

## ST LUCY'S SCHOOL NEWSLETTER

In the Catholic Dominican tradition. A community enriched by difference;

inspiring learning for a life of purpose

### JOY | COMMUNITY | COURAGE | TRUTH



#### FROM THE PRINCIPAL

Dear Parents,

Welcome back to school and Term 2 here at St Lucy's. It was good to see on Day One the enthusiasm of the students as they returned to school (and the enthusiasm of you, their parents to hand them over to us again after the holidays!) Thanks to the support of the P&F the staff were welcomed back on our staff day with a coffee van drink to get us all in the mood.

#### Staff Day Training:

After our P&F drink of choice, staff commenced our Staff Day in prayer, had a whole staff meeting which was followed by each class team of educators getting together. Our focus was on the term ahead and how best to continue to communicate together as professionals and serve the needs of students in their particular care.



Additionally, all staff were involved in a presentation from Anna Schwarz, psychologist, on effective conversations using the 'NIP It in the Bud' model involving - Notice (if someone seems not be themselves), Inquire (ask if they wish to talk) and Provide (suggest some possible ways forward to help the cause of better regulation). This approach is an easy and practical way for staff to care for staff as well as students or indeed anyone in their social and professional circles. It can also be used by parents.

Time was also provided for Teachers Aides to have further training on Crisis Prevention Institute methods for safely and appropriately intervening in situations of heightened student behaviours to keep all safe. Meanwhile teachers had time for planning and programming.

#### Catherine Centre Construction Update:

The Catherine Centre construction over the holidays has continued positively and is on time and on budget. The roof is now fully installed and fit out is going ahead at full speed as can be seen from the following photos of the internal spaces – ceilings, cabinetry, air conditioning units and so on. We look forward to being in the Catherine Centre for the start of next term (Term 3).



#### 10 May 2024

TERM 2 Wednesday 15 May School Photo Day

**Thursday 16 May** Sacramental Information Night 6.00pm

> Friday 17 May P&F Bingo Night 6.30-9.00pm

**Thursday 23 May** Men's Night Holy Name Wahroonga 6.30pm-8.30pm

> Wednesday 29 May Post School Options Expo 6.30-8.30pm

Tuesday 4 June Stage 5 Subject Selection Evening 6.30pm-7.30pm (online)

Wednesday 5 June Stage 6 Subject Selection

Thursday 6 June Sacrament of Confirmation 10.00am-11.30am

Monday 10 June The King's Birthday Public Holiday

> **Tuesday 18 June** Twilight Open Day 4.15pm

Friday 28 June Term 2 assembly and BBQ Term concludes for students



About 30 staff had the opportunity to tour the construction site and see for themselves the progress. There was much excitement and a buzz of sharing with colleagues after their return to their various teaching teams.



#### New Playground Area:

We were delighted to take back ownership of another section of the completed playground (Nuns' Garden area and new climbing frame, covered walk way) which has been a fascination for our older and younger students as they have engaged with these newly refurbished areas to enhance their learning and play skills. Thanks to you, our parents and your networks, who have provided funds for these much-needed facilities during our Playground Pledge Campaign last year and this year.



#### School Funding Matters: Association of Independent Schools

The issue of school funding from state and Commonwealth governments for all our various schools continues to raise hackles of some sections of the wider community. You will see in this newsletter a summary (on the next page) of funding to help broaden understanding of the facts. Feel free to use the links for the <u>video</u> or the one pager or to get <u>more in depth information</u> about school funding. I hope it helps greater transparency and greater understanding of this, sometimes, vexed issue. Enjoy.

#### Sacramental Program:

John Hamey, our Director of Mission and Identity has taken unexpected leave for a period. Consequently, Ali Picone has been appointed as his temporary replacement until John returns to us. I know Sister Helen and Ali will lead the Sacramental Program in John's absence with dignity and grace as we prepare the students for their Catholic Sacraments.

#### Hello Parents,

I'm delighted to be working with Sr Helen to prepare students to receive the Sacraments, the first of which will be the Sacrament of Confirmation.

Receiving Sacraments is as special and important part of a student's journey in the Catholic Faith. It is both a time to engage with important aspects of our faith including the love of God and our place in His family, and to celebrate important milestones in our faith journey.

If your child is in Year 3 or above and Catholic, and you would like them to participate in this special program, please register using this QR code.

#### Parent Information Session

We will have a Parent Information Session about the Sacramental Program on Thursday 16th May at 6.00pm at Wahroonga main campus, where Sr Helen and I will speak about what the journey will look like for the students and families involved. We are looking forward to seeing you there.

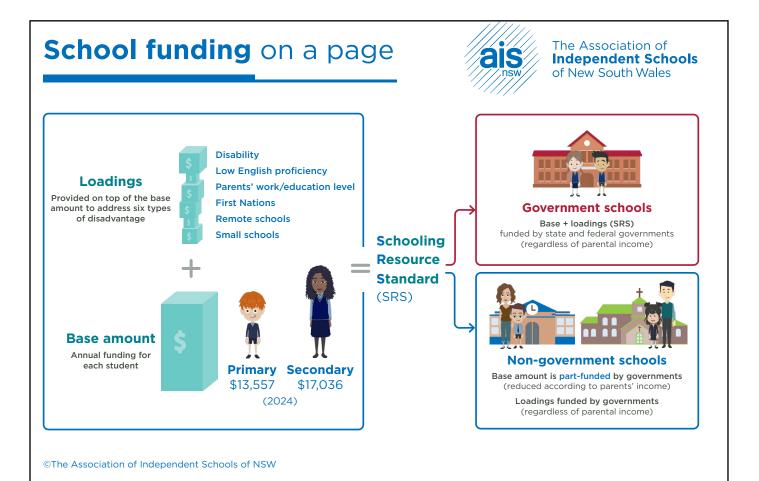
Ali Picone

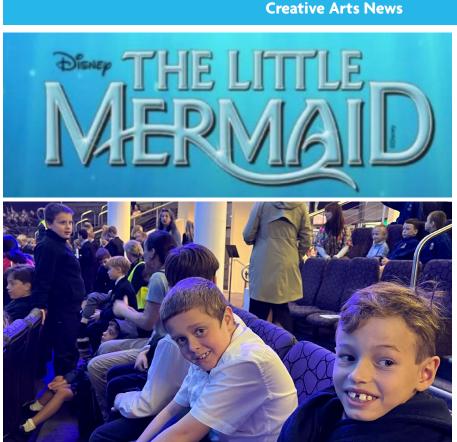


#### Mother's Day:

On Wednesday we had the pleasure of hosting all the wonderful mums, grandmother's and significant women in the lives of our students to celebrate Mother's Day. Each class held an in-class liturgy where they also enjoyed some quality time with their child in the classroom. This is a very special morning as you will see by the many happy faces below. Thank you to all who could make it and I do hope you all have a wonderful Mother's Day this coming Sunday.









Last week Fox, Lion and Glider classes attended the Oxford Falls Grammar Musical – The Little Mermaid.

The show was brilliant, and our students had a great time! It was wonderful to hear them talking about their favourite characters afterwards. The students were all given great deal of well-deserved praise for their wonderful manners and theatre etiquette.

We can't wait for the next one!

Alessandra Picone Head of Creative Arts



Your School Photo Day is on

MSP PHOTOGRAPHY SYDNEY E sydney@msp.com.au T 9499 6555 PO Box 850 Rozelle NSW 209 www.msp.com.au

## St Lucy's School HOW TO ORDER

If you have previously ordered with us, please sign in with your account details

Otherwise, please follow the steps below

Step 1. Click here or go to our ordering portal

https://stlucys-nsw.msp.photos/

Step 2. Click 'Sign in with Student Details'

Online ordering closes Wednesday 15 May 2024 An archive fee applies after this date

Enter your child's surname and birth-date and you are ready to start ordering. Once logged in, you can also order for family photos.

Please note Sibling Photo orders must be placed BEFORE your last photo day.

Separated parents must contact us directly to have their orders left at the office for collection.



- Step 1: When you click on the MSP photography link the order form will open with the St lucy's Logo.
- Step 2: Click the bottom link: Sign in with Student Details (You do not need a shoot key)
- Step 3: Enter your child's last name & date of birth, Click Continue
- Step 4: If the parent has not registered with MSP before they will then be asked to Register Photo Ordering Account to order photos
- Step 5: Order photo package & pay



## Friday 17 May • 6.30pm - 9.00pm

## BOOK HERE



# Join us for fun and games at the St Lucy's P&F Bingo Fundraiser!

Funds raised will go to the P&F.

#### BYO food and drink!

Pack a picnic or get dinner delivered and get ready for great prizes and giveaways to be won.

Tickets \$30.00 each, tables of 8 available.

To book, please scan the QR code or visit: https://www.trybooking.com/events/landing/1220233?embed

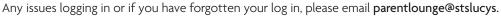


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#### Reminder to update your child's details on Parent Lounge

Dear families, just a reminder to login to the Parent portal to **update your child's emergency contact details**, **photo permissions and medical information** (eg permission to administer Panadol, call ambulance).





#### Leopard and Fox classes start cricket sessions with NSW cricket

This week both Leopard and Fox students started their cricket programme with NSW cricket. All students are learning the skills involved to play the game (England could do with this!!). It was great to see all students participating and enjoying the sessions. The program runs for 4 consecutive weeks. Maybe one day one of the students will play for Australia in the Ashes! Warm regards,

Mr Gary



#### Leopard and Fox classes start cricket sessions with NSW cricket











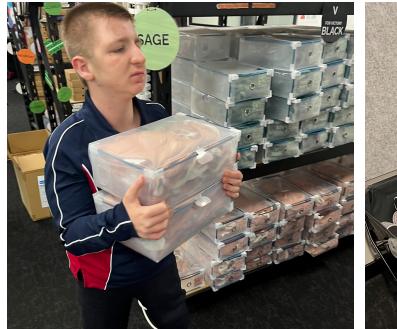




# HIGH SCHOOL HIGHLIGHTS

St Lucy's aims to provide Year 12 students with the opportunity to participate in workplace learning and/or community participation and recreation programs through our Skills for the Future Program. These will be short term placements (one opportunity per semester), which will provide students with insight into different industries and allow the students to experience 'the world of work'. Work sampling will allow students to test vocational preferences or community participation programs with the support of a St Lucy's staff member in a structured environment. Through this program, we endeavour to offer valuable experiences that will support our students to build their self-advocacy skills, increase their confidence and support them in creating a sense of identify and self-worth which will in turn have a positive impact on their wellbeing and improve their employment/recreational/ community participation outcomes.

In Week 1, some students attended work experience at Avenue Frenchs Forest where they worked either in the entrepreneurial hub doing stocktake or the fulfilment hub doing orders. They did a wonderful job as you can see by the photos below.





This term, some of our students have been doing some work in the Coles shop as part of Vocational Education and Training (VET). This is part of their Active Volunteering course as well as training that they will receive with Coles staff when they come to visit the school.



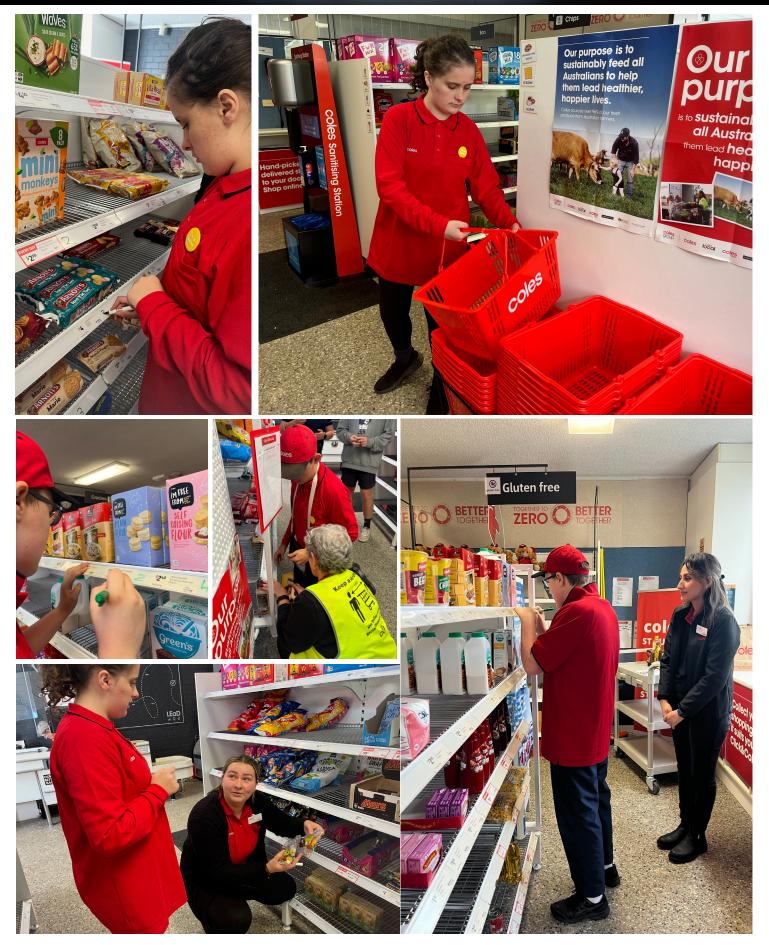
St Lucy's Newsletter | Friday 10 May2024

# HIGH SCHOOL HIGHLIGHTS

Thank you to the Coles staff who have begun training our students this week as part of 'On the Job Training' program. For the first 5 weeks of term, Stage 5 and 6 students will be trained on how to carry out a number of different jobs in the St Lucy's Coles store including counting stock, cleaning, returning loose stock and using the checkout.



## HIGH SCHOOL HIGHLIGHTS



# POST SCHOOL VERITAS 1 EVENING

## 29TH OF MAY 2024 • 6.00-8.00PM

Dear St Lucy's Community/High School Families (Year's 6-12),

LUCY

We are delighted to announce that St Lucy's will be holding a Post School Options Expo evening in Term 2 on Wednesday 29 May 2024 from 6:00-8:00pm. For many of our families, finding the right services when we need them can be challenging.

Our mini expo this year focuses on bringing our St Lucy's high school families together for the chance to gather information and speak with some incredible service providers in our local and wider community. We hope it will be a wonderful event that will support all our high school families looking to explore a range of recreation and social opportunities as well as post school options for employment, independent living options and more. We hope you enjoy this opportunity to gain some fresh ideas in a familiar and community focused environment.

Older students in Years 10, 11 and 12 are welcome to attend with a parent. This is not a suitable event for younger students and siblings.

To attend the expo, please visit: https://www.trybooking.com/CQUEM

Kind regards, **Rachelle Perceval** Post School Options Co-Ordinator PSOptions@stlucys.nsw.edu.au





## STAR OF THE WEEK PRIMARY AWARDS



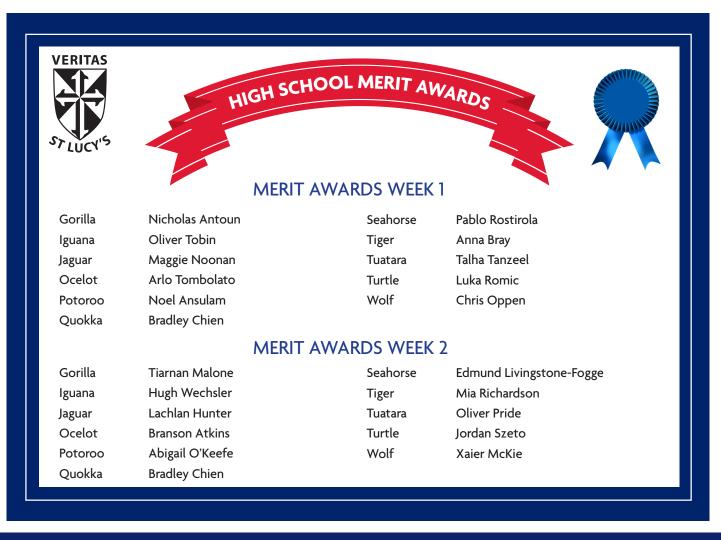
Axolotyl Beluga Bilby Bonobo Chimpanzee Elephant Fox Glider Hippo Henry Greer Jemima McPherson Elina Arevalo Fred Arnison Natalie Eng Flynn Griffiths Dylan Denley Kaitlin Sinnott Gabriel Cheah

#### STAR OF THE WEEK (WEEK 12)

Axolotyl Beluga Bilby Bonobo Chimpanzee Elephant Fox Glider Hippo E WEEK (WEEK Jordan Sriprom Nash Cameron Ryder Alexander Zac Chen Wali Khan Zoe Sallansonnet Tyler Witton-Smith Bella-Grace Inglis Tom Cimino Leopard Lion Narwhal Otter Panda Penguin Rhino Sloth Vaquita

Leopard Lion Narwhal Otter Panda Penguin Rhino Sloth Vaquita Owen Davis-Brown + William Fitzgibbon Tommy Dean Ruby O'Brien Annabel Tantillo Naomi Baumgartner Divyant Sharma Oliver Fay Marcus Fleming Finn Donnelly

Antonio Stewart and Rosie Heath Kyson Tian Claudia McWilliam Sawyer Langan-Stark James Deasy-Kennedy Mila White Benjamin Sukkar Marie Dechchavalit Sasha Lipworth



# envisageji

Support your child's development while ensuring your entire family thrives REGISTER TODAY!



# Facilitated by Lifestart & Kindred for parents and carers of St Lucy's students

When you are raising a child with disability, life can feel overwhelming. There's no rule-book and it can be difficult to balance the needs of your child and the well-being and happiness of your family.

That's where ENVISAGE comes in.

ENVISAGE Families is a free strength-based program funded by the Australian Government. Developed in collaboration with parents, professionals, and researchers, it will introduce you to evidence-based frameworks and practical strategies that have worked for other families raising children with disability.

#### What You'll Learn

As the expert in your child and family, ENVISAGE will empower you to:

- Use your child's strengths and interests to support their development
- Foster a sense of belonging for your child
- Build collaborative relationships with therapists and healthcare professionals
- Prioritise what is important to your family
- Increase the well-being of your child and family

#### A Program For Families

ENVISAGE was developed for parents and caregivers raising children with developmental concerns, disability, delay and neurodivergence aged 0-8. Your child doesn't need a diagnosis to access ENVISAGE.

#### Join a Program for St Lucy's families

We are delivering a group for parents and carers of students at St Lucy's School hosted at the school.

- Monday 13 May; 10:30am 12:30pm
- Monday 20 May; 10:30am 12:30pm
- Monday 27 May; 10:30am 12:30pm
- Monday 3 June; 10:30am 12:30pm

The group will be delivered by an early childhood professional facilitator from Lifestart and a parent peer facilitator from Kindred.

#### **Register Today**

Spaces are limited, and registrations essential. Scan the code or click the link to register your interest. events.humanitix.com/envisage-program-st-lucys An ENVISAGE facilitator will contact you to confirm your registration.

#### ENVISAGE will support and empower you to feel confident to navigate the journey raising your child with disability



ENVISAGE Families is funded by the Australian Government Department of Social Services (go to www.dss.gov.au for more information). ENVISAGE has been developed by Australian Catholic University, McMaster University, Murdoch Children's Research Institute, and University of Melbourne.

## NEW

## **MyTime Wahroonga**

MyTime is a peer support program for parents and carers of a child with a disability, chronic medical condition or other additional needs including developmental delay.

#### **TERM 2 DATES:**

**Tuesday May 7** 10.00am-12.00pm 10.00am-12.00pm Tuesday June 4 Tuesday June 25 7.00pm-9.00pm (online) Facilitator: Terry Williamson

#### **MEN'S EVENINGS:**

Thursday May 23 6.30pm-8.30pm Thursday June 27 6.30pm-8.30pm **Facilitator: Warren Hopley** 

#### **ADDRESS:**

35 Billyard Avenue, Wahroonga. "The Sunroom" at Holy Name

#### **EMAIL:**

mytimewahroonga@gmail.com

join







support





### mytime.net.au

**Unwind and** share experiences with others who understand





## NEW

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## Men's Evening - Thursday 23 May

#### WHERE:

35 Billyard Avenue, Wahroonga. "The Sunroom" at Holy Name

WHEN: Thursday 23 May 6.30pm-8.30pm

#### WHAT:

Pizza followed by a discussion on loneliness

**CONTACT:** Warren Hopley mytimewahroonga@gmail.com











## mytime.net.au



## ST LUCY'S PARENT "WALK and TALK"

Make the most of the opportunity to tick off two important wellbeing essentials at the same time! Exercise and connect with others

When:	Tuesdays (unless raining heavily)
Where:	Meet at St Lucy's front gate (Cleveland Street Wahroonga)
Time:	9.00am-9.45am. Prams and dogs welcome.

If you would like to come along or know more please email <u>familysupport@stlucys.nsw.edu.au</u> or call/text Justine on 0456 681 710.



### ST LUCY'S "BEACHES PARENT WALK and TALK"

When:	Thursdays (unless raining heavily)
Where:	St Joseph's Primary School (Lagoon Street Narrabeen)
Time:	8.50am-9.50am
Who:	Any parent of St Lucy's School; prams and dogs also welcome.

If you would like to come along or know more please email <u>familysupport@stlucys.nsw.edu.au</u> or call/text Justine on 0456 681 710.