different ways to be physically active. Our participants attend a local gymnastics centre, the participants engage in physically exercises that is fun and enjoyable.

Thursday



Focused on expression through creative outlets, on Thursday's we attend a local dance class in the morning and then continue on to a drama class in the afternoon. We are working towards putting on an end of the year production, combining dance and drama.

Friday



On Friday's our morning are designed to build on our participants interactive skills through sensory play and interactions. Following from the morning our team access the community for a BBQ lunch in the park cooked by our other participants. Then finish off the week we have a play in the park or go on a local beach walk.

The Support Society After School Activities



After School activities run 3pm-6pm, including pick up from school and drop home!

MONDAY

Baking (in-centre)



TUESDAY

Sensory Science & Games (in-centre)



WEDNESDAY

Swim/Surfing



THURSDAY

Walking & Pub Dinner



For booking or more information, please get in contact with Olivia
olivia@supportsocietysydney.com.au
0416 089 940

The Support Society

UNDER 18'S SOCIAL GROUPS

SCHOOL HOLIDAY PROGRAM

School Holiday Program runs every weekday in the holidays, 9am-4pm. This program facilitates opportunities to build friendships whilst engaging in fun, exciting activities in the community!

SOCIAL SATURDAY PROGRAM

Social Saturday Program runs every Saturday 9am-3pm, in the community. Come explore Sydney and beyond with a fun, young team!

Get in touch for more information.
We can't wait to meet you!

✉ olivia@supportsocietysydney.com.au

☎ 0449 500 933



The Support Society DAY PROGRAM'S

AIM SENSORY

Our AIM sensory program empowers our participants to engage with their community through activities that are fun and build confidence across Monday to Friday.

Our focus for our adults is to access the community safely and to engage individuals in various sensory stimulating activities. Our activities include, all ability play centres, music therapy and immersive sensory experiences throughout Sydney.

A large focus of this group is to further enhance social skills through spending time together as a group and accessing the community.

STRIVE SKILLS

Our strive skills program runs Monday to Friday which is focused on building and working on adults social, independence, speech and communication skills through fun and engaging activities.

We have a large focus on being active members in our community through purposeful volunteer work at OneMeal, which entails building sustainable herb gardens and continual maintenance. This program also allows for participants to expand their money and basic kitchen skills through buying and cooking lunch for the day.

✉ @thesupportsociety

🌐 www.thesupportsocietysydney.com.au

✉ olivia@supportsocietysydney.com.au

☎ 0416 089 940

The Support Society

STRIVE skills program

Monday



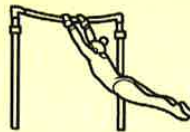
To start the week off, our team attend a local gym and work on physical exercise with a qualified PT hitting muscle groups that help overall bodily function and improve overall health and well-being, by doing so in an engaging environment. After the completion of our private PT session our group work on building on our health and wellbeing day by attending Woolworths, purchasing items to creating healthy and yummy meals in our kitchen. Our team finish off the day with a walk around our local bushland.

Tuesday



We spend our morning volunteering at OneMeal, which entails building sustainable herb gardens, general maintenance and packing of goods to be distributed to those in need within our community. After that, we grab our chef's hats and get to planning meals, using money skills buying ingredients and cooking lunch!

Wednesday



Focused on movement and wellbeing, Wednesday's are all about exploring different ways to be physically active. Our participants attend a local gymnastics centre where physical exercises are conducted in a fun and engaging atmosphere.

Thursday



Focused on expression through creative outlets, on Thursdays we attend a local dance class in the morning and then continue on to a drama class in the afternoon. We are working towards putting on an end of the year production, combining dance and drama.

Friday



To finish the week off, our participants head out for a beach walk and grocery shop where they purchase ingredients for our BBQ lunch in the park. Our participants then get on their aprons and cook up a storm on the BBQ for a team lunch and play in the park.

SLES OPEN NIGHT

'All-in-One' School Leavers Program

Dynamic and inclusive
opportunity for young adults.

- ✓ Independent Living
- ✓ Well-Being
- ✓ Work Experience
- ✓ Social Engagement



SAVE THE DATE



13/11/2023

6PM to 08PM

Register your interest

SCAN ME



 **5 Sera Street, Lane Cove**

 **www.luzallabilities.com.au**

Save the Date !

Details to follow !



Tuesday 21st
November 2023
6:30pm-7:30pm
(online webinar)

Introduction to Post School Transition and the NDIS



Presented by Elisa Mandis Post School Transition Coordinator



YOU'RE INVITED TO THE VARIETY KIDS XMAS PARTY SYDNEY!

**The biggest party of the year is on 21 November 2023.
Registrations close soon so don't miss out!**

This year, the Variety Kids Xmas Party will be held at the iconic ICC Sydney and is exclusively for specialised schools across NSW and ACT.

Treat the children to an unforgettable day of fun including stage entertainment, rides, animals, face painting and... of course... Santa!

Venue: International Convention Centre Sydney (ICC Sydney)

Date: Tuesday 21st November

Each child will receive a FREE Xmas gift from Variety - the Children's Charity NSW/ACT.

REGISTER NOW

